

Shareholding Pattern under Regulation 31 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

1.	Name of Listed Entity: Sheela Foam Limited		
2.	Scrip Code/Name of Scrip/Class of Security: 540203		
3.	Share Holding Pattern Filed under: Reg. 31(1)(b)		
	a.	If under 31(1)(b) then indicate the report for Quarter ending: December 31, 2025	
	b.	If under 31(1)(c) then indicate date of allotment/extinguishment	
4.	Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:-		
		Particulars	Yes*
	1	Whether the Listed Entity has issued any partly paid up shares?	No
	2	Whether the Listed Entity has issued any Convertible Securities or Warrants?	No
	3	Whether the Listed Entity has any shares against which depository receipts are issued?	No
	4	Whether the Listed Entity has any shares in locked-in?	No
	5	Whether any shares held by promoters are pledge or otherwise encumbered?	No
* If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.			



Sheela Foam Limited

Table I - Summary Statement holding of specified securities

Category	Category of shareholder	Number of shareholders	No. of fully paid up equity shares held	No. of Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding & convertible securities (including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (Including warrants, ESOP, Convertible Securities etc.)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form	
								No of Voting Rights						Total as a % of (A+B+C)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)			
								Class eg: X	Class eg: Y	Total															
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) = (IV)+(V)+(VI)	(VIII)As a % of (A+B+C2)	(IX)			(K)	(XI)(a)	VII)+(X) As a % of (A	(XIII)		(XIV)		(XV)		(XVI)		(XVII)=(XIV+XV+XVI)		(XVIII)	
(A)	Promoter & Promoter Group	5	71409463	0	0	71409463	65.6876	71409463	0	71409463	65.6876	0	71409463	65.6876	0	0	0.0000							71409463	
(B)	Public	72354	37301315	0	0	37301315	34.3124	37301315	0	37301315	34.3124	0	37301315	34.3124	0	0	NA	NA	NA	NA	NA	NA	NA	NA	37301304
(C)	Non Promoter - Non Public				0				0			0			0	NA	NA	NA	NA	NA	NA	NA	NA		
(C1)	Shares Underlying DRs	0	0	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	
(C2)	Shares Held By Employee Trust	0	0	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	
Z	Total	72359	108710778	0	0	108710778	100	108710778	0	108710778	100	0	108710778	100	0	0	0.0000	NA	NA	NA	NA	NA	NA	108710767	



Sheela Foam Limited																									
Table II - Statement showing shareholding pattern of the Promoter and Promoter Group																									
Category & Name of the shareholders	Entity Type	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding & convertible securities (including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (including warrants, ESOP, Convertible Securities etc.)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked In shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerial (ed form)	
								No of Voting Rights						Total as a % of Total Voting Rights	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
								Class eg: X	Class eg: Y	Total															
(I)	(II)	(IV)	(V)	(VI)	(VII)	(VIII) = (V)+(VI)+(VII)	As a % of (A+B+C2)	(X)	(Y)	(Z)	(X)+(Y)+(Z)	(XII) = (VIII)+(Z) As a % of (A+B+C2)	(XIV)	(a)	(b)	(a)	(b)	(XVI)	(XVII)	(XVIII) = (XIV)+(XV)+(XVI)	(XIX)				
1	Indian																								
(a)	Individuals / Hindu Undivided Family																								
	Rahul Gautam	Promoters	4	58221145	0	0	58221145	53.556	58221145	53.556	0	58221145	53.556	0	0	0	0	0.0000					58221145		
	Avanika Singh	Promoter Group	1	51698785	0	0	51698785	47.5563	51698785	47.5563	0	51698785	47.5563	0	0	0	0	0.0000					51698785		
	Namita Gautam	Promoter Group	1	2174120	0	0	2174120	1.9999	2174120	1.9999	0	2174120	1.9999	0	0	0	0	0.0000					2174120		
	Tushar Gautam	Promoters	1	2174120	0	0	2174120	1.9999	2174120	1.9999	0	2174120	1.9999	0	0	0	0	0.0000					2174120		
(b)	Central Government / State Government(s)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000					0		
(c)	Financial Institutions / Banks		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000					0		
(d)	Any Other (Specify)		1	13188318	0	0	13188318	12.1316	13188318	12.1316	0	13188318	12.1316	0	0	0	0	0.0000					13188318		
2	Bodies Corporate		1	13188318	0	0	13188318	12.1316	13188318	12.1316	0	13188318	12.1316	0	0	0	0	0.0000					13188318		
	Rangoli Resorts P Ltd	Promoters	1	13188318	0	0	13188318	12.1316	13188318	12.1316	0	13188318	12.1316	0	0	0	0	0.0000					13188318		
	Sub Total (A)(1)		5	71409463	0	0	71409463	65.6876	71409463	65.6876	0	71409463	65.6876	0	0	0	0	0.0000					71409463		
3	Foreign																								
(a)	Individuals (Non-Resident Individuals / Foreign Individuals)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000					0		
(b)	Government		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000					0		
(c)	Institutions		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000					0		
(d)	Foreign Portfolio Investor		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000					0		
(e)	Any Other (Specify)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000					0		
	Sub Total (A)(2)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0.0000					0		
	Total Shareholding Of Promoter And Promoter Group (A)-(A)(1)-(A)(2)		5	71409463	0	0	71409463	65.6876	71409463	65.6876	0	71409463	65.6876	0	0	0	0	0.0000					71409463		



Sheela Foam Limited

Table III - Statement showing shareholding pattern of the Public shareholder

Category & Name of the shareholders	Number of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (Including warrants, ESOP, Convertible Securities etc.)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form	Sub-categorization of shares		
							No of Voting Rights						Total as a % of Total Voting Rights	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)
							Class eg: X	Class eg: Y	Total																	
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII)=(IV)+(V)+ (VI)	(IX)			(X)	(XI)=(VII+X)	(XII)=(XI-X) As a % of (A	(XIII)		(XIV)		(XV)		(XVI)		(XVII)=(XIV+XV+XVI)		(XVIII)	(XIX)		
1	Institutions (Domestic)																									
(a)	Mutual Fund	12	18694678	0	0	18694678	17.1967	18694678	0	18694678	17.1967	0	0	NA	NA	NA	NA	NA	NA	NA	NA	18694678	0	0	0	
	Sbi Ess Tax Saver Fund	1	9996748	0	0	9996748	9.1957	9996748	0	9996748	9.1957	0	0	NA	NA	NA	NA	NA	NA	NA	NA	9996748	0	0	0	
	Nippon Life India Trustee Ltd A/C Nippon India Multi Cap Fund	1	3630605	0	0	3630605	3.3397	3630605	0	3630605	3.3397	0	0	NA	NA	NA	NA	NA	NA	NA	NA	3630605	0	0	0	
	Kotak Small Cap Fund	1	1727672	0	0	1727672	1.5892	1727672	0	1727672	1.5892	0	0	NA	NA	NA	NA	NA	NA	NA	NA	1727672	0	0	0	
	Ubi-Flexi Cap Fund	1	1664774	0	0	1664774	1.5314	1664774	0	1664774	1.5314	0	0	NA	NA	NA	NA	NA	NA	NA	NA	1664774	0	0	0	
	Dis Small Cap Fund	1	1543994	0	0	1543994	1.4203	1543994	0	1543994	1.4203	0	0	NA	NA	NA	NA	NA	NA	NA	NA	1543994	0	0	0	
(b)	Venture Capital Funds	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(c)	Alternate Investment Funds	5	1190219	0	0	1190219	1.0948	1190219	0	1190219	1.0948	0	0	NA	NA	NA	NA	NA	NA	NA	NA	1190219	0	0	0	
(d)	Banks	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(e)	Insurance Companies	2	2281091	0	0	2281091	2.0983	2281091	0	2281091	2.0983	0	0	NA	NA	NA	NA	NA	NA	NA	NA	2281091	0	0	0	
	Sbi Life Insurance Co. Ltd	1	2174785	0	0	2174785	2.0005	2174785	0	2174785	2.0005	0	0	NA	NA	NA	NA	NA	NA	NA	NA	2174785	0	0	0	
(f)	Provident Funds/ Pension Funds	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(g)	Asset Reconstruction Companies	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(h)	Sovereign Wealth Funds	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(i)	NBFCs registered with RBI	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(j)	Other Financial Institutions	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(k)	Any Other (Specify)	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
	Sub Total (B)(1)	19	22165988	0	0	22165988	20.3899	22165988	0	22165988	20.3899	0	0	NA	NA	NA	NA	NA	NA	NA	NA	22165988	0	0	0	
2	Institutions (Foreign)																									
(a)	Foreign Direct Investment	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(b)	Foreign Venture Capital Investors	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(c)	Sovereign Wealth Funds	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(d)	Foreign Portfolio Investors Category I	85	4321487	0	0	4321487	3.9752	4321487	0	4321487	3.9752	0	0	NA	NA	NA	NA	NA	NA	NA	NA	4321487	0	0	0	
(e)	Foreign Portfolio Investors Category II	9	218799	0	0	218799	0.2013	218799	0	218799	0.2013	0	0	NA	NA	NA	NA	NA	NA	NA	NA	218799	0	0	0	
(f)	Overseas Depositories(holding DRs) (balancing figure)	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(g)	Any Other (Specify)	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
	Sub Total (B)(2)	94	4540286	0	0	4540286	4.1765	4540286	0	4540286	4.1765	0	0	NA	NA	NA	NA	NA	NA	NA	NA	4540286	0	0	0	
3	Central Government/ State Government(s)																									
(a)	Central Government / President of India	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(b)	State Government / Governor	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(c)	Shareholding by Companies or Bodies Corporate where Central / State Government is a promoter	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
	Sub Total (B)(3)	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
4	Non-Institutions																									
(a)	Associate companies / Subsidiaries	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(b)	Directors and their relatives (excluding Independent Directors and nominee Directors)	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(c)	Key Managerial Personnel	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(d)	Relatives of promoters (other than 'immediate relatives' of promoters disclosed under 'Promoter and Promoter Group' category)	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(e)	Trusts where any person belonging to 'Promoter and Promoter Group' category is 'trustee', 'beneficiary', or 'author of the trust'	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(f)	Investor Education and Protection Fund (IEPF)	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(g)	i. Resident individual holding nominal share capital up to Rs. 2 lakhs.	69160	6795178	0	0	6795178	6.2507	6795178	0	6795178	6.2507	0	0	NA	NA	NA	NA	NA	NA	NA	NA	6795167	0	0	0	
(h)	ii. Resident individual holding nominal share capital in excess of Rs. 2 lakhs.	7	564720	0	0	564720	0.5195	564720	0	564720	0.5195	0	0	NA	NA	NA	NA	NA	NA	NA	NA	564720	0	0	0	
(i)	Non Resident Indians (NRIs)	1257	359480	0	0	359480	0.3307	359480	0	359480	0.3307	0	0	NA	NA	NA	NA	NA	NA	NA	NA	359480	0	0	0	
(j)	Foreign Nationals	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	
(k)	Foreign Companies	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	NA	NA	0	0	0	0	



(l)	Bodies Corporate	315	2183762	0	0	2183762	2.0088	2183762	0	2183762	2.0088	0	2183762	2.0088	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	2183762	0	0	0
(m)	Any Other (Specify)	1502	691901	0	0	691901	0.6365	691901	0	691901	0.6365	0	691901	0.6365	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	691901	0	0	0
z	Trusts	1	3789	0	0	3789	0.0035	3789	0	3789	0.0035	0	3789	0.0035	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	3789	0	0	0
z	Body Corp-Ltd Liability Partnership	43	71720	0	0	71720	0.066	71720	0	71720	0.066	0	71720	0.066	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	71720	0	0	0
z	Hindu Undivided Family	1434	326998	0	0	326998	0.3008	326998	0	326998	0.3008	0	326998	0.3008	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	326998	0	0	0
z	Clearing Member	24	289394	0	0	289394	0.2662	289394	0	289394	0.2662	0	289394	0.2662	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	289394	0	0	0
	Sub Total (B)(4)	72241	10595041	0	0	10595041	9.7461	10595041	0	10595041	9.7461	0	10595041	9.7461	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	10595041	0	0	0
	Total Public Shareholding (B) = (B)(1)+(B)(2)+(B)(3)+(B)(4)	72354	37301315	0	0	37301315	34.3124	37301315	0	37301315	34.3124	0	37301315	34.3124	0	0	NA	NA	NA	NA	NA	NA	NA	NA	NA	37301304	0	0	0



Sheela Foam Limited																									
Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder																									
	Category & Name of the shareholders	PAN	Nos. of sharehold- ers	No. of fully paid up equity shares held	Partly paid- up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (Including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (including warrants, ESOP, Convertible Securities etc.)	Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged	Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerial ised form	
									No of Voting Rights						Total as a % of (A+B+C)	No. (a)		As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
									Class eg: X	Class eg: Y	Total														
	(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) = (IV)+(V)+ (VI)	(IX)	(IX)			(X)	(XI)=(VII+X)	(XII) As a % of (A	(XIII)	(XIV)		(XV)	(XVI)		(XVII)=(XIV+XV+XVI)	(XVIII)			
1	Custodian/DR Holder		0	0	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	0		
2	Employee Benefit Trust / Employee Welfare Trust under SEBI (Share based Employee Benefits and Sweat Equity) Regulations, 2021		0	0	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	0		
	Total Non Promoter- Non Public Shareholding (C)= (C)(1)+(C)(2)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	NA	NA	NA	NA	NA	NA	0		

Mr. Iqbal Ahmad
Company Secretary & Compliance Officer

Date: 16.01.2026

Place: Noida