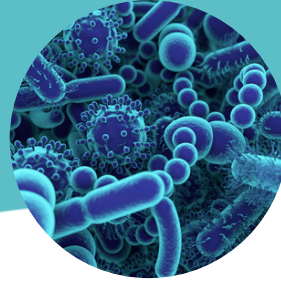


Food Sensitivity



Who Will Benefit from Food Sensitivity Testing?

The Food Sensitivity panel assesses sensitivity to common foods in the Western diet and food additives such as preservatives, artificial sweeteners, emulsifiers, food dyes, and pesticides, which can cause chronic inflammation and intestinal permeability (leaky gut).

You may benefit from food sensitivity testing if you are diagnosed with or suspect you have intestinal permeability, autoimmune disorders, or chronic inflammation.

Recognizing Symptoms of Food Sensitivities

Many symptoms of food sensitivity are generic and mimic other conditions, making diagnosis difficult.

Symptoms include:

- Gas
- Bloating
- Fever
- Fatigue
- Abdominal pain
- Diarrhea
- Constipation
- Headaches
- Brain fog
- Rashes, such as eczema
- Nausea and vomiting
- Skin itchiness and redness
- Bronchitis and asthma-like symptoms
- Musculoskeletal joint pain
- Muscle stiffness and swelling



Uncover the root of your symptoms so you can build a personalized plan with your wellness provider to eliminate inflammatory dietary triggers, balance your gut, and improve your lifestyle.

Why is This Test Important?

- Food and food additive sensitivities contribute to leaky gut and harm the intestinal lining, causing inflammation
- Chronic inflammation is associated with serious diseases, including heart disease, diabetes, cancer, arthritis, Crohn's disease, and ulcerative colitis
- Learning which foods your body reacts to and having a plan for which foods to eat and avoid is an easy and critical step in reducing inflammation

Vibrant Wellness offers the following options for the Food Sensitivity panel:

- **Food Sensitivity Profile I:** 96 foods
- **Food Sensitivity Profile II:** 84 foods
- **Food Sensitivity Complete:** 209 foods; includes Profiles I and II, 29 additional foods [not available separately], and food additives testing
- **Vegetarian Only:** 179 foods; does not include any meat or seafoods

The Vibrant Wellness Advantage

- **Simple testing with robust results.** Perform the Food Sensitivity tests in the comfort of your home, or work with your provider to find a convenient testing center.
- **Unparalleled specificity and sensitivity.** Our proprietary technology detects:
 - **Food Sensitivity with 95%-100% accuracy**
 - **IgA and IgG antibodies**
 - **Sensitivity to 209 different foods**
- **Validated and accredited.** Science-backed testing and analysis based on rigorous, ongoing research by clinical experts.

What to Expect from the Test

- Follow our simple instructions to perform this test at home.
- Before testing:
 - No need to fast—consume your normal diet.

Send the test to our labs for analysis and work with your healthcare provider to understand the results.

About Vibrant Wellness

Vibrant Wellness is a leading CLIA-certified and CAP-accredited biotech company based in San Carlos, CA. We deliver life-transforming lab testing that enables health and wellness providers to discover the root of patient health issues.

We're at the forefront of modern medicine and research, providing personalized health analytics using cutting-edge, high-quality technology. We believe that anyone can achieve better health and vibrant longevity through individualized solutions based on testing—not guessing.



Regulatory Statement

The general wellness test intended uses relate to sustaining or offering general improvement to functions associated with a general state of health while making reference to diseases or conditions. This test has been laboratory developed and its performance characteristics determined by Vibrant America LLC and Vibrant Wellness, CLIA-certified and CAP-accredited laboratory performing the test. The test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). Although FDA does not currently clear or approve laboratory-developed tests in the U.S., certification of the laboratory is required under CLIA to ensure the quality and validity of the tests.