

### Who Will Benefit from the Gut Zoomer?

The Gut Zoomer assesses bacteria, yeast, viruses, and parasites in the gut microbiome, alongside relevant digestive and inflammatory markers. The panel measures hundreds of species of microbes at once, providing the most comprehensive digestive health test on the market.

If you're experiencing any of the common symptoms of leaky gut, microbiome imbalance, GI disorders, or abnormal digestion, you may benefit from this panel.

# **Recognizing Symptoms of Intestinal Dysbiosis** and Microbiome Imbalance

#### Symptoms Include:

- Autoimmune conditions
- Inflammatory Bowel Disease (Crohn's and ulcerative colitis)
- Irritable Bowel Syndrome (IBS)
- Celiac disease
- Cardiovascular disease
- Metabolic Syndrome
- Diabetes
- Liver and gallbladder disease
- Neurological disorders
- Mood abnormalities
- Skin rashes (eczema or dermatitis)
- Inflammatory symptoms
- Small intestinal bacterial overgrowth (SIBO)
- Fatigue
- Gas and bloating
- Indigestion
- Infections
- Intestinal permeability ('leaky gut syndrome')
- Nutrient deficiencies
- Food sensitivities
- Malnutrition



VibrantWellness

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## Why is This Test Important?

- 70% of the immune system lives/subsides in the gut microbiome.<sup>1</sup>
- Having an imbalanced gut microbiome can lead to various chronic digestive ailments and diseases, including autoimmune disease.
- The Gut Zoomer can aid in detecting root causes of acute or chronic illness that stem from the gastrointestinal tract, with correlations to disease states and health risks, to help you address chronic ailments and develop personalized solutions.
- The Gut Zoomer includes a robust panel of pathogenic bacteria, yeast, viruses, and parasites that are known to cause serious health concerns in humans, so you can have a comprehensive view of potential health threats.

### **The Vibrant Wellness Advantage**

Simple testing with robust results. Perform the Gut Zoomer in the comfort of your home.

Unparalleled specificity and sensitivity. Our proprietary technology detects:

- Over 170 species of commensal bacteria
- 67 pathogenic microorganisms
- Functional markers of digestion and inflammation
- The entirety of genetic information (DNA) from all microorganisms tested

Validated and accredited. Science-backed testing and analysis based on rigorous, ongoing research by clinical experts.

## What to Expect from the Test

- 1. Follow our simple instructions to perform this stool test at home.
- 2. Before testing: Fasting is not required. Patients should adhere to the following pre-testing conditions:
  - Wait 14 days after a colonoscopy to test
  - Wait 14-30 days after use of antibiotics or herbal antimicrobials
  - Wait 2-3 days after use of either: a rectal suppository OR use of rectal suppositories
  - Wait 2 days after use of aspirin or anti-inflammatory medication (NSAIDS)
  - Wait 5-14 days after use of proton pump inhibitor medication
  - Wait 2-3 days after use of an over-the-counter antacid
  - Wait 2-3 days after use of bentonite clay, betaine HCL, or digestive enzymes
- 3. Send the test to our lab for analysis and work with your care provider to understand the results.

#### **About Vibrant Wellness**

**Vibrant Wellness** is a leading CLIA-certified and CAP-accredited biotech company based in San Carlos, CA. We deliver life-transforming lab testing that enables health and wellness providers to discover the root of patient health issues.

We're at the forefront of modern medicine and research, providing personalized health analytics using cutting-edge, high-quality technology. We believe that anyone can achieve better health and vibrant longevity through individualized solutions based on testing—not guessing.

#### References

1.https://www.gaucherdisease.org/blog/4-ways-to-improve-gut-health-naturally/

#### Regulatory Statement

The general wellness test intended uses relate to sustaining or offering general improvement to functions associated with a general state of health while making reference to diseases or conditions. This test has been laboratory developed and its performance characteristics determined by Vibrant America LLC and Vibrant Wellness, CLIA-certified and CAP-accredited laboratory performing the test. The test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). Although FDA does not currently clear or approve laboratory-developed tests in the U.S., certification of the laboratory is required under CLIA to ensure the quality and validity of the tests.

Setting

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