

Shareholding Pattern under Regulation 31 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015				
1.	Name of Listed Entity: Sheela Foam Limited			
2.	Scrip Code/Name of Scrip/Class of Security: 540203			
3.	Share Holding Pattern Filed under: Reg. 31(1)(b)			
	a.	If under 31(1)(b) then indicate the report for Quarter ending September 30, 2026		
	b.	If under 31(1)(c) then indicate date of allotment/extinguishment		
4.	Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:-			
		Particulars	Yes*	No*
	1	Whether the Listed Entity has issued any partly paid up shares?		No
	2	Whether the Listed Entity has issued any Convertible Securities or Warrants?		No
	3	Whether the Listed Entity has any shares against which depository receipts are issued?		No
	4	Whether the Listed Entity has any shares in locked-in?		No
	5	Whether any shares held by promoters are pledge or otherwise encumbered?		No
	* If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.			



Sheela Foam Limited

Table I - Summary Statement holding of specified securities

Category	Category of shareholder	Nos. of shareholders	No. of fully paid up equity shares held	No. of Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957)	Number of Voting Rights held in each class of securities				No. of Shares Underlying Outstanding convertible securities (including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (Including warrants, ESOP, Convertible Securities etc.)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form
								No of Voting Rights			Total as a % of (A+B+C)				No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)			
								Class eg: X	Class eg: y	Total															
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) =	(VIII) As a	(IX)			(X)	(XI)=(VII+X)	(XII)=(VIII)+(X)	(XIII)	(XIV)	(XV)	(XVI)	(XVII)=(XIV+XV+XVI)	(XVIII)						
(A)	Promoter & Promoter Group	5	71409463	0	0	71409463	65.3913	71409463	0	71409463	65.3913	0	71409463	65.3913	0	0	0	0	0	0	0	0	0	71409463	
(B)	Public	69058	37793851	0	0	37793851	34.6087	37793851	0	37793851	34.6087	0	37793851	34.6087	0	0	0	0	0	0	0	0	0	37793840	
C	Non Promoter - Non Public														0										
C1	Shares Underlying DRs	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
C2	Shares Held By Employee Trust	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	Total	69063	109203314	0	0	109203314	100	109203314	0	109203314	100	0	109203314	100	0	0	0	0	0	0	0	0	0	109203303	



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Table II - Statement showing shareholding pattern of the Promoter and Promoter Group

	Category & Name of the shareholders	Entity Type	PAN	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (Including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (including warrants, ESOP, Convertible Securities etc.)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked In shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, If any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form	
										No of Voting Rights						Total as a % of Total Voting Rights	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
										Class eg: X	Class eg: Y	Total															
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII)	(VIII) =	(IX) As a %	(X)			(XI)	(XII)=(VIII)+(XI)	(XIII)=(VIII)+(XI)	(XIV)		(XV)		(XVI)		(XVII)		(XVIII)=(XIV+XV+XVI)		(XIX)		
1	Indian																										
(a)	Individuals / Hindu Undivided Family			4	58221145	0	0	58221145	53.3144	58221145	0	58221145	53.3144	0	58221145	53.3144	0	0	0	0	0	0	0	0	58221145		
	RAHUL GAUTAM	Promoters	AAHPG2294B	1	51698785	0	0	51698785	47.3418	51698785	0	51698785	47.3418	0	51698785	47.3418	0	0	0	0	0	0	0	0	51698785		
	NAMITA GAUTAM	Promoter Group	AAHPG2295A	1	2174120	0	0	2174120	1.9909	2174120	0	2174120	1.9909	0	2174120	1.9909	0	0	0	0	0	0	0	0	2174120		
	AVANTIKA SINGH GAUTAM	Promoter Group	ATDP58735N	1	2174120	0	0	2174120	1.9909	2174120	0	2174120	1.9909	0	2174120	1.9909	0	0	0	0	0	0	0	0	2174120		
	TUSHAAR GAUTAM	Promoters	ABAPG9574C	1	2174120	0	0	2174120	1.9909	2174120	0	2174120	1.9909	0	2174120	1.9909	0	0	0	0	0	0	0	0	2174120		
(b)	Central Government / President of India			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
(c)	Financial Institutions / Banks			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
(d)	Any Others			1	13188318	0	0	13188318	12.0768	13188318	0	13188318	12.0768	0	13188318	12.0768	0	0	0	0	0	0	0	0	13188318		
2	Bodies Corporate			1	13188318	0	0	13188318	12.0768	13188318	0	13188318	12.0768	0	13188318	12.0768	0	0	0	0	0	0	0	0	13188318		
	RANGOLI RESORTS PRIVATE LIMITED	Promoter Group	AABCR6061N	1	13188318	0	0	13188318	12.0768	13188318	0	13188318	12.0768	0	13188318	12.0768	0	0	0	0	0	0	0	0	13188318		
	Sub Total (A)(1)			5	71409463	0	0	71409463	65.3913	71409463	0	71409463	65.3913	0	71409463	65.3913	0	0	0	0	0	0	0	0	71409463		
2	Foreign																										
(a)	Individuals (Non-Resident Individuals / Foreign In			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
(b)	Government			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
(c)	Institutions			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
(d)	Foreign Portfolio Investor			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
(e)	Any Others			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
	Sub Total (A)(2)			0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
	Total Shareholding Of Promoter And Promoter Group (A) = (A)(1)+(A)(2)			5	71409463	0	0	71409463	65.3913	71409463	0	71409463	65.3913	0	71409463	65.3913	0	0	0	0	0	0	0	0	71409463		



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Table III - Statement showing shareholding pattern of the Public shareholders

Category & Name of the shareholders	PAN	Nos. of sharehold-ers	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlyin- g Depositor y Receipts	Total nos. shares held	Sharehold- ing % calculate d as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (Including warrants, ESOP, Convertible Securities etc.)	Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in demateri alised form	Sub-categorization of shares							
								No of Voting Rights Class eg: X	Class eg: Y	Total				Total as a % of Total Voting Rights	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	Sub-category(i)	Sub-category(ii)	Sub-category(iii)
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) = (VIII) As a	X	Class eg: Y	Total	(X)	(XI)=(VII)+(X)	(XII)=(VII)+(X)	(XIII)	(XIV)	(XV)	(XVI)	(XVII)=(XIV+XV+XVI)	(XVIII)	(XIX)													
1	Institutions (Domestic)		10	16574503	0	0	16574503	15.1777	16574503	0	16574503	15.1777	0	0	0	0	0	0	0	0	0	0	16574503									
(a)	Mutual Funds / UTI		1	9459769	0	0	9459769	8.6625	9459769	0	9459769	8.6625	0	0	0	0	0	0	0	0	0	0	9459769									
	SBI LARGE & MIDCAP FUND	AABTS6407C	1	3239605	0	0	3239605	2.9666	3239605	0	3239605	2.9666	0	0	0	0	0	0	0	0	0	0	3239605									
	NIPPON LIFE INDIA TRUSTEE LTD-A/C NIPPON IN	AAATRO09CB	1	1665653	0	0	1665653	1.5253	1665653	0	1665653	1.5253	0	0	0	0	0	0	0	0	0	0	1665653									
	KOTAK SMALL CAP FUND	AAATK4475F	1	1545101	0	0	1545101	1.4149	1545101	0	1545101	1.4149	0	0	0	0	0	0	0	0	0	0	1545101									
	DSP SMALL CAP FUND	AAAJD043CB	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(b)	Venture Capital Funds		11	1667157	0	0	1667157	1.5267	1667157	0	1667157	1.5267	0	0	0	0	0	0	0	0	0	0	1667157									
(c)	Alternate Investment Funds		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(d)	Banks		2	1125693	0	0	1125693	1.0308	1125693	0	1125693	1.0308	0	0	0	0	0	0	0	0	0	0	1125693									
(e)	Insurance Companies		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(f)	Provident Funds/ Pension Funds		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(g)	Asset Reconstruction Companies		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(h)	Sovereign Wealth Funds		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(i)	NBFCs registered with RBI		1	69	0	0	69	0.0001	69	0	69	0.0001	0	0	0	0	0	0	0	0	0	0	69									
(j)	Other Financial Institutions		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(k)	Any Others		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
	Sub Total (B)(1)		24	19367422	0	0	19367422	17.7352	19367422	0	19367422	17.7352	0	0	0	0	0	0	0	0	0	0	19367422									
2	Institutions (Foreign)																															
(a)	Foreign Direct Investment		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(b)	Foreign Venture Capital investors		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(c)	Sovereign Wealth Funds		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(d)	Foreign Portfolio Investors Category I		87	4030688	0	0	4030688	3.691	4030688	0	4030688	3.691	0	0	0	0	0	0	0	0	0	0	4030688									
(e)	Foreign Portfolio Investors Category II		12	170452	0	0	170452	0.1561	170452	0	170452	0.1561	0	0	0	0	0	0	0	0	0	0	170452									
	Overseas Depositories(holding DRs) (balancing figure)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(f)	Any Others		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(g)	Any Others		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
	Sub Total (B)(2)		99	4201140	0	0	4201140	3.8471	4201140	0	4201140	3.8471	0	0	0	0	0	0	0	0	0	0	4201140									
3	Central Government/ State Government(s)																															
(a)	Central Government / President of India		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(b)	State Government / Governor		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
	Shareholding by Companies or Bodies Corporate where Central / State Government is a promoter		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
4	Non-Institutions																															
(a)	Associate companies / Subsidiaries		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
	Directors and their relatives (excluding Independent Directors and nominee Directors)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(c)	Key Managerial Personnel		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
	Relatives of promoters (other than 'immediate relatives' of promoters disclosed under 'Promoter and Promoter Group' category)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(d)	Trusts where any person belonging to 'Promoter and Promoter Group' category is 'trustee', 'beneficiary', or 'author of the trust'		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(e)	Investor Education and Protection Fund (IEPF)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(f)	Resident Individuals holding nominal share capital upto Rs. 2 lakhs		65538	9277301	0	0	9277301	8.4954	9277301	0	9277301	8.4954	0	0	0	0	0	0	0	0	0	0	9277290									
(g)	Resident Individuals holding nominal share capital in excess of Rs. 2 lakhs		12	1131630	0	0	1131630	1.0363	1131630	0	1131630	1.0363	0	0	0	0	0	0	0	0	0	0	1131630									
(h)	Non Resident Indians (NRIs)		1446	469668	0	0	469668	0.4301	469668	0	469668	0.4301	0	0	0	0	0	0	0	0	0	0	469668									
(i)	Foreign Nationals		1	60832	0	0	60832	0.0557	60832	0	60832	0.0557	0	0	0	0	0	0	0	0	0	0	60832									
(j)	Foreign Companies		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0									
(k)	Bodies Corporate		451	2505231	0	0	2505231	2.2941	2505231	0	2505231	2.2941	0	0	0	0	0	0	0	0	0	0	2505231									
(l)	Any Others		1487	780627	0	0	780627	0.7148	780627	0	780627	0.7148	0	0	0	0	0	0	0	0	0	0	780627									
2	Clearing Member		21	331831	0	0	331831	0.3039	331831	0	331831	0.3039	0	0	0	0	0	0	0	0	0	0	331831									
2	HUF		1436	410277	0	0	410277	0.3757	410277	0	410277	0.3757	0	0	0	0	0	0	0	0	0	0	410277									
2	LLP		28	35086	0	0	35086	0.0321	35086	0	35086	0.0321	0	0	0	0	0	0	0	0	0	0	35086									
2	Trusts		2	3433	0	0	3433	0.0031	3433	0	3433	0.0031	0	0	0	0	0	0	0	0	0	0	3433									
	Sub Total (B)(4)		68935	14225289	0	0	14225289	13.0264	14225289	0	14225289	13.0264	0	0	0	0	0	0	0	0	0	0	14225278									
	Total Public Shareholding (B)= (B)(1)+(B)(2)+(B)(3)+(B)(4)		69058	37793851	0	0	37793851	34.6087	37793851	0	37793851	34.6087	0	0	0	0	0	0	0	0	0	0	37793840									



Sheela Foam Limited																										
Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholders																										
Category & Name of the shareholders	PAN	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities				No. of Shares Underlying Outstanding convertible securities (including Warrants, ESOP etc.)	Total No of shares on fully diluted basis (including warrants, ESOP, Convertible Securities etc.)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged		Non-Disposal Undertaking		Other encumbrances, if any		Total Number of Shares encumbered		Number of equity shares held in dematerialised form	
								Class eg: X	No of Voting Rights		Total as a % of (A+B+C)				No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)		
									Class eg: Y	Total																(X)
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) =	(VIII) As a	X	Class eg: Y	Total	(X)	(X)	(XI)=[VII+X]	(XII)=[(VII)+X]	(XIII)	(XIV)	(XV)	(XVI)	(XVII)	(XVIII)	(XIX)	(XX)	(XXI)	(XXII)	(XXIII)	(XXIV)
(1) Custodian/DR Holder		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
(2) Employee Benefit Trust / Employee Welfare Trust under S		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Total Non-Promoter- Non Public Shareholding (C)= [C](1)+[C](2)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

For Sheela Foam Limited




Md. Iqbal Ahmad
Company Secretary & Compliance Officer
Date: 19.10.2026

