


HSE Representatives and Supervisors are to conduct & lead the daily Pre-Shift Information Meetings.

PERIOD	27TH APRIL 2026 – 3RD MAY 2026
DATE	Monday, 27/04/2026
TOPIC	WORKING SAFELY DURING THE RAINY SEASON
<p>As we enter the rainy season, our work environment becomes significantly more hazardous. Rain does not just make things wet. It changes how we move, operate equipment, and assess risks. The chances of incidents increase during the rainy seasons.</p> <p>Common hazards during the rainy season;</p> <ul style="list-style-type: none"> Slippery Surfaces - Wet floors, roads, scaffolds, and ladders increase the risk of slips and falls. Reduced Visibility & Traffic Accidents - Heavy rainfall and fog can impair vision while driving or operating equipment. Electrical Hazards - Water can cause short circuits, and exposed wires can cause electrocution. Flooding - Trenches, pits, and low-lying areas can flood quickly. Poor Ground Stability - Rain can weaken the ground, leading to landslides or cave-ins, especially in mining and excavation zones. Mosquitoes, snakes, and Disease - Stagnant water can breed mosquitoes, increasing the risk of malaria and dengue. Snakes will seek shelter. Vehicle and Equipment Hazards - Braking distances increase on wet surfaces; hydroplaning can occur. <p>Discuss: Does anyone have concerns or suggestions regarding safety during the rains?</p>	

DATE	Tuesday, 28/04/2026				
TOPIC	CONTROLS AND SAFE PRACTICES DURING THE RAINY SEASONS				
<p>Practical control measures that should be put in place to mitigate the increased risk of incidents and accidents during the rainy season:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Flood Management Clear drainage systems of silt and debris regularly. Mark and avoid flooded work areas. Maintain pumps and standby emergency response.</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Behavioural Controls Reinforce safe work behaviour—no rushing or shortcuts. Pause unsafe tasks and report new hazards. Maintain open communication with supervisors.</p> </td> </tr> <tr> <td colspan="2" style="vertical-align: top;"> <p>Emergency Preparedness Identify muster points and safe zones in case of evacuation. Ensure all personnel know emergency contact numbers.</p> </td> </tr> </table> <p>Discuss: Have you noticed areas that always flood or become slippery on the mine?</p>		<p>Flood Management Clear drainage systems of silt and debris regularly. Mark and avoid flooded work areas. Maintain pumps and standby emergency response.</p>	<p>Behavioural Controls Reinforce safe work behaviour—no rushing or shortcuts. Pause unsafe tasks and report new hazards. Maintain open communication with supervisors.</p>	<p>Emergency Preparedness Identify muster points and safe zones in case of evacuation. Ensure all personnel know emergency contact numbers.</p>	
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DATE	Wednesday, 29/04/2026
TOPIC	DEPARTMENTAL PROCEDURE DISCUSSION
<ul style="list-style-type: none"> Select one operational procedure or previous incident to be discussed. Inform the team on the importance of Procedural/ Incident discussions. <p>Discussions: Supervisors must select one procedure to discuss with examples.</p> <div style="text-align: right;">  </div>	

DATE	Thursday, 30/04/2026				
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Document: HSE PRE-SHIFT INFORMATION TALKS						
Prepared By	HSE Dept.	Reviewed By	HSE Manager	Approved By	General Manager	Nex Rev Date
Issued Date	22 Jan 2016	Print Date	20 Dec 2024	Approved Date	20 Dec 2024	20 Dec 2026
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DATE	Friday, 01/05/2026
TOPIC	LI 2182, REGULATION 97 – OPERATION OF VEHICLES

1. A manager shall ensure that
 - a. only competent drivers are permitted to operate a vehicle in the mine; and
 - b. the driver of a vehicle in the mine,
 - i. does not exceed a speed that is reasonable and safe;
 - ii. operates the vehicle in a safe manner.
2. A person driving a vehicle in a mine shall
 - a. ensure that the vehicle does not exceed a speed that is reasonable and safe; and
 - b. operate the vehicle in a safe manner.



Discuss: Why must we drive according to posted speed limits and by competent drivers?

DATE	Saturday, 02/05/2026
TOPIC	HAZARDS OF OVER-SPEEDING ON MINE ACCESS & HAUL ROADS

- Over-speeding on mine roads is a serious safety concern. It puts not only the driver at risk but also other workers, equipment, pedestrians, including community members and overall site operations.
- Whether you are in a light vehicle on an access road or operating a haul truck on a production route, maintaining safe speed is **non-negotiable**.

Key Hazards of Over-speeding:

- Reduced Reaction Time - At higher speeds, the time and distance required to react to obstacles, vehicles, or changes in road conditions increase drastically.
- Loss of Control - Especially on uneven or unpaved roads, over-speeding can cause vehicles to skid, tip over, or become difficult to manoeuvre.
- Greater Impact in a Crash - Collisions at overspeed cause more severe injuries, damage, and downtime.
- Weather & Road Conditions - Rain, dust, potholes, and poor visibility already make driving risky. Speeding only amplifies these dangers.



DATE	Sunday, 03/05/2026
TOPIC	ARL DRUGS & ALCOHOL POLICY ON VOLUNTARY ALCOHOL TEST

Purpose:

It is our intent and obligation to provide a drug and alcohol-free, healthy, and safe work environment by ensuring the following:

- An employee, contractor/agent, or visitor may voluntarily submit himself/ herself for testing.
- He/ she will not be penalized if positive but will not be allowed to work or enter the Mine.
- The employee shall be deemed absent from work, and a record shall be kept.
- This shall be used for disciplinary purposes in future occurrences to avoid abuse of this rule.
- An employee, contractor/agent, has only three chances for voluntary testing within a year.
- Voluntary testing points are at the Phase-2 intersection and ARL Main Gate/Weighing Bridge.



Discussion: What will you do if you are not sure of yourself when coming to work in the morning?



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