

# Environmental Toxins



## Who Will Benefit from the Environmental Toxins panel?

The Environmental Toxins panel measures levels of environmental toxins in the body. Environmental toxins or toxicants are substances that are man-made or that occur naturally in the environment and can cause acute or chronic toxic overload when absorbed, inhaled, or ingested.

If you were diagnosed with or suspect multiple chronic inflammatory conditions, resistance to weight loss, or signs of toxic burden, you may benefit from this panel.

## Recognizing Symptoms of Toxic Overload

### Symptoms include:

- Fatigue and weakness
- Chronic burning in the throat and nasal passages
- Coughing, wheezing, and shortness of breath
- Loss of balance
- Depression and/or anxiety
- Dizziness
- Eye irritation
- Headache, light sensitivity
- Hearing loss
- Heightened sensitivity to chemicals and foods
- Irregular heartbeat
- Morning stiffness and/or joint pain
- Mood swings
- Muscle weakness
- Skin rashes
- Sleep problems
- Slower reaction time
- Vision changes
- Poor memory, difficulty finding words
- Unusual skin sensations, tingling and numbness
- Increased urinary frequency or increased thirst
- Abdominal pain, diarrhea, and/or bloating
- Tearing, disorientation, metallic taste in mouth
- Static shocks



## Why is This Test Important?

- The average American is exposed to over 700,000 toxins a day and over 80,000 chemicals.<sup>1</sup>
- Toxic overload can manifest in a variety of biological organs, tissue, and cellular-level systems and can be difficult to diagnose.
- Environmental toxins wreak havoc on the body and can cause chronic inflammation and various serious diseases including cancer.
- The Vibrant Wellness Environmental Toxins panel provides the most comprehensive view of environmentally induced toxic burden.
- Testing for environmental toxins can help patients uncover the root causes of toxicity and chronic illness from environmental sources and create personalized wellness solutions to begin healing.

## The Vibrant Wellness Advantage

**Simple testing with robust results.** Perform the Environmental Toxins panel in the comfort of your home.

**Unparalleled specificity and sensitivity.** Our proprietary technology detects:

- 39 different markers to assess environmental toxins
- Exposure to common pesticides, herbicides, plasticizers, and preservatives

**Validated and accredited.** Science-backed testing and analysis based on rigorous, ongoing research by clinical experts.

## What to Expect from the Test

1. Follow our simple instructions to perform this urine test at home or at a practitioner's office.
2. Before testing: You do not need to fast before your Environmental Toxins test. Your provider may ask you to discontinue medications or dietary supplements. Speak with your provider to learn more.
3. Send the test to our lab for analysis and work with your care provider to understand the results.

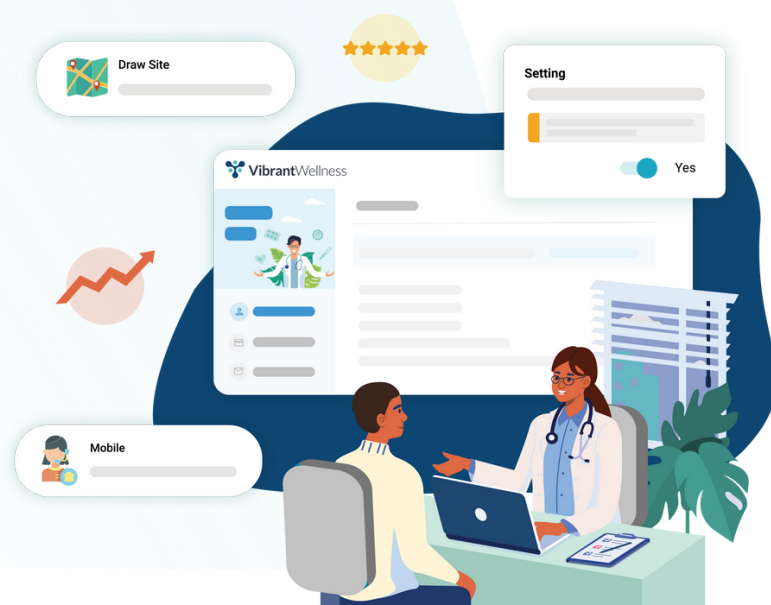
## About Vibrant Wellness

Vibrant Wellness is a leading CLIA-certified and CAP-accredited biotech company based in San Carlos, CA. We deliver life-transforming lab testing that enables health and wellness providers to discover the root of patient health issues.

We're at the forefront of modern medicine and research, providing personalized health analytics using cutting-edge, high-quality technology. We believe that anyone can achieve better health and vibrant longevity through individualized solutions based on testing—not guessing.

### References:

1. Vibrant Wellness. (2022, September 29). Toxic Burden: A Root Cause of Leaky Gut and Food Sensitivities [Video]. YouTube. [https://www.youtube.com/watch?v=S9\\_iDTYPYew](https://www.youtube.com/watch?v=S9_iDTYPYew)



### Regulatory Statement

The general wellness test intended uses relate to sustaining or offering general improvement to functions associated with a general state of health while making reference to diseases or conditions. This test has been laboratory developed and its performance characteristics determined by Vibrant America LLC and Vibrant Wellness, CLIA-certified and CAP-accredited laboratory performing the test. The test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). Although FDA does not currently clear or approve laboratory-developed tests in the U.S., certification of the laboratory is required under CLIA to ensure the quality and validity of the tests.

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