



**How much cash will
you save if you
stop smoking?**

quit.org.au



 **Quitline 13 7848**

Quit for cash

You could have
an extra:

\$230
a week



New clothes



Looking after
your pets



Groceries for the
household

\$990
a month



New sport
or hobby



A weekend away



A tablet or
smartphone

\$12,000
a year



A second-hand car



Enrol in a course



Rent or mortgage

Based on the cost of smoking 15 cigarettes per day.