



Prosserman JCC | Fall 2026

Adult Programs

To register:
www.prossermanjcc.com

programs@prossermanjcc.com
416-638-1881



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- Ceramics Classes
- Art Classes
- Physical Activity
- Lectures/Social Groups
- Game Programs
- Virtual/Online Programs

Walking Group with Coach Ash
8:15 AM - 9:00 AM | Sept. 14 - Dec 14
(Closure Dates: Sep. 21, Oct. 12 & 26)

Hand Building and Wheel Throwing
9:20 AM - 12:20 PM | Sept. 14 - Dec 14
(Closure Dates: Sep. 21, Oct. 12)

Knitting & Crocheting
12:30 PM - 2:30 PM | Sept. 14 - Nov. 30
(Closure Dates: Sep. 21, Oct. 12)

Book Club (Virtual)
1:00 PM - 3:00 PM | Sept. 14 - April 12

Hand Building and Wheel Throwing
1:00 PM - 4:00 PM | Sept. 14 - Dec. 14
(Closure Dates: Sep. 21, Oct. 12)

Watercolour Intermediate
12:30 PM - 2:30 PM | Sept. 14 - Nov. 30
(Closure Dates: Sep. 21, Oct. 12)

Watercolour Beginners
12:30 PM - 2:30 PM | Sept. 14 - Nov. 30
(Closure Dates: Sep. 21, Oct. 12)

Sharing Perspectives with Speakers in the Know
1:00 PM - 3:00 PM | Oct. 19 - Nov. 16

Hand Building and Wheel Throwing
6:45 PM - 9:45 PM | Sept. 14 - Dec. 14
(Closure Dates: Sep. 21, Oct. 12)

Photography in Your Pocket: A Guide to Mobile Photography
7:00 PM - 8:30 PM | Oct. 19 - Nov. 23
(Closure Dates: Nov. 16)

The Beyond Borders Book Club
7:00 PM - 8:30 PM |
Sep. 14, Oct. 5, Nov. 16

Hand Building and Wheel Throwing
9:20 AM - 12:20 PM | Sept. 15 - Dec. 15

Mastering Your Own Practice
10:00 AM - 1:00 PM | Sept. 15 - Dec 1
(Closure Dates: Nov. 10)

Currents In Events
10:00 AM - 12:00 PM | Oct. 6 - Nov. 24

Mah Jongg - Beginners
10:00 AM - 12:00 PM | Oct. 6 - Nov. 10

Canasta for Beginners
10:00 AM - 12:00 PM | Oct. 6 - Nov. 10

Currents In Events
12:30 PM - 2:30 PM | Oct. 6 - Nov. 24

Canasta for Beginners
1:00 PM - 3:00 PM | Oct. 6 - Nov. 10

Life Drawing & Painting with a Model
1:00 PM - 4:00 PM | Oct. 6 - Nov. 24

Hand Building and Wheel Throwing
1:00 PM - 4:00 PM | Sept. 15 - Dec. 15

Hand Building & Wheel Throwing
6:45 PM - 9:45 PM | Sept. 15 - Dec. 15

Classic Israeli Folk Dancing
7:00 PM - 9:00 PM | Sept. 15- Dec. 15
(Closure Dates: Oct 13, 20, 27, Nov. 24, Dec. 1)

West Coast Swing- Intermediate
7:00 PM - 8:00 PM | Sep. 29 - Nov. 24

West Coast Swing- Beginners
8:15 PM - 9:15 PM | Sep. 29 - Nov 24

Independent Study Art Class
9:30 AM - 12:30 PM | Sept. 16 - Dec. 16 N

Hand Building and Wheel Throwing
9:30 AM - 12:30 PM | Sept. 16 - Dec. 16

International Folk Dancing
10:00 AM - 12:00 PM | Sept. 15- Dec. 15
(Closure Dates: Oct 13, 20, 27, Nov. 24, Dec. 2)

Mah Jongg Intermediate
10:00 AM - 12:00 PM | Oct. 7- Nov. 11

Hand Building and Wheel Throwing
1:00 PM - 4:00 PM | Sept. 16 - Dec. 16

Independent Study Art Class
12:30 PM - 3:30 PM | Sept. 16 - Dec. 16

Classical Ballet - Elegance and Discipline
1:00 PM - 2:00 PM | Sept. 30- Dec. 9

Hand Building and Wheel Throwing
6:45 PM - 9:45 PM | Sept. 16 - Dec. 16

Workshops for Adults: Paint Night: Tote Bag
7:30 PM - 9:30 PM | Nov 18

Workshops for Adults: Paint Night: Tray with Blessing
7:30 PM - 9:30 PM | Dec 9

Mastering Your Own Practice
10:00 AM - 1:00 PM | Sept. 17 - Nov. 26
(Closure Dates: Nov. 5)

Hand Building and Wheel Throwing
10:00 AM - 1:00 PM | Sept. 17- Dec. 17

Chai Times Meet Up Group
10:30 AM - 12:00 PM | Sep. 24 - Dec. 10

Duplicate Bridge: Drop-In
12:30 PM - 3:30 PM | Sep. 17 - Dec. 17
(Closure on: Nov. 26, Dec. 3)

Mah Jongg - Beginners
10:00AM - 12:00PM | 1:00PM - 3:00PM
Oct. 1 - Nov. 5

Hand Building and Wheel Throwing
1:30 PM - 4:30 PM | Sept. 17 - Dec. 17

Workshops For Adults: Mosaic Lamp
6:30 PM - 9:30 PM | Oct. 8

From Masters to Method: Techniques in Art
6:45 PM - 9:45 PM | Sep. 10 - Oct. 8

Intro to Belly Dance - Beginner Foundations
7:00 PM - 8:00 PM | Oct. 1 - Nov 19

Shine & Create: A Contemporary Jewellery Art Series -
7:00 PM - 9:00 PM | Oct 15, 22, 29

Workshops For Adults: Candle Making
7:30 PM - 9:30 PM | Nov 26

Sculptural Hand Building
10:00 AM - 1:00 PM | Sept. 18- Oct 30
Nov. 6 - Dec 18

Ceramics Open Studio
10:00 AM - 1:00 PM | Sept. 18- Dec 18
(Closure Dates: Sep. 25, Oct 2)

A Psychological Approach in Drawing & Painting
10:00 AM - 1:00 PM | Oct. 9 - Dec. 4

Drawing Through the Lens of Psychology
1:30 PM - 3:30 PM | Oct. 9 - Dec. 4

Hand Building and Wheel Throwing
10:00 AM - 1:00 PM | Oct. 10- Dec. 12

Ceramics Open Studio
1:00 PM - 4:00 PM | Oct. 10- Dec 12

**Register
today for
these great
programs**

Hand Building & Wheel Throwing

Our mixed-level classes offer personalized instruction tailored to your individual skill level, goals, and artistic vision. You'll build your skills progressively, with expert guidance every step of the way. Try your hand at both wheel throwing and hand-building in this fun and supportive environment!

Mastering Your Own Practice

Designed for students with an established art practice. You'll craft your own mission statement and embark on an exciting journey to reach your artistic goals, all while experimenting with and exploring various materials and techniques.

Life Drawing & Painting with a Model

Ideal for students looking to strengthen their drawing and painting skills while developing a deeper understanding of the human figure through working directly with a model during select sessions. All artistic mediums and skill levels are welcome!

Currents In Events

Join a lively, open-minded discussion group where current events take center stage. Whether the topic is local, national, or global, this program invited thoughtful conversation and respectful dialogue on the issues shaping our world. Participants are encouraged to actively engage, explore different diverse perspectives, and share their views in a supportive and inclusive space.

Workshops for Adults

Join us for inspiring evenings of creativity and connection. Explore hands-on workshops including Paint Night, Candle Making, Mosaic Lamp Making, Textured Art, and Shine & Create: A Contemporary Jewelry Art Series. Create, socialize, and take home your own unique masterpiece.

Card Games

Canasta | Bridge | Mah Jongg

Join us for enjoyable gatherings filled with connection, strategy, and fun. Come play your favourite games, meet new people, and enjoy a welcoming social atmosphere.

Watercolour: Beg. and Int.

Discover or deepen the joy of watercolour painting! These step-by-step classes focuses on the fundamentals of watercolour, colour theory, washes, and glazes. The intermediate class expands upon this while introducing more advanced techniques and creative concepts; encouraging you to experiment and refine your technique.

Sculptural Hand Building

Join artist Jonah Strub as he guides you through making sculptural ceramics artwork. Learn the properties of clay, basic hand-building techniques, and surface decoration including glazing and painting your creations. This class is for all skill levels. Bring you ideas to life in this creative setting!

Walking Group

Join Coach Ash for a low to moderate-intensity 45-minute walk around the scenic Sherman property. Rain or shine, we will head outdoors to take in the beautiful surroundings, or inside to the track. All walking levels are welcome - just bring your enthusiasm and a comfortable pair of shoes!

Dance Classes

Classic Israeli Folk Dance | Classical Ballet | International Folk Dance | West Coast Swing (Beginner & Intermediate)

Discover the joy of movement through our diverse dance programs! Whether you're looking to learn a new style, improve your technique, stay active, or simply have fun, our welcoming classes offer something for every interest and experience level. Join us to build confidence, connect with others, and enjoy the rhythm of dance in a supportive community.

In Person | Virtual Book Clubs

Join us for meaningful conversations and engaging discussions through a variety of thought-provoking books. Explore powerful stories, share perspectives, and connect with fellow readers in a welcoming community atmosphere. Choose the format that works best for you: meet in person or participate from the comfort of your home.

Photography in Your Pocket: A Guide to Mobile Photography

Learn how to capture stunning photos using your smartphone. Explore composition, lighting, and simple editing techniques while developing the skills to create beautiful, high-quality images. No experience required.

Drawing Through the Lens of Psychology

Develop your drawing skills while exploring the connection between creativity, perception, and mindset. Experiment with a variety of drawing materials and techniques in a supportive environment that encourages confidence, self-expression, and artistic growth. Suitable for all skill levels.

Independent Study

Designed for artists who are ready to develop a cohesive body of work and refine their personal style with the guidance of a professional instructor. You'll work independently while receiving individualized and group feedback to support your artistic direction. Participants may work in oil, acrylic on canvas, or masonite - the materials are your choice!

Knitting and Crocheting

Join fellow knitters and crocheters this winter at the JCC! Whether you're a complete beginner, an expert, or looking to schmooze and stitch, this is the place for you. Learn new skills, try your hand at new patterns and designs, and join this wonderful community of needleworkers. No prior experience needed!

Bring your own materials!

Chai Times Meet Up Group

This group is for adults to come together to build community, shared interests, and enjoy meaningful conversations. Designed to foster connection, reduce isolation, and offer a consistent space for socializing. Each session includes guided activities, open discussions, and opportunities for group members to get to know one another at their own pace.

Sharing Perspectives with Speakers in the Know

Join us for inspiring evenings of creativity and connection. Explore hands-on workshops including Paint Night, Candle Making, Mosaic Lamp Making, Textured Art, and Shine & Create: A Contemporary Jewelry Art Series. Create, socialize, and take home your own unique masterpiece.

A Psychological Approach in Drawing & Painting

Discover and nurture your inner artist by exploring the connection between psychology and creative expression. Through drawing and painting exercises, participants will learn to overcome creative barriers, build confidence, and develop self-trust while creating meaningful and expressive artwork.

- Ceramics Classes
- Art Classes
- Physical Activity
- Lectures/Social Groups
- Game Programs
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