

Journey stick

A journey stick is a memento of your outdoor adventures. Make one by collecting things like flowers and leaves, and tying them to a stick. Then you can use your special stick to tell people the tales of your adventures.

You will need:

- natural items found on the ground
- string or sticky tape
- long stick

You can add shells, feathers, stones, or whatever you want to your stick.

Use your journey stick to share the **stories of your adventures**, explaining the secrets behind each item you've kept. The Indigenous Peoples of North America and Australia have used sticks in similar ways for many years.

The longer the stick, the more treasures you can tie to it!

Adventure skills

- 1 Every time you go out on a journey, pick up a natural object to remind you of your trip. It could be the shell you used to decorate a sandcastle, or a leaf from a tree you climbed.
- 2 Use string or sticky tape to attach your treasure to a stick.

My stick may be small, but I've been on BIG adventures.

Space out your mementos along the stick.



What does each object remind you of?

Be mindful of what your child collects. Make sure they only choose things that are loose on the ground.

Content from: *The Nature Adventure Book*
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