



SHIKOKU KARST ACCESS GUIDE

The "Shikoku Karst Longitudinal Line" running east-west through the Shikoku Karst serves as the main driving route. Here we offer a guide to relatively wide and easily drivable roads leading to the Mezurudaira plateau located near the center of the Shikoku Karst from different directions.

From Matsuyama City	From Uchiko-chō	From Seiyō-shi	From Kōchi City
Distance: 73 km Travel time: 1 hr 40 min	Distance: 84 km Travel time: 2 hr 30 mins	Distance: 80 km Travel time: 2 hr 15 mins	Distance: 80 km Travel time: 2 hr 15 mins
Matsuyama IC 45 km (55 mins)	Uchiko-Ikazaki IC 40 km (1 hr)	Seiyō-Uwa IC 36 km (45 mins)	Susaki IC 38 km (1 hr 25 mins)
Ochide (Yanadani) 25 km (40 mins)	Hiyoshi 8 km (15 mins)	Tsuno-chō Town Takano 20 km via Higashi-Tsuno Shirokawa Rindo forest rd (E)-Pref Rte 48 (40 mins)	Tengukōgen highland 4 km via Shikoku Karst Longitudinal Line (10 mins)
Jiyoshitōge Pass 3 km via Shikoku Karst Longitudinal Line (5 mins)	Takadoki-yama 25 km via Higashi-Tsuno Shirokawa Rindo forest rd (W) (50 mins)		
	Ōnogahara 11 km via Shikoku Karst Longitudinal Line (25 mins)		
Mezurudaira plateau			



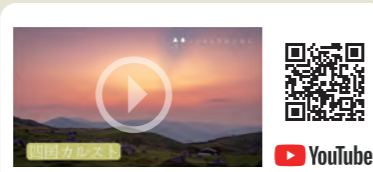
* Listed travel times and distances are approximate. Please understand that they may vary depending on traffic conditions, time of travel, etc.
* The Shikoku Karst Longitudinal Line is closed to traffic during winter. Be sure to check for the latest updates before visiting.

Sightseeing-related inquiries:



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Check out a video of the Shikoku Karst



DISCOVER A NICE JOURNEY

SHIKOKU KARST

- SKY PARADISE -

English

Shikoku / Kumakōgen



Dairying area at the Shikoku Karst's western edge



Ōnogahara

Presenting an expanse of pastoral landscapes, a dairy-farming region where silos and cowsheds dot the gently rolling hills. Find a café serving highland confections made with farm-fresh milk here as well.



Mount Ōkawa-mine

Gently sloping mountain at the northern edge of the Shikoku Karst with elevations of 900–1,500 m. Enjoy views of blooming mitsuba azalea here in early summer and thickets of maiden silvergrass in autumn.



Odamiyama-keikoku gorge

Famed scenic spot for viewing autumn foliage, located in the Shikoku Karst Prefectural Natural Park. A walking path leads visitors along a stream with a high degree of clarity for the enjoyment of excursions on foot, as well as camping and more.



Ōnogahara Virgin Beech Forest

Primeval forest of beech trees, also known as "Mori no Haha" (Mother of Forests). Includes a walking path that leads into the forest.



Genjigadaba

Peak located at the southern edge of Ōnogahara, offering stunning views from its highest point of 1,402 m.



Ōnogahara

A taste of highland confections to savor

1 Mominoki

Popular café offering thick, creamy handmade cheesecake, homemade ice cream, and more. Also features a sightseeing farm where visitors can interact with ponies, goats, and other animals.



Mezurudaira plateau

Base for sightseeing on the Mezurudaira plateau

2 Mezuru-sō Inn

Lodging facilities offering grand, sweeping views out across the Mezurudaira plateau right in front of visitors' eyes. Also handles reception for campsite and cottage rentals. Local specialties including amago trout dishes and highland barbecue courses can be had in the restaurant. Souvenirs and local specialties are offered for sale as well.



Mezurudaira plateau

Rental accommodations with a vacation home fee

3 Mezurudaira cottages

Rental cottages here feature wild bird-themed names, including Ōruri (blue-and-white flycatcher), Hibari (skylark), and Komadori (Japanese robin). Furnished with kitchens as well, they allow guests a place to stay with the feel of a vacation home.



Mezurudaira plateau

"Campground in the sky"

4 Mezurudaira Camping Ground

Site offering guests the full enjoyment of camping amid 360° panoramic views. At night, visitors can take in views of star-filled skies. Reservations can be made at the Mezuru-sō Inn.



Mezurudaira plateau

Starting point for exhilarating cycling excursions

5 Shikoku Karst Rental Cycle

Rent a hybrid bicycle here or an electric-assisted e-bike that makes even uphill climbs a breeze. Travel between the Mezurudaira plateau and Godankōgen highland in about 10 minutes each way.



Mezurudaira plateau

Photogenic café stand

6 karst coffee

Hip little café stand situated in a highland meadow in front of the Mezuru-sō Inn. Try the popular café au lait here for a taste of carefully made hand-drip coffee with milk fresh from the highlands of the Karst.



Tengukōgen highland

Star-themed lodging facility

7 Hoshifuru Village TENGU

Hotel offering guests full enjoyment of star-filled skies, operated in conjunction with a planetarium. Accommodation options include special guest rooms with glass ceilings to view the starry skies right from the room. A full selection of souvenirs and local gifts are available as well.



Stunning scenic spot toward the Shikoku Karst's center



Mezurudaira plateau

Here where gently sloping meadows stretch as far as the eye can see, cattle are put out to pasture from spring through fall, and the white colors of windmills accent the idyllic scenery. The Mezuru-sō Inn, serving as a central base for the area, offers a restaurant, accommodations, and a campground.



Unique landscape dotted with limestone outcroppings



Godankōgen highland

Photogenic spot offering a range of scenery found only on the Karst, from limestone outcroppings evoking flocks of sheep to sinkholes known as dolines.



Spot for excursions on foot amid vast panoramic views



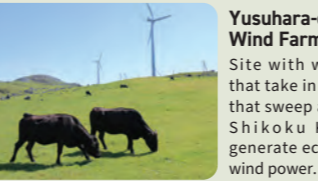
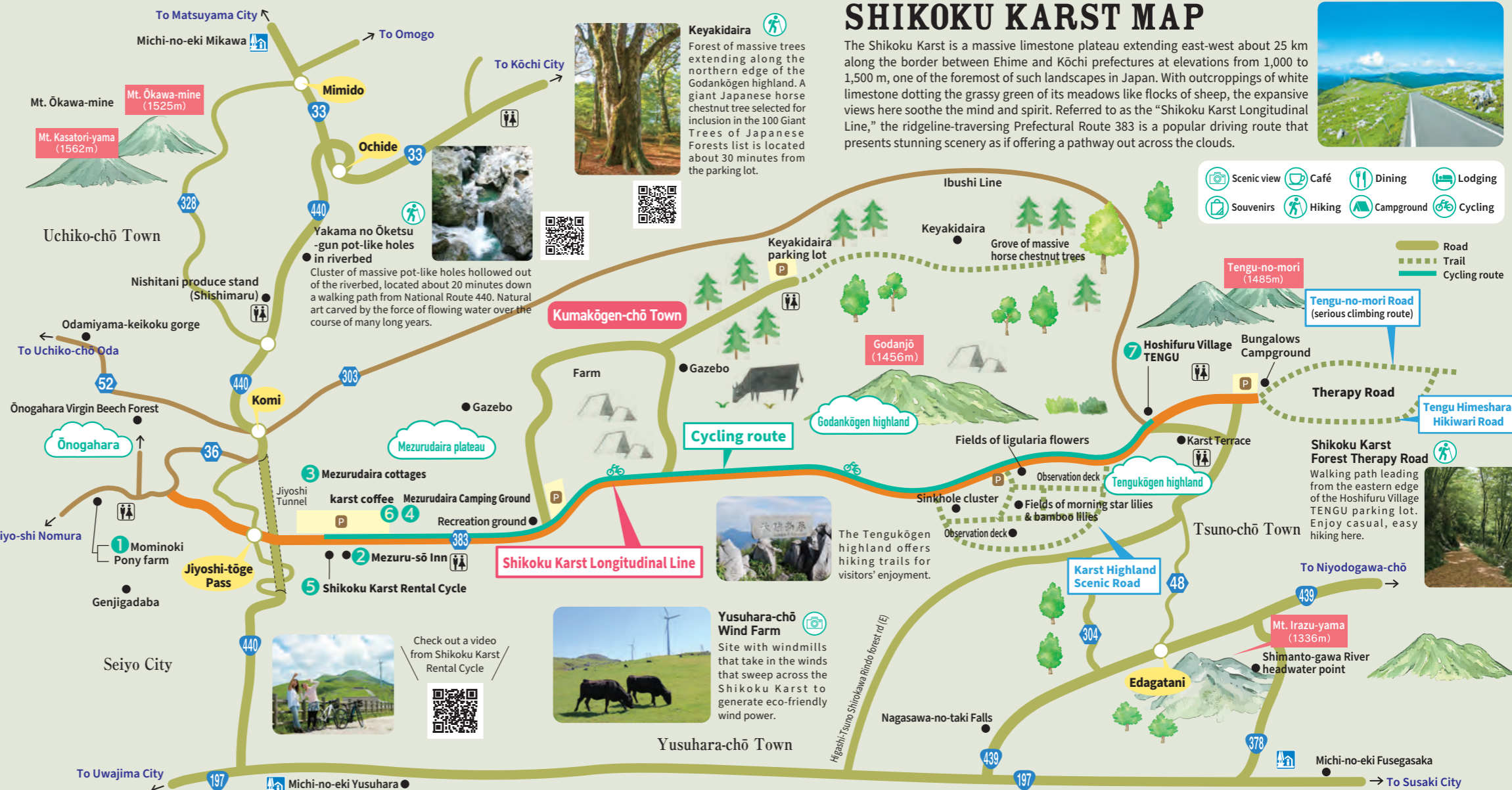
Tengukōgen highland

Highland area at the eastern edge of the Shikoku Karst stretching along the base of Tengu-no-mori (1485 m). Trails set up here allow visitors to explore the Karst on foot, and in early summer, flowers such as morning star lilies, bamboo lilies, and Japanese ligularia can be seen as well.



SHIKOKU KARST MAP

The Shikoku Karst is a massive limestone plateau extending east-west about 25 km along the border between Ehime and Kōchi prefectures at elevations from 1,000 to 1,500 m, one of the foremost of such landscapes in Japan. With outcroppings of white limestone dotting the grassy green of its meadows like flocks of sheep, the expansive views here soothe the mind and spirit. Referred to as the "Shikoku Karst Longitudinal Line," the ridgeline-traversing Prefectural Route 383 is a popular driving route that presents stunning scenery as if offering a pathway out across the clouds.



Yusu-hara-chō Wind Farm
Site with windmills that take in the winds that sweep across the Shikoku Karst to generate eco-friendly wind power.



Check out a video from Shikoku Karst Rental Cycle



Shikoku Karst Forest Therapy Road
Walking path leading from the eastern edge of the Hoshifuru Village TENGU parking lot. Enjoy casual, easy hiking here.