



→ Hospital and health services

Brief Advice Model: Ask, Advise, Help

Brief advice is a simple, fast and effective way to promote cessation and connect clients with best practice treatment – a combination of pharmacotherapy and multi-session behavioural intervention.



brief advice



pharmacotherapy



multi-session
behavioural
intervention
(Quitline)

- Even patients who decline an initial offer of cessation support should be offered NRT and Quitline referral throughout their hospital stay
- Stopping smoking may impact some medications and dosages may need to be adjusted



quit.org.au/referral

