



HOW TO
make a
BETTER
WORLD

Activity Pack





Calling all future activists

Every one of us has the ability to make a real change. This pack is your first step towards creating a better world that is equally awesome for everyone. Have a go at following these tips and activities, and who knows where your mission to make a better world will lead.



What kids say about this book...

"I like it because it is about saving the planet"

Child, aged 7

"I rate it 5 stars because I like helping the world"

Child, aged 8

"I would recommend it to my family and the world"

Child, aged 8

"I really like the book because it is making the world a better place to live in"

Child, aged 9

"It is interesting and a great influence for others"

Child, aged 8

"It's fun, calm, funny, and nice"

Child, aged 8





How to be a great friend

Strong friendships help us through bad times, and make the good ones even better. Here's a guide to the many ways that friends can be there for each other.

Help friends feel



Send a handwritten note or just have a chat.

appreciated

Make people feel

It's nice to be part of a group, but check that no one's feeling left out or ganged up on. You'll make a bond with someone who will then be sure to look out for you, too.

included

Whether it's talking through a problem or just taking their mind off things by having fun, a good friend is there when times are tough.

Support and

listen to each other

Lend a hand

when you can

A tricky job takes far less time when it's shared. Then there's more time for playing.



Friendship

fallouts
Even the best of friends have times they don't get along perfectly. Use these tips to get your friendship back on track. You might find it becomes stronger than ever.

Talk it through.

Be forgiving and don't hold a grudge.

Be prepared to say sorry.

Try to understand why they, or you, have behaved the way you have.

Respect your friends' differences

Celebrate the things that make your friend unique and special, from their culture and heritage to their hobbies and interests.



Content from *How to Make A Better World*

Little community library

Setting up a small free library creates community spirit. People can stop by to pick up a book, drop off ones they'd like to donate, and share their favourites with the community.

Share the love

A book can take you on a magical adventure or teach you a useful skill. Not everyone has books at home, but everyone can borrow from the library.

Little libraries don't have to look like school libraries. You can decorate them however you want.



Content from *How to Make A Better World*

Shake it off

People might take a book and not put one back. Try not to worry – not everyone will understand your library project, but you're doing something great.

Free books

Put a clear sign somewhere on your library so people know they are allowed to take the books.

Spark a change

Little libraries show that someone in the neighbourhood is working to build a better community.

Put your library somewhere that people can easily find it. You want plenty of people to share the books.

You're in charge

People will enjoy using a well-cared-for library. Check for any leaks in the roof. If any books get damp and mouldy, recycle them and replace with new, fresh reading material.





Poster power

Well-worded flyers, brilliant banners, and punchy posters can be powerful tools in getting your message across. Use these top tips to create your own unique campaign materials.

Test out eye-catching slogans or try a simple play on words. This poster plays on the term "Plan B", meaning a backup alternative.

**THERE IS NO
PLANET B**

Banners

When there is a news story about a protest, it is often the banners that appear on the front pages of newspapers around the world.



Content from *How to Make A Better World*

Banner-making event!

Tuesday at 4pm

Town Hall

Everybody welcome

Posters

A poster is designed to be hung up somewhere it will be seen. It is used to tell people about an issue or a planned event, so it's important to ensure all the relevant details are on there, such as the time and place of your event.

Don't forget to check your spelling and grammar. You don't want your message to be noticed for the wrong reason!

Flyers

Smaller than a poster, a flyer is often handed out or sent through the post. Flyers take time to distribute, but they can help you reach large numbers of people.

Remember that the person reading the information might not know anything about the subject yet. Keep it simple.

PLASTIC PROTEST



**Park School gates
1 June, 6pm**

If you care about our planet and you're worried about the plastic clogging up the oceans, join our protest to demand an end to single-use plastic.