

# Outdoor Discovery Starter Pack



# Nature hunt

The natural world is a treasure trove of things to discover. Go on a hunt to find out what you can spot. Make a list of things you'd like to see, or take inspiration from these lists, then check the items off when you find them.

You will need:

- pen or pencil
- paper

Nature detective

While on your nature hunt, pay close attention to the way that things around you look and feel. What describing words would you use for them?



Find things that are...

- colorful
- shiny
- smooth
- rough
- pointy
- soft
- pretty
- prickly



Try sketching some of the interesting things you find.



I bet you can't find me!



I spy a...

<input type="checkbox"/>  spiderweb	<input type="checkbox"/>  tree	<input type="checkbox"/>  butterfly
<input type="checkbox"/>  cloud	<input type="checkbox"/>  flower	<input type="checkbox"/>  ant
<input type="checkbox"/>  feather	<input type="checkbox"/>  stick	<input type="checkbox"/>  rock
<input type="checkbox"/>  bird	<input type="checkbox"/>  pine cone	<input type="checkbox"/>  set of paw prints



For the curious

Content taken from *The Nature Adventure Book*



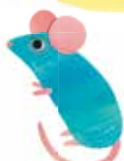
# Leaf creatures

You can create so many things from leaves, sticks, and other natural materials. Explore outside and see what you can collect. Then bring the pieces back to life by arranging them into funny creatures.

Wild art



Do you like my seed legs?



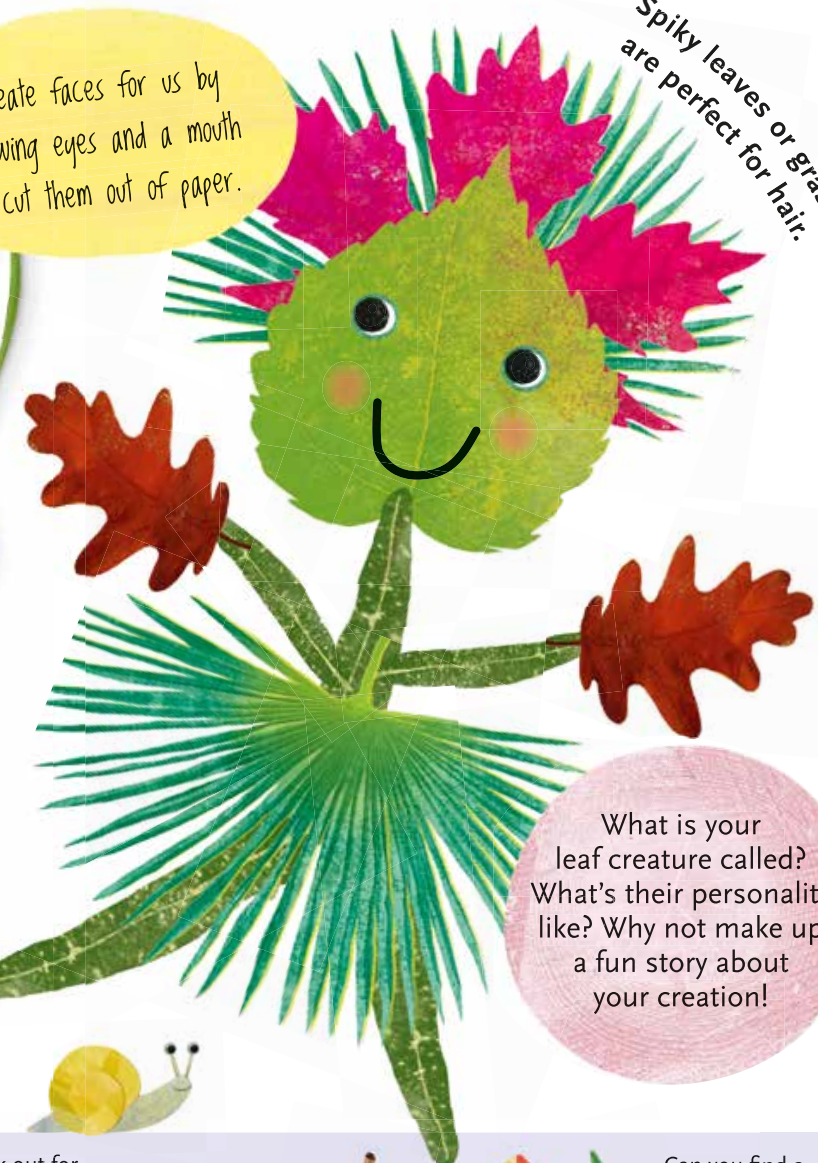
  
Try to collect a variety of outdoor objects—but watch over your child to make sure they avoid poisonous plants or anything that is still living.



Create faces for us by drawing eyes and a mouth or cut them out of paper.

Spiky leaves or grass are perfect for hair.

Straight twigs work well for legs.



What is your leaf creature called? What's their personality like? Why not make up a fun story about your creation!

## Colors and shapes

Choose interesting shapes and colors for the body parts. A curved branch could be the body of a snake, or a piece of green moss might make a cool hairstyle.

What words can you use to describe this leaf?



The natural world is full of color! It will make your creature stand out.



Look out for symmetrical leaves for the head.



Can you find a long leaf for the body or legs?



# Say hello to a tree



Get in touch with your senses as you lead a friend on a journey to meet a tree. This is a great game to play with a partner when you're in the woods or at a park.

## You will need:

- scarf or piece of material
- partner

Sensory games

**1** Wrap a scarf around your partner's head like a blindfold, or ask them to close their eyes.

starting point



What sounds can you hear?

**2** Carefully guide your friend toward a tree. Ask lots of questions along the way, encouraging them to be aware of their senses and surroundings.

**3** Lead your partner at a slow and steady pace, helping them to avoid obstacles.

How big does the tree seem?

**4** Once you've reached the tree, help your partner to explore it.

Thinking about how things feel, smell, and sound can help you feel more connected to your surroundings.

What does the bark feel like?



Can you wrap your arms around the tree?

**5** Guide your partner back to the start. Remove the blindfold or ask them to open their eyes. Can they find their tree again? Then, it's time to swap roles!

Hi there, tree!



For the curious

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