

HOW TO
make a
BETTER
WORLD

Activity Pack





Calling all future activists

Every one of us has the ability to make a real change. This pack is your first step towards creating a betterworld that is equally awesome for everyone. Try following these tips and activities, and who knows where your mission to make a better world will lead.



What
kids say
about this
book...

"I like it because
it is about saving
the planet"

Child, aged 7

"It's fun,
calm, funny,
and nice"

Child, aged 8

"I rate it 5 stars
because I like
helping the
world"

Child, aged 8

"I would
recommend
it to my family
and the world"

Child, aged 8

"I really like the
book because it
is making the
world a better
place to live in"

Child, aged 9

"It is
interesting
and a great
influence for
others"

Child, aged 8



How to be a great friend

Strong friendships help us through the bad times and make the good ones even better. Here's a guide to the many ways that friends can be there for each other.



Content from
How to Make A Better World

Help friends feel

appreciated



Take time to say thank you. Send a handwritten note, give a call, or say thanks in person.

Make people feel

included

It's nice to be part of a group, but check that no one's feeling left out or ganged up on. You'll make a bond with someone who will then be sure to look out for you, too.



Respect

your friends' differences

Celebrate the things that make your friends unique and special, from their culture and heritage to their hobbies and interests.



Whether it's talking through a problem or just taking someone's mind off difficulties by having fun, good friends are there when times are tough.

Support and

listen to each other

Lend a hand

A tricky job takes far less time when it's shared. Then there's more time for playing.



when you can



Friendship

fallouts
Even the best of friends have times they don't get along perfectly. If that happens, use these tips to get your friendship back on track. You might find it becomes stronger than ever.

Discuss your feelings with a grown-up for a different view.

Talk it through.

Be **forgiving** and don't hold a grudge.



Be prepared to say **sorry**.

Try to **understand** why they, or you, have behaved in a certain way.





Poster power

Well-worded flyers, brilliant banners, and punchy posters can be powerful tools in getting your message across. Use these top tips to create your own unique campaign materials.

Test out eye-catching slogans or try a simple play on words. This poster plays on the term "Plan B", meaning a backup alternative.

**THERE IS NO
PLANET B**

Banners

When there is a news story about a protest, it is often the banners that appear on the front pages of newspapers around the world.



Content from
How to Make A Better World

Banner-making event!

Tuesday at 4pm

Town Hall

Everybody welcome

Remember that the person reading the information might not know anything about the subject yet. Keep it simple.

PLASTIC protest



**Park School gates
1 June, 6pm**

If you care about our planet and you're worried about the plastic clogging up the oceans, join our protest to demand an end to single-use plastic.

Posters

A poster is designed to be hung up somewhere it will be seen. It is used to tell people about an issue or a planned event, so it's important to ensure all the relevant details are on there, such as the time and place of your event.

Don't forget to check your spelling and grammar. You don't want your message to be noticed for the wrong reason!

Flyers

Smaller than a poster, a flyer is often handed out or sent through the post. Flyers take time to distribute, but they can help you reach large numbers of people.