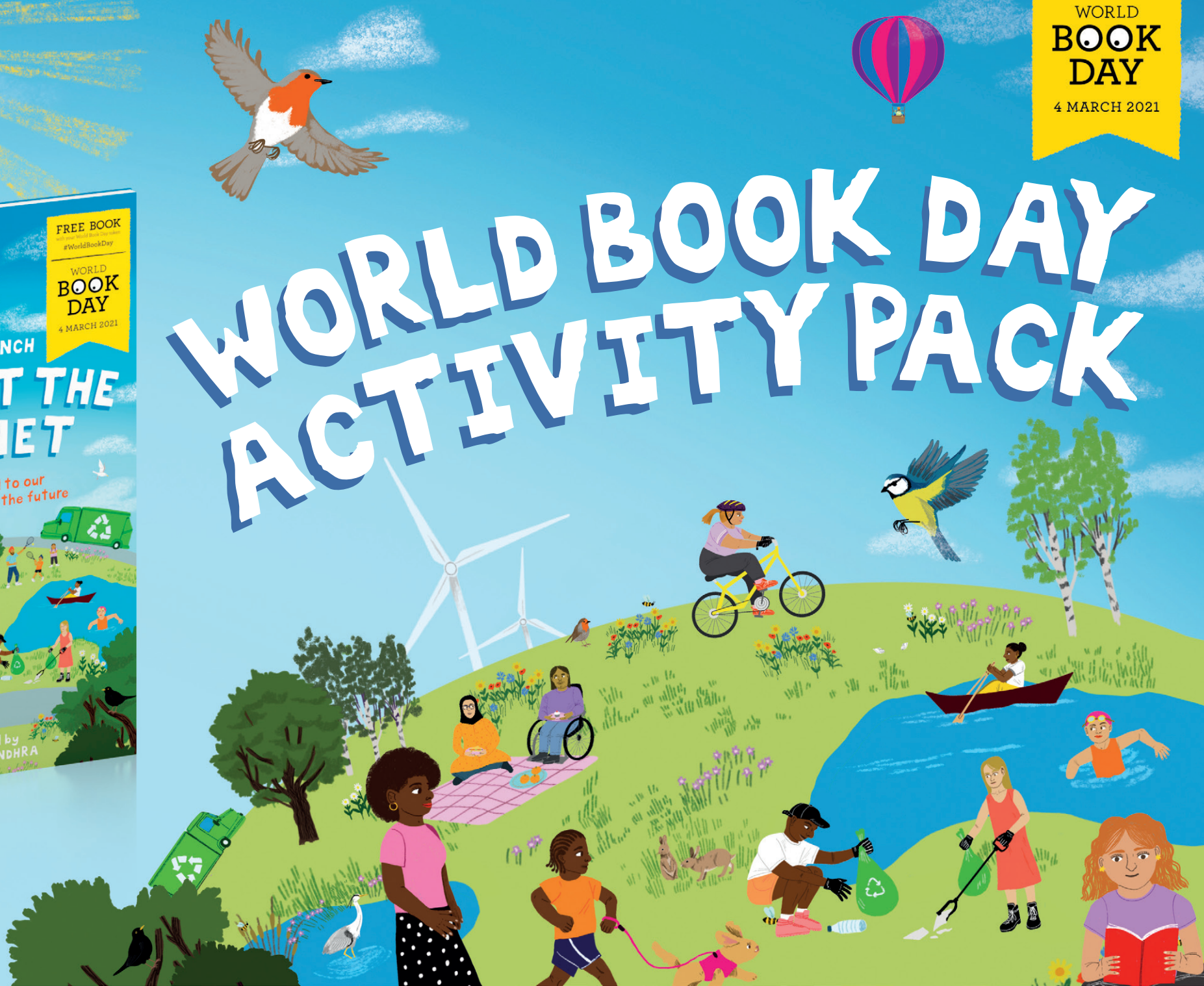




WORLD
BOOK DAY
4 MARCH 2021

WORLD BOOK DAY ACTIVITY PACK



IT'S TIME TO PROTECT THE PLANET!



You may only be small, but you are an incredible human too.

That means that YOU have the power to protect the planet! It is not too late to heal the Earth and make it a wonderful place to live for people, plants, and animals.

I hope my book *Protect the Planet!* and this activity pack will plant seeds of ideas, which you can cultivate and develop into a plan of action for saving the Earth.

So what are you waiting for? Off you go, Earth warriors, and good luck!

Jess French

is a nature lover who is passionate about protecting the environment. When she's not helping animals as a vet, she's busy writing books to tackle issues that affect them in the wild, such as plastic waste. Her TV work has included presenting the kids' show "Minibeast Adventure with Jess".



Quick Facts!

Reduce your carbon footprint

Your carbon footprint is the amount of greenhouse gases that your lifestyle produces. Do you think your footprint is big or small? Look online for a quiz that will calculate its size. Most of your footprint will probably come from transport, housing, and food.



Every penny counts

Buy from companies that make things in a way that is kind to people and the planet. Your money will help them to continue making their products responsibly.

Reuse paper

Paper is made from trees, so use it carefully. Write on both sides and fill all the blank spaces on each piece of paper before you throw it away, then recycle it when you are finished.

Turn off the tap while you brush your teeth.

Plant a Tree

If there are no trees in your local area, why not plant some? Pick a native species and do some research about what sort of conditions it likes before finding the perfect spot.



Spread the word

Take every opportunity to tell people about the issues facing our planet. Give an assembly at school, put up posters in your local area, and pester your grown-ups to make planet-friendly decisions.



Content from: *Protect the Planet!*
Suitable for 7-9 years Available now



Heal the Earth

Inside *Protect the Planet!* you can discover ideas for how to live in a way that is less damaging to the world around us. This includes changes in our day to day lives, as well as looking at how we treat the world around us.

In the space on the right, draw what you think an environmentally friendly city or town may look like.

If you are stuck for ideas, read the below points for inspiration.

Car-free cities

Many cities now have car-free centres where people can walk and cycle safely. This vastly improves the air quality and reduces the city's carbon footprint.

Energy-efficient buildings

Clever planning and building can help us to create houses, shops, and offices that take very little energy to run.

Green energy

Our fossil fuels will soon run out. We need to find different ways to power our cities, such as using energy from the sun or wind.

Avoiding waste

Using a library or buying secondhand items can help good quality items be used for years, and help to prevent unnecessary waste.



Content from: *Protect the Planet!*
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Write a planet-protecting pledge!

There are lots of things we can do to help the environment, animals, and other humans. This could be by reducing how much plastic and energy you use that helps cut down your carbon footprint, to simply being kind to others and looking after our parks and green spaces.

In the space on this page, write down some ideas you may have on what you can do and the changes you can make to help protect our planet!

I will help protect the planet by...

If thinking about the challenges facing our planet gets overwhelming, slow down and try these activities to help you unwind.

Get creative

Collect natural materials and embark on some nature-themed crafts. Or try sketching a landscape or painting an animal or plant.

Be quiet

Reading a book under a tree is very relaxing. Take a moment to sit, surrounded by nature, and do nothing.

Disconnect
Turn off your devices and connect with nature instead.



Content from: *Protect the Planet!*
Suitable for 7-9 years Available now



Protect your patch

How well do you know the creatures living in your patch? You may not realise it, but there are lots of animals living right under your nose. Here are some ways you can get to know them better and keep them safe.



Feed the birds!

Leave out food and water for birds, wherever you live.

Join in with a wildlife survey

Scientists need to count animals such as butterflies and beetles. You can help! Find a survey online.



Explore local wild spaces

Visit them at different times of year and see which new plants and animals you can spot.



Leave out a log pile

Create a messy pile of logs and fallen leaves to create a warm hibernation spot for hedgehogs, frogs, and insects.



Keep to the path

Be careful not to trample on animals' homes when walking through grassy areas.



Keep your dog on a lead. It can scare **birds** that are nesting.

Stand up for your patch!

If your local wild patch is threatened, campaign to protect it.



When you are next in your garden or on a walk see what wildlife you can spot. What will you do to keep them safe?

Content from: *Protect the Planet!*
Suitable for 7-9 years Available now

ARE YOU READY TO SAVE OUR PLANET?

Throughout this pack you would have discovered lots of amazing facts and ways we can help the environment, animals, and each other.

Using the previous pages or your copy of *Protect the Planet!* to help you, can you complete the sentences below?

If you get stuck, use the words in the box at the bottom of the page.

1. If we stop treating it badly and give it time and space to recover, it is not too late to _____ the Earth .
2. Your _____ is the amount of greenhouse gases that your lifestyle produces.
3. Turning off the tap whilst you brush your teeth will help to save _____.
4. If we don't take action, by _____ there will be 826 million tons of plastic in the world's oceans.
5. Once you are finished with a piece of paper you should _____ it, instead of throwing it away.

6. When fossil fuels run out, we will need to use different ways to power our cities, such as using _____ from the sun or wind.
7. Keeping to the path in grassy areas, taking part in a wildlife survey, and feeding the birds are all great ways to _____ animals near you.
8. Reading a book like *Protect the Planet!* under a tree is a great way to relax and be surrounded by _____.

energy 2050 water
nature heal protect
carbon footprint recycle



once you've completed this pack,
show it to an adult.

Have them sign and cut out
this certificate to make you a
Protect the Planet champion!



Discover more in: *Protect the Planet!*
Suitable for 7-9 years Available now

PROTECT THE PLANET! CHAMPION

This certificate is
presented to

for learning how to
Protect the Planet!



Signed: _____



Learn how to protect our planet - one book at a time!

From author, vet, nature enthusiast and TV presenter

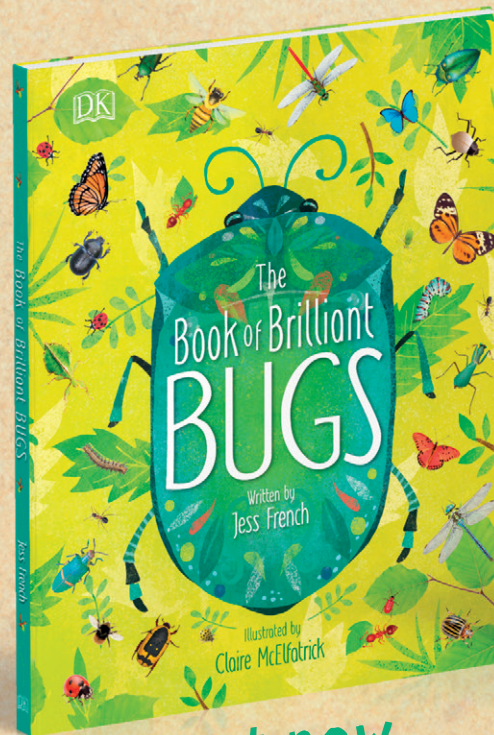
Jess French!



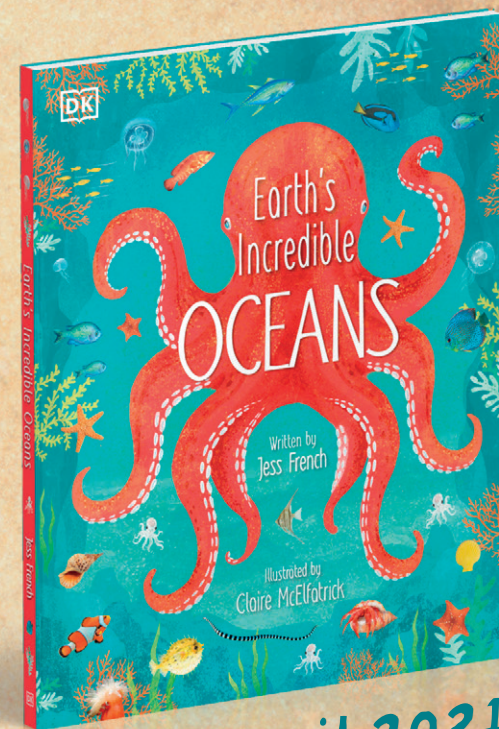
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