

Why choose our courses?

“I found the course so useful and interesting – if I could, I would enroll and start again tomorrow... it is such a convenient way to learn.”

‘Understanding and Nurturing Troubled Children’ student

“I really enjoyed this course. It has given me a greater understanding of how trauma and poor early experiences can affect a child. It has motivated me to learn more and to apply this knowledge when working with children and infants and in particular those who have had a difficult start to life.”

‘Children’s Brain and Emotional Development’ student

“This is a ‘must’ for people from all sectors working with children & young people wanting to get an understanding of why so many struggle as they do. The material is easily accessible, incredibly clear and engaging, leaving me wanting to know more!”

Harriet Gordon, Psychotherapist & Reviewer of ‘Children’s Brain and Emotional Development’



“This is an excellent course, well laid out, clear and easy to use giving students a comprehensive understanding on how adverse early childhood experiences shape the structure and function of the brain, impacting emotional, psychological and physical development all the way into adult life. The course covers both the challenges and possibilities of change working with children and adolescents who have experienced developmental trauma and neglect.”

Amanda Glass, Psychotherapist & Reviewer of ‘Children’s Brain and Emotional Development’

“I really enjoyed learning about the effects of stress on the foetus and the mitigating effects of the mother’s ‘coping hormones’ on baby’s burgeoning neuronal networks.”

‘Understanding and Nurturing Troubled Children’ student

“This course is important for anyone working with children. It draws upon extensive up to date research to explain the long lasting emotional, physical and psychological effects of adverse childhood experiences. It helpfully explains how children and young people in schools and society may feel and behave because of their early experiences. I found the combination of videos, diagrams and reading very helpful in explaining complex concepts. The course includes important relevant topics such as the effects of technology and social media. Lastly the course offers hope by explaining that change is possible with the aid of understanding adults and caring environments.”

Robyn Saffer, Child and Family Psychodynamic Psychotherapist & Reviewer of ‘Children’s Brain and Emotional Development’

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