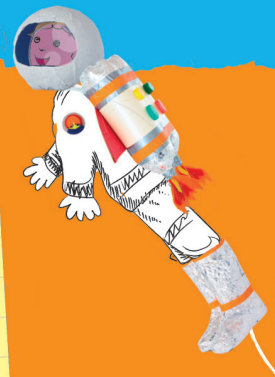




Space helmet

You will need:

- 1 cup craft glue
- 1 cup flour
- 1 cup water
- newspaper
- blown-up balloon
- cup
- scissors
- blue and white paint
- paintbrush



Astronauts wear space suits with helmets when they're in outer space. They wouldn't be able to survive the harsh conditions without them!

Helmets protect against the intense pressure of space. Real helmets are also linked to oxygen tanks so the astronaut can breathe.

1 Combine the glue, flour, and water. Dip strips of newspaper in the mix and cover the balloon with at least three layers.

2 Leave to dry. Once it's fully set, pop the balloon and remove it from the inside of the paper.

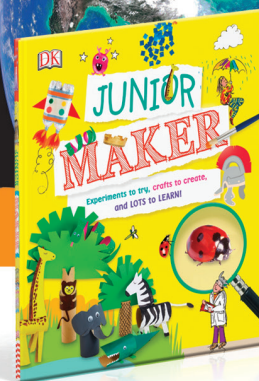
3 Trim the bottom of the shape to fit your head through. Paint the inside blue, and the outside white.

4 Ask an adult to cut a hole out of the front for your face.

Combine the helmet with your space patch, jetpack, and boots to complete your astronaut look!

To make boots, cover a pair of rain boots in aluminum foil and secure with tape.

Rain boots →



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