Abigail Murphy

My Date of Birth:

Oct. 10, 2009

▲ My Emergency Contact Person:

Dr Sarah Murphy (Mum)

■ My Emergency Contact Number:

082 765 4321



My Biography

My name is Abigail Murphy. My friends call me Abi. I am 13 years old and I live in Skerries, Co. Dublin with my Mum Sarah and My Dad Michael. I have Down Syndrome and moderate learning disabilities. I have a slight speech impediment. I went to St Martins' Primary

School when I was younger and I miss my friends sometimes. I miss my Gran too who is in heaven now.I go to Balbriggan and stay with my grandad and visit her resting place. I sometimes get really upset when I think about her.

My Strengths

I am extremely sociable and like to help people. If you give me a message to deliver or an errand to run I will do it quickly and will return straight to class. I am approachable and I can be quite funny. I have excellent maths skills and I can count and organise money. I have started to buy things in shops and check my change. I am great at empathising with my fellow classmates and I try and help others when they get upset.

My Family

My Mum Sarah is a Doctor in Drogheda and My Dad works at a bank in Dublin. I love spending time at home with my family and when we go on holiday together. I find it difficult to be away from them for too long. I sometimes get anxious when I know I'm going to stay at respite care or with my Grandad. I have no brothers or sisters but I have two cousins, Mia and Shane that live on the same street as me. The three of us are very close and we go to the local youth club and play sports together. My Uncle Roy lives in England and I've been to see him twice. He brought me to see Liverpool.



My Family Photo

SAMPLE



My Likes Photo

My Likes

I like to be active and enjoy football, swimming and table tennis. I support Liverpool and I have been to Anfield with my Uncle Roy. I have two medals for table tennis that I won at the Special Olympics. I like flowers too because they remind me of my Gran's garden. If I'm not feeling well I like to relax with my favourite movie "Sing" and I like watching and dancing along with Katy Perry videos on **Youtube**

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My Dislikes

I don't like it when people are condescending towards me. I also don't like bullies and will stand up for anyone I see being abused. I prefer to eat foods that I have already tried so I can appear upset when offered something unfamiliar. I don't like Manchester United.

My Difficulties

I often find it difficult to concentrate. If a lesson or subject does not engage me I will make my own activity for myself. Sometimes, when I am bored, I might sing Katy Perry during class and this might distract other pupils around me. When I am trying to help my fellow students if they are upset I might not realise that they just need some space to calm down. Occasionally, I get very upset myself and become anxious especially when I am near a dog, when I don't understand something or when Manchester United Beat Liverpool.

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My Supports

I use a pencil grip like the one shown in the supports photo. Because I have a speech impediment, I use 'Talking tiles' to answer questions during class. I have an iPad I use to listen to music and watch movies.

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My Communication Skills

My communication skills are generally excellent and I will let you know if something is upsetting me. I do sometimes get frustrated with my speech impediment though, but I'm ok as long as people are patient with me. I use talking tiles to quickly answer questions during class circle time and I use my laptop to type written work if my fingers get tired from my pencil grip.



My Calming Measures

There is a Spotify Playlist I listen to on my iPad when I

am anxious or stressed. I can turn it on myself but sometimes I need someone to plug the headphones into the socket. I also like to watch my favourite movie 'Sing', whenever I am feeling down. I don't like being left on my own and tend to relax more quickly if there's someone with me.

My Other Info

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I have asthma and sometimes require a Ventolin inhaler I

keep in my Schoolbag. I do not require a spacer and can administer the medication myself.

EDIT PASSPORT

DELETE PASSPORT