

Shareholding Pattern under Regulation 31 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

1.	Name of Listed Entity: Sheela Foam Limited		
2.	Scrip Code/Name of Scrip/Class of Security: 540203		
3.	Share Holding Pattern Filed under: Reg. 31(1)(b)		
	a.	If under 31(1)(b) then indicate the report for Quarter ending: September 30, 2025	
	b.	If under 31(1)(c) then indicate date of allotment/extinguishment	
4.	Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:-		
		Particulars	
			Yes* No*
1		Whether the Listed Entity has issued any partly paid up shares?	No
2		Whether the Listed Entity has issued any Convertible Securities or Warrants?	No
3		Whether the Listed Entity has any shares against which depository receipts are issued?	No
4		Whether the Listed Entity has any shares in locked-in?	No
5		Whether any shares held by promoters are pledge or otherwise encumbered?	No
* If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.			



Sheela Foam Limited

Table I - Summary Statement holding of specified securities

Category	Category of shareholder	Number of shareholders	No. of fully paid up equity shares held	No. of Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957)	Number of Voting Rights held In each class of securities				No. of Shares Underlying Outstanding convertible securities (Including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (Including warrants, ESOP, Convertible Securities etc.)	Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked In shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form
								No of Voting Rights			Total as a % of (A+B+C)				As a % of total Shares held(b)	As a % of total Shares held(b)	As a % of total Shares held(b)	As a % of total Shares held(b)	As a % of total Shares held(b)	As a % of total Shares held(b)	As a % of total Shares held(b)				
								Class eg: X	Class eg: Y	Total															
																						No. (a)	No. (a)	No. (a)	
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) = (IV)+(V)+(VI)	(VIII) As a % of (A+B+C2)	(IX)				(X)	(XI) (a)	(XII)= (VII)+(X) As a % of (A+B+C2)	(XIII)		(XIV)		(XV)		(XVI)		(XVII)=(XIV+XV+XVI)	(XVIII)	
(A)	Promoter & Promoter Group	5	71409463	0	0	71409463	65.6876	71409463	0	71409463	65.6876	0	71409463	65.6876	0	0	0.0000								71409463
(B)	Public	70539	37301315	0	0	37301315	34.3124	37301315	0	37301315	34.3124	0	37301315	34.3124	0	0	NA	NA	NA	NA	NA	NA	NA	NA	37301304
(C)	Non Promoter - Non Public				0				0			0				0	NA	NA	NA	NA	NA	NA	NA	NA	
(C1)	Shares Underlying DRs	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0
(C2)	Shares Held By Employee Trust	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0
Z	Total	70544	108710778	0	0	108710778	100	108710778	0	108710778	100	0	108710778	100	0	0	0.0000	NA	NA	NA	NA	NA	NA	NA	108710767



Sheela Foam Limited																										
Table II - Statement showing shareholding pattern of the Promoter and Promoter Group																										
Category & Name of the shareholders (I)	Entity Type (II)	Nos. of shareholders (IV)	No. of fully paid up equity shares held (V)	Partly paid-up equity shares held (VI)	No. of shares underlying Depository Receipts (VII)	Total nos. shares held (VIII) = (V)+(VI)+(VII)	Shareholding % calculate d as per SCRA, 1957 As a % of (A+B+C2) a % of (A)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (Including Warrants, ESOP etc.) (XII)	Total No of shares on fully diluted basis (including warrants, ESOP, Convertible Securities etc.) (XII)=(VIII)+(XI)	Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XIII)= (VIII)+(XI) As a % of (A+B+C2)	Number of Locked in shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form) (XIX)		
								No of Voting Rights		Total as a % of Total Voting				No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)					
								Class eg: X	Class eg: Y													Total				
1	Indian																									
(a)	Individuals / Hindu Undivided Family	Promoters	4	58221145	0	0	58221145	53.556	58221145	0	58221145	53.556	58221145	53.556	0	0	0	0.0000							58221145	
	Rahul Gautam	Promoter Group	1	51698785	0	0	51698785	47.5563	51698785	0	51698785	47.5563	51698785	47.5563	0	0	0	0.0000							51698785	
	Avantika Singh	Promoter Group	1	2174120	0	0	2174120	1.9999	2174120	0	2174120	1.9999	2174120	1.9999	0	0	0	0.0000							2174120	
	Namita Gautam	Promoter Group	1	2174120	0	0	2174120	1.9999	2174120	0	2174120	1.9999	2174120	1.9999	0	0	0	0.0000							2174120	
	Tushaar Gautam	Promoters	1	2174120	0	0	2174120	1.9999	2174120	0	2174120	1.9999	2174120	1.9999	0	0	0	0.0000							2174120	
(b)	Central Government / State Government(s)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000							0	
(c)	Financial Institutions / Banks		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000							0	
(d)	Any Other (Specify)		1	13188318	0	0	13188318	12.1316	13188318	0	13188318	12.1316	13188318	12.1316	0	0	0	0.0000							13188318	
Z	Bodies Corporate		1	13188318	0	0	13188318	12.1316	13188318	0	13188318	12.1316	13188318	12.1316	0	0	0	0.0000							13188318	
	Rangoli Resorts P Ltd	Promoters	1	13188318	0	0	13188318	12.1316	13188318	0	13188318	12.1316	13188318	12.1316	0	0	0	0.0000							13188318	
	Sub Total (A)(1)		5	71409463	0	0	71409463	65.6876	71409463	0	71409463	65.6876	71409463	65.6876	0	0	0	0.0000							71409463	
2	Foreign																									
(a)	Individuals (Non-Resident Individuals / Foreign Individuals)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000							0	
(b)	Government		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000							0	
(c)	Institutions		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000							0	
(d)	Foreign Portfolio Investor		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000							0	
(e)	Any Other (Specify)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000							0	
	Sub Total (A)(2)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000							0	
	Total Shareholding Of Promoter And Promoter Group (A)= (A)(1)+(A)(2)		5	71409463	0	0	71409463	65.6876	71409463	0	71409463	65.6876	71409463	65.6876	0	0	0	0.0000							71409463	



Sheela Foam Limited

Table III - Statement showing shareholding pattern of the Public shareholder

Sl. No.	Category & Name of the shareholders	Number of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities				No. of Shares Underlying Outstanding convertible securities (including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (including warrants, ESOP, Convertible Securities etc.)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form	Sub-categorization of shares under Shareholding (No. of shares)																																																																																																																																																																																																																																																																							
								No of Voting Rights			Total as a % of Total Voting				No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)		No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	No. (a)	As



	I. Resident Individual holding nominal share capital up to Rs. 2 lakhs.	67228	6763681	#	0	6763681	6.2217	6763681	0	6763681	6.2217	0	6763681	6.2217	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	6763670	0	0	0
(g)	II. Resident individual holding nominal share capital in excess of Rs. 2 lakhs.	4	390457	#	0	390457	0.3592	390457	0	390457	0.3592	0	390457	0.3592	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	390457	0	0	0
(h)	Non Resident Indians (NRIs)	1375	336105	#	0	336105	0.3092	336105	0	336105	0.3092	0	336105	0.3092	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	336105	0	0	0
(i)	Foreign Nationals	0	0	#	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(j)	Foreign Companies	0	0	#	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(k)	Bodies Corporate	365	1866358	#	0	1866358	1.7168	1866358	0	1866358	1.7168	0	1866358	1.7168	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	1866358	0	0	0
(l)	Any Other (Specify)	1454	579806	#	0	579806	0.5333	579806	0	579806	0.5333	0	579806	0.5333	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	579806	0	0	0
(m)	Trusts	1	2734	#	0	2734	0.0025	2734	0	2734	0.0025	0	2734	0.0025	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	2734	0	0	0
Z	Body Corp-Ltd Liability Partnership	54	91676	#	0	91676	0.0843	91676	0	91676	0.0843	0	91676	0.0843	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	91676	0	0	0
Z	Hindu Undivided Family	1367	290362	#	0	290362	0.2671	290362	0	290362	0.2671	0	290362	0.2671	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	290362	0	0	0
Z	Clearing Member	32	195034	#	0	195034	0.1794	195034	0	195034	0.1794	0	195034	0.1794	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	195034	0	0	0
	Sub Total (B)(4)	70426	9936407	#	0	9936407	9.1402	9936407	0	9936407	9.1402	0	9936407	9.1402	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	9936396	0	0	0
	Total Public Shareholding (B)= (B)(1)+(B)(2)+(B)(3)+b(4)	70539	37301315	#	0	37301315	34.3124	37301315	0	37301315	34.3124	0	37301315	34.3124	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	37301304	0	0	0



Sheela Foam Limited																							
Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder																							
Category & Name of the shareholders	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (Including warrants, ESOP, Convertible Securities etc.)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged	Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form	
							No of Voting Rights						Total as a % of (A+B+C)	No. (a)		As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
							Class eg: X	Class eg: Y	Total														
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) = (IV)+(V)+(VI)	(IX)	(X)	(XI)	(XII) = (VII)+(X) As a %	(XIII)	(XIV)	(XV)	(XVI)	(XVII) = (XIV)+(XV)+(XVI)	(XVIII)							
1	Custodian/DR Holder	0	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	0		
2	Employee Benefit Trust / Employee Welfare Trust under SEBI (Share based Employee Benefits and Sweat Equity) Regulations, 2021	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	0		
Total Non-Promoter- Non Public Shareholding (C)= (C)(1)+(C)(2)		0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	0		




 Md. Iqbal Ahmad
 Company Secretary & Compliance Officer

Date: 09.10.2025
 Place: Noida