



Flower pressing for beginners!

Learn how to press your own flowers and use them to craft wonderful presents for your friends - or secret riddles!

BOOK PRESS

Materials needed:

- Large and heavy books
- Parchment or absorbent paper
- Fresh flowers

Steps:

- 1 Sandwich your flowers between two sheets of parchment or absorbent paper.
- 2 Place them in the middle of a book the bigger the better! Close book and set a heavy object on top.
- 3 Wait 2-4 weeks for the flowers to dry completely.

IRON

Materials needed:

- An iron
- Parchment or absorbent paper
- Fresh flowers

Steps:

- 1 Sandwich your flowers between two sheets of parchment or absorbent paper.
- 2 Ask an adult for help for this step! Turn the steaming function off and set the iron to low heat. Iron the flowers by pressing down evenly for 15-30 seconds.
- 3 Let the flowers cool down before repeating step 2 until they are nice and flat.

