

Suggested Packing List for a Fall *Shenandoah* Voyage

Please remember to pack lightly, and to use a soft-sided bag or duffel if possible. All clothing may get wet, stained, torn, or otherwise damaged so please don't bring any irreplaceable personal belongings.

- Toiletries: toothbrush, toothpaste, floss, ocean-friendly shampoo/soap.
If applicable: glasses and/or contacts with solution, feminine hygiene products
- Any prescription medications you take regularly
- 1 Beach towel and washcloth
- 2 Sunhats: 1 baseball cap, 1 full coverage hat
- 1 Beanie or warm hat
- Sunglasses
- Raincoat and rain pants (*rain pants optional*)
- 2 Bathing suits
- 1 Soft-soled shoes (sneakers)
- 1 Pair warmer boots
- 1-2 Sweatshirts/fleece
- 1 Warm Jacket or shell
- 2-3 Long pants
- 2-3 Shorts
- 4-5 T-shirts/quick dry shirts
- 1-2 Sweatpants or warmer bottom layers
- 5-6 Underwear
- 1-2 Long underwear
- 5-6 Pairs of socks, including some warm wool socks
- 1 Flashlight or headlamp
- 1 Water bottle
- 1 thermos for hot beverages

Optional Extras:

- 1-2 Books for enjoyment
- Solar charger/battery pack for personal electronics
- Musical instrument
- Spending money for a possible shore visit: suggested amount \$20-\$30
- Spending money for a *Shenandoah* voyage shirt: \$35, also available for purchase via credit card after the voyage
- Disposable, film, or digital camera
- 1 pocketknife/small sheath knife
- Mittens/gloves for cold nights
- Small crafts such as knitting, crocheting, etc.

What You Should **NOT** Bring:

- Blowdryers, curling irons, etc.
- Candy, soda, snacks and gum
- Electronic devices requiring frequent external charges
- Valuables, jewelry, or other irreplaceable items
- Firearms or weapons

Note on bedding:

Each bunk is equipped with fresh linens and a fleece blanket. Some additional spare linens are available onboard. For fall voyages, if you know you sleep cold, you may consider bringing a sleeping bag or an additional warm blanket of your choosing.

Note on cell phones:

The ship's staff have contact with the Ocean Academy office and can be reached in emergencies. If a cell phone is viewed as necessary, we encourage you to bring your own charging capabilities via a solar charger or external battery pack. We encourage you to unplug as much as possible on your voyage and enjoy the surrounding beauty aboard *Shenandoah*.