Bhutan Cultural Tour – The Best of Bhutan

4 Days Itinerary

Detailed Itinerary

Day 1: Arrival in Bhutan and Sightseeing in Paro

When you arrive at Paro International Airport, a representative from Alpine Club of Himalaya welcomes you, and you get your first look at the Himalayan peaks around Bhutan. After immigration and customs you transfer to your hotel in Paro to rest and freshen up. In the afternoon you visit some of the valley's best-known sites: Rinpung Dzong, a fortress-monastery with traditional Bhutanese architecture, the National Museum of Bhutan in the old Ta Dzong, and Kyichu Lhakhang, one of the oldest temples in Bhutan, built in the 7th century. Your guide explains Bhutanese architecture, Buddhism and local customs, and you can walk through the streets of Paro and see local handicrafts. You spend the night in Paro, ready for tomorrow's hike.

Max. Elevation	2,250 m (Paro)
Duration	Half-day sightseeing after arrival
Accommodation	Hotel in Paro
Meals	Breakfast (if arriving early), Lunch, Dinner

Day 2: Tiger's Nest Hike and Drive from Paro to Thimphu

After an early breakfast you start the hike to Taktsang Monastery, better known as Tiger's Nest, which stands on a cliff above Paro Valley at about 3,120 m. The trail climbs through forest on stone steps and uneven paths, with rest stops and views of the valley along the way. The monastery is a sacred site, so dress respectfully and follow your guide's instructions. After the visit you walk back down to the road, and then drive to Thimphu, the capital, where you check in to your hotel for the night.

Max. Elevation	3,120 m (Tiger's Nest) / 2,320 m (Thimphu)
Duration	Approx. 5-6 hours hike and 1.5 hours drive
Accommodation	Hotel in Thimphu
Meals	Breakfast, Lunch, Dinner

Day 3: Sightseeing in Thimphu

Today is a full day of sightseeing in Thimphu, a capital where traditional Bhutanese culture sits alongside modern city life. You visit the National Memorial Chorten, where local people come to pray, and Tashi Chhoe Dzong, one of the main religious and administrative buildings in the city. You also stop at Drubthob Gonpa (Zilukha Nunnery) and the Buddha Dordenma Statue, a large gilded Buddha that looks over Thimphu Valley. The Takin Sanctuary lets you see Bhutan's national animal. Access to some buildings can be limited, so your guide confirms the details locally.

Max. Elevation	2,320 m (Thimphu)
Duration	Approx. 6-7 hours sightseeing
Accommodation	Hotel in Thimphu
Meals	Breakfast, Lunch, Dinner

Day 4: Final Departure from Paro

After breakfast you drive from Thimphu back to Paro, with scenic views of the valleys and rivers on the way. You are taken to Paro International Airport for your onward flight. The flight times depend on the airline schedule, so keep your plans flexible. If you want to stay longer in the region, our team can arrange more tours.

Max. Elevation	2,250 m (Paro)
Duration	Approx. 1.5 hours drive
Accommodation	No
Meals	Breakfast

Cost Include

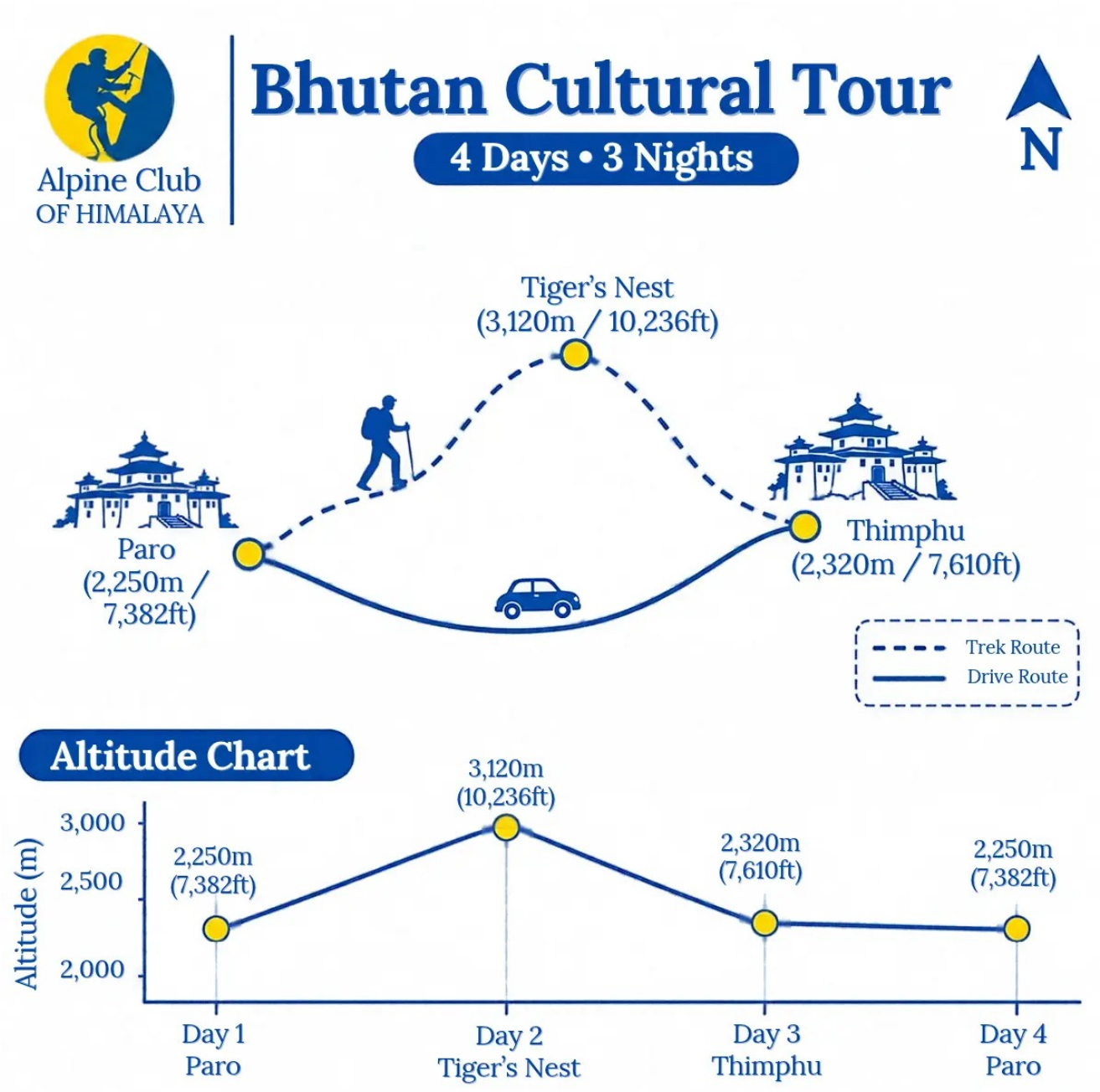
- Pick-up and drop-off between Tribhuvan International Airport and your hotel in a private car, jeep or Hiace.
- Flights from Kathmandu to Paro and back to Kathmandu.
- All tours and activities listed in the itinerary, including the cultural, historical and spiritual sites in Paro and Thimphu.
- Hotel accommodation in Bhutan in government-approved A-grade hotels (3-star and above).
- Daily meals as listed in the itinerary, with tea, coffee and snacks as needed during excursions and sightseeing.
- All land transport within Bhutan in private, air-conditioned vehicles, including airport transfers, intercity travel and sightseeing.
- Experienced, English-speaking guide licensed by the Bhutanese government.
- Mineral water on long trips, during cultural tours and with meals.
- All museum fees, special entry charges and permits for dzongs, monasteries, monuments and restricted areas.
- Bhutan visa and Tourism Development Fee (TDF) charges.
- All applicable government royalties, taxes and fees.
- Service charges for hotels, guides, drivers and other logistics.

Cost Exclude

- Nepal entry visa fee.
- International airfare to and from Kathmandu.
- Travel insurance, which is highly recommended.
- Hotel and meals in Kathmandu.
- Personal expenses such as bar bills, laundry and snacks.
- Drinks that are not part of the included meals.
- Tips for guides and drivers.
- Single room supplement.

- Any services or expenses not specifically mentioned under the cost includes section.

Trip Map


Alpine Club
OF HIMALAYA
Bhutan Cultural Tour
4 Days • 3 Nights
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Tiger's Nest
(3,120m / 10,236ft)
Paro
(2,250m /
7,382ft)
Thimphu
(2,320m / 7,610ft)
Trek Route
Drive Route
Altitude Chart
Altitude (m)
3,000
2,500
2,000
2,250m
(7,382ft)
3,120m
(10,236ft)
2,320m
(7,610ft)
2,250m
(7,382ft)
Day 1
Paro
Day 2
Tiger's Nest
Day 3
Thimphu
Day 4
Paro