Favourite tote bag

If your favourite T-shirt is wearing out, turn it into a great tote bag! Carry it around in a pocket so you never have to use a plastic carrier bag again.

1. Cut the arms off your T-shirt to make the handles. Cut off a semicircle under the neck.

2. Turn the T-shirt inside out. Snip slits along the bottom, leaving long thin strips of fabric that you can tie into knots.

3. Work your way along the bottom tying the fabric strips into double knots. This will bring the sides of the T-shirt together.

4. Turn the T-shirt the right way round and enjoy your new bag!

Zero-waste shops are places where you can buy groceries without any packaging. Shoppers bring their own reusable bags and containers to cut down on waste.

Top Tip: Ensure you tie the knots extra tight, so your tote bag is strong and secure.