

BLANK ZEN DOODLE CONTOURS



A great way to start doodling is to download and print any of these 18 helpful doodle contours that give you the framework for trying out some tangles. They're pale for easy tracing, and for creating tangles over them in ink, and they won't interfere with your final work. Several are the main shapes used for the step-by-step doodles presented in *Idiot's Guides: Zen Doodling*, while some are new to inspire your own doodle creations.



































