

Filled with Loving Kindness

♩ = 88 G#m G#m D#m G#m F#7 G#m F# E D#m7

*May I be filled with lov-ing kind - ness. May I be

5 G#m G#m D#m D#m F#7 G#m

well. May I be filled with lov - ing kind - ness.

8 F# E D#m7 D#m E D#m E

May I be well. May I be peace - ful and at

11 G#m F# EM7 D#m G#m

ease. May I be whole.

Words: Traditional Buddhist Meditation
 ♪ adapted by Mark W. Hayes, 1949-
 ♪ Music: Ian W. Riddell, 1968-
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* Note: Second time: Replace each "I" with "you."
 Third time: Replace each "I" with "we."

Arrangement Permissions

👉 One-time Adaptation

👍 New Arrangement OK

🚫 ~~Seek permission to arrange~~

Look at the Sing Out Love "Permissions" section for further explanation

