

Filled with Loving Kindness

♩ = 88 F#m F#m C#m F#m E7 F#m E D C#m7

*May I be filled with lov-ing kind - ness. May I be

5 F#m F#m C#m C#m E7 F#m

well. May I be filled with lov-ing kind - ness.

8 E D C#m7 C#m D C#m D

May I be well. May I be peace - ful and at

11 F#m E DM7 C#m F#m

ease. May I be whole.

Words: Traditional Buddhist Meditation
 ♪ adapted by Mark W. Hayes, 1949-
 ♪ Music: Ian W. Riddell, 1968-
 Singing the Journey #1031
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* Note: Second time: Replace each "I" with "you."
 Third time: Replace each "I" with "we."

Arrangement Permissions

👉 One-time Adaptation

👍 New Arrangement OK

🚫 ~~Seek permission to arrange~~

Look at the Sing Out Love "Permissions" section for further explanation

