



SCHWARTZ/REISMAN
CENTRE

Aquatics Schedule - Lap Pool

Fall Session 2026 (September 14 to December 20)

MONDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	11:00AM-4:00PM			4:00PM-6:30PM	6:30PM-8:30PM	6:30PM	
	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim			Programs: Swim Lessons and Inclusion	Programs: Waterpolo	Pool Closed	
	2	Adult Lane Swim			Adult Lane Swim						
	3										
	4										
	5							Lane Swim			
6											
TUESDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	11:00AM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM	5:00PM-7:15PM	7:15PM-8:45PM	8:45PM-9:45PM	9:45PM
	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim	UMCA	Programs: Swim Lessons and Inclusion	Programs: Swim Lessons	Programs: Waterpolo	Adult Lane Swim	Pool Closed
	2	Adult Lane Swim			Adult Lane Swim						
	3										
	4										
	5					Lane Swim					
6											
WEDNESDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	11:00AM-4:00PM	4:00PM-6:30PM		6:30PM-7:00PM	7:00PM-8:30PM	8:30PM-9:30PM	9:30PM
	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim	Programs: Swim Lessons and Inclusion	Programs: Swim Lessons and Inclusion	Programs: Waterpolo	Adult Lane Swim	Pool Closed	
	2	Adult Lane Swim			Adult Lane Swim						Lane Swim
	3										
	4										
	5										
6											
THURSDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	11:00AM-3:00PM	3:00PM-4:00PM	4:00PM-5:00PM	5:00PM-7:15PM	7:15PM-8:45PM	8:45PM-9:45PM	9:45PM
	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim	UMCA	Programs: Swim Lessons	Programs: Swim Lessons	Programs: Waterpolo	Adult Lane Swim	Pool Closed
	2	Adult Lane Swim			Adult Lane Swim						
	3										
	4										
	5					Lane Swim					
6											
FRIDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	11:00AM-4:00PM		4:00PM-7:30PM		7:30PM-8:30PM		8:30PM
	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim		Programs: Lessons and Junior Lifeguard Club	Programs: Waterpolo	Pool Closed		
	2	Adult Lane Swim			Adult Lane Swim					Lane Swim	
	3										
	4										
	5										
6											
SATURDAY		7:00AM-8:30AM	8:30AM-9:30AM	9:30AM-10:30AM	10:30AM-11:30AM	11:30AM-12:30PM	12:30PM-1:30PM	1:30PM-7:00PM		7:00PM	
	1	Adult Lane Swim	Aquafit	Programs: Swim Lessons and Inclusion	Programs: Swim Lessons and Inclusion	Programs: Swim Lessons and Inclusion	Programs: Swim Development	Programs: Leadership		Pool Closed	
	2										
	3		Lane Swim	Lane Swim	Programs: Swim and Play Ball	Programs: Swim Development					
	4										
	5										
6											
SUNDAY		7:00AM-9:00AM	9:00AM-10:00AM	10:00AM-1:00PM	1:00PM-2:30PM		2:30PM-4:30PM		4:30PM-7:00PM	7:00PM	
	1	Adult Lane Swim	Aquafit	Programs: Swim Lessons and Inclusion	Programs: Junior Lifeguard Club	Family Rec Swim		Leisure Swim	Pool Closed		
	2							Adult Lane Swim			
	3										
	4										
	5										
6											

- Lane Swim
- Programs
- Leisure/Rec Swim
- Family Swim
- Aquafit/GroupEx

Please note that there may be some changes to the pool schedule. Please double check the website and the JCC app for any pool updates

For inquiries contact:
aquatics@srcentre.ca
www.srcentre.ca/aquatics



SCHWARTZ/REISMAN
CENTRE

Aquatics Schedule - Leisure Pool

Fall Session 2026 (September 14 to December 20)

MONDAY		8:00AM-9:00AM	9:00AM-10:00AM	10:00AM-4:30PM	4:30PM-7:00PM	7:00PM-8:30PM	8:30PM	
	Right	Leisure Swim	Tamin	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed	
	Left				Programs: Swim Lessons			
TUESDAY		8:00AM-4:00PM	4:00PM-7:15PM	5:00PM-6:30PM	6:30PM-7:15PM	7:15PM-8:30PM	8:30PM	
	Right	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed	
	Left		Programs: Swim Lessons	Programs: Swim Lessons	Programs: Swim Lessons			
Programs: Waterbabies								
WEDNESDAY		8:00AM-4:30PM	4:30PM-7:00PM			7:00PM-8:30PM	8:30PM	
	Right	Leisure Swim	Family Leisure Swim			Family Leisure Swim	Pool Closed	
	Left		Programs: Swim Lessons					
THURSDAY		8:00AM-10:30AM	10:30AM-11:30AM	11:00AM-12:30PM	12:30PM-4:30PM	4:30PM-7:15PM	7:15PM-8:30PM	8:30PM
	Right	Leisure Swim	Programs: Daycare Swim Lessons	Leisure Swim	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed
	Left			Programs: Waterbabies		Programs: Swim Lessons		
FRIDAY		8:00AM-9:30AM	9:30AM-12:30PM	12:30PM-4:00PM	4:00PM-8:30PM		8:30PM	
	Right	Leisure Swim	Programs: Daycare	Leisure Swim	Family Leisure Swim		Pool Closed	
	Left		Leisure Swim		Programs: Swim Lessons			
SATURDAY		7:30AM-9:30AM	9:30AM-12:30PM		12:30PM-7:00PM		7:00PM	
	Right	Leisure Swim	Leisure Swim		Family Leisure Swim		Pool Closed	
	Left		Programs: Swim Lessons					
Programs: Waterbabies								
SUNDAY		7:30AM-9:00AM	9:00AM-10:00AM	10:00AM-1:00PM	1:00PM-7:00PM		7:00PM	
	Right	Leisure Swim	Leisure Swim	Leisure Swim	Family Leisure Swim		Pool Closed	
	Left			Programs: Swim Lessons				
Programs: Waterbabies				Programs: Waterbabies				

- Lane Swim
- Programs
- Leisure/Rec Swim
- Family Swim
- Aquafit/GroupEx

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