



Aquatics Schedule - Outdoor Pool

Summer Session 2026 (August 24-September 4)

MONDAY		7:00AM-9:30AM	9:30AM-4:00PM	4:00PM-8:00PM	8:00PM
	1	Leisure Swim	Leisure Swim	Family Swim	Pool Closed
	2	Adult Lane Swim	Lane Swim (12yrs+)		
	3				
	4				
		Lane Swim (12yrs+)			

TUESDAY		7:00AM-9:30AM	9:30AM-10:30AM	10:30AM-4:00PM	4:00PM-8:00PM	8:00PM
	1	Leisure Swim	Aquafit	Leisure Swim	Family Swim	Pool Closed
	2	Adult Lane Swim		Lane Swim (12yrs+)		
	3					
	4					

WEDNESDAY		7:00AM-9:30AM	9:30AM-4:00PM	4:00PM-8:00PM	8:00PM
	1	Leisure Swim	Leisure Swim	Family Swim	Pool Closed
	2	Adult Lane Swim	Lane Swim (12yrs+)		
	3				
	4				
Lane Swim (12yrs+)					

THURSDAY		7:00AM-9:30AM	9:30AM-10:30AM	10:30AM-4:00PM	4:00PM-8:00PM	8:00PM
	1	Leisure Swim	Aquafit	Leisure Swim	Family Swim	Pool Closed
	2	Adult Lane Swim		Lane Swim (12yrs+)		
	3					
	4					

FRIDAY		7:00AM-9:30AM	9:30AM-4:00PM	4:00PM-8:00PM	8:00PM
	1	Leisure Swim	Leisure Swim	Family Swim	Pool Closed
	2	Adult Lane Swim	Lane Swim (12yrs+)		
	3				
	4				
Lane Swim (12yrs+)					

SATURDAY		7:00AM-2:00PM	2:00PM-4:00pm	4:00PM-7:30PM	7:30PM
	1	Leisure Swim	Family Swim	Family Swim	Pool Closed
	2				
	3	Adult Lane Swim		Lane Swim (12yrs+)	
	4				

SUNDAY		7:00AM-2:00PM	2:00PM-4:00PM	4:00PM-7:30PM	7:30PM
	1	Leisure Swim	Family Swim	Family Swim	Pool Closed
	2				
	3				
	4	Adult Lane Swim		Lane Swim (12yrs+)	

****Please note the outdoor pool will be closing early at 7:00PM
Sunday August 23 for an event.**

For inquiries contact:
aquatics@srcentre.ca
www.srcentre.ca/aquatics