

Did you know your oral health professional can help you quit smoking?



 **Quitline 13 7848**
quit.org.au



Your oral health professional can:

- ✓ **Help you understand** how smoking affects your mouth
- ✓ **Help you access cheaper quitting medications** and products
- ✓ **Refer you to a specialist quitting service** such as Quitline

Talk to your oral health professional about your options today, or give  Quitline 13 7848 a call for a free, confidential chat.