

MAD RIVER PATH ADVENTURES PACKING LIST FOR CHIC CHOCS
(Examples of appropriate items are hyperlinked in the descriptions)

	Item	Notes
CLOTHING		
1	Shell	Waterproof shell jacket with hood. Roomy enough to wear many warm layers under it!
1	Shell Pants	Shell pants : an outer layer to wear during the day
1	Wool shirt	Light weight short sleeve wool shirt
1	Long Underwear	Mid-weight wool long underwear top and bottom, wool blends are the warmest, most comfortable and don't retain body odors
1	Sweater	Lightweight, warm and packable
1	Warm Jacket	Lightweight down or synthetic puffy coat with hood
1	Insulated vest	Lightweight down or synthetic vest
3	Wool socks	
1	Warm hat	Light-weight Nordic ski hat with ear coverage
1	Buff	For face covering during cold and windy weather.
1	Gloves	Wool glove liners to wear inside your mittens
1	Mittens	Insulated, waterproof mittens , must be roomy enough to wear with liner gloves and be able to make a fist inside your mitten
	Underwear	At least one pair of wool underwear for skiing
1	T-shirt	Light shirt for wearing at night at the huts
1	Pants	Lightweight Nordic ski pants to wear inside the huts, for skiing on warm days, and as a second insulating layer on the very cold days.
1	Booties	Winter booties to wear inside the cabin
1	Gaiters	Unless your ski pants have built-in gaiters
EQUIPMENT AND SUPPLIES		
1	Skis	Backcountry touring skis with a no-wax base, 75mm cable bindings . Here are a few examples (from least expensive to most expensive): Madshus Panorama 78 Fischer S-bound 112 Voile Vector BC
	Boots	Scarpa T-4 is the most versatile touring boot
1	Poles	A simple adjustable pole with a powder basket
1	Skins	Full length touring skins
1	Water Bottle	Wide-mouth, 20 - 32 Oz insulated water bottle
1	Travel Mug	A small, compact metal travel mug that can be clipped to your pack and set on a woodstove)
1	Headlamp	Quality, fully charged USB-rechargeable lamp
1	Backpack	35 liters, ski pack or a simple day pack.
1	Duffle bag	For transport of your overnight gear and extra clothes. Prepare to share a duffle with another participant for

		efficiency
1	Stuff sack	16-20 liter for organizing
1	Sleeping bag	Lightweight and compact, rated to 30 degrees (it is warm in the huts)
1	Tooth brush	
1	Hair brush or comb	
1	Bandana	
1	Sun Glasses or ski goggles	
1	Pocket knife	
1	Compass	Optional
1	Journal, writing utensil, reading book	Optional
	PASSPORT	

Notes: If you need to purchase equipment, consider supporting companies that ensure fair labor and environmental practices, such as Patagonia and local VT companies, such as VT Glove and Darn Tough socks. Please consider used equipment sources, such as Patagonia Worn Wear or the Outdoor Gear Exchange basement, to lower your footprint.

You will be able to wash (bandana wash with limited hot water) during the trip.

A gift of a screen-free week

To allow for a destruction-free nature immersion and community experience, please leave all electronic devices at the trailhead. This is not a suggestion, but a requirement for participation. We will take turns navigating with the topographical map. We will take high-quality pictures and share them with you after the trip. The guides will carry an emergency communication device.