



December 31, 2025

To

The BSE Limited
Phiroze Jeejeebhoy Towers
Dalal Street, Mumbai-400001
Scrip Code: 540203

The National Stock Exchange India Limited
Exchange Plaza, Bandra Kurla Complex
Bandra(E), Mumbai-400051
NSE Symbol: SFL

Subject: Closure of trading window

Dear Sir/Madam,

Pursuant to the Company's Code of Conduct under the provisions of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015, amendment thereof ("the Code"), trading window for dealing in shares of the Company, for persons specified under the Code, shall remain closed from January 01, 2026 till the end of 48 hours after the Financial Results for the quarter and nine months ending December 31, 2025 shall be made public.

This is for your information and record.

Thanking you,

Yours truly,
For Sheela Foam Limited

Md. Iquebal Ahmad
Company Secretary & Compliance Officer

SHEELA FOAM LTD.

#14, Sleepwell Tower , Sector 135, Noida- 201301
Ph: Int-91-120-4868400 • Email: investorrelation@sheelafoam.com • contactus@sheelafoam.com
Regd. Office: 1002 to 1006 The Avenue, International Airport Road, Opp Hotel Leela Sahar,
Andheri East, Mumbai, Maharashtra, India, 400059 • Ph: Int-91-22-28265686/88/89
Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com
CIN- L74899MH1971PLC427835