

Co-interventions in Plymouth

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Plymouth Place Work

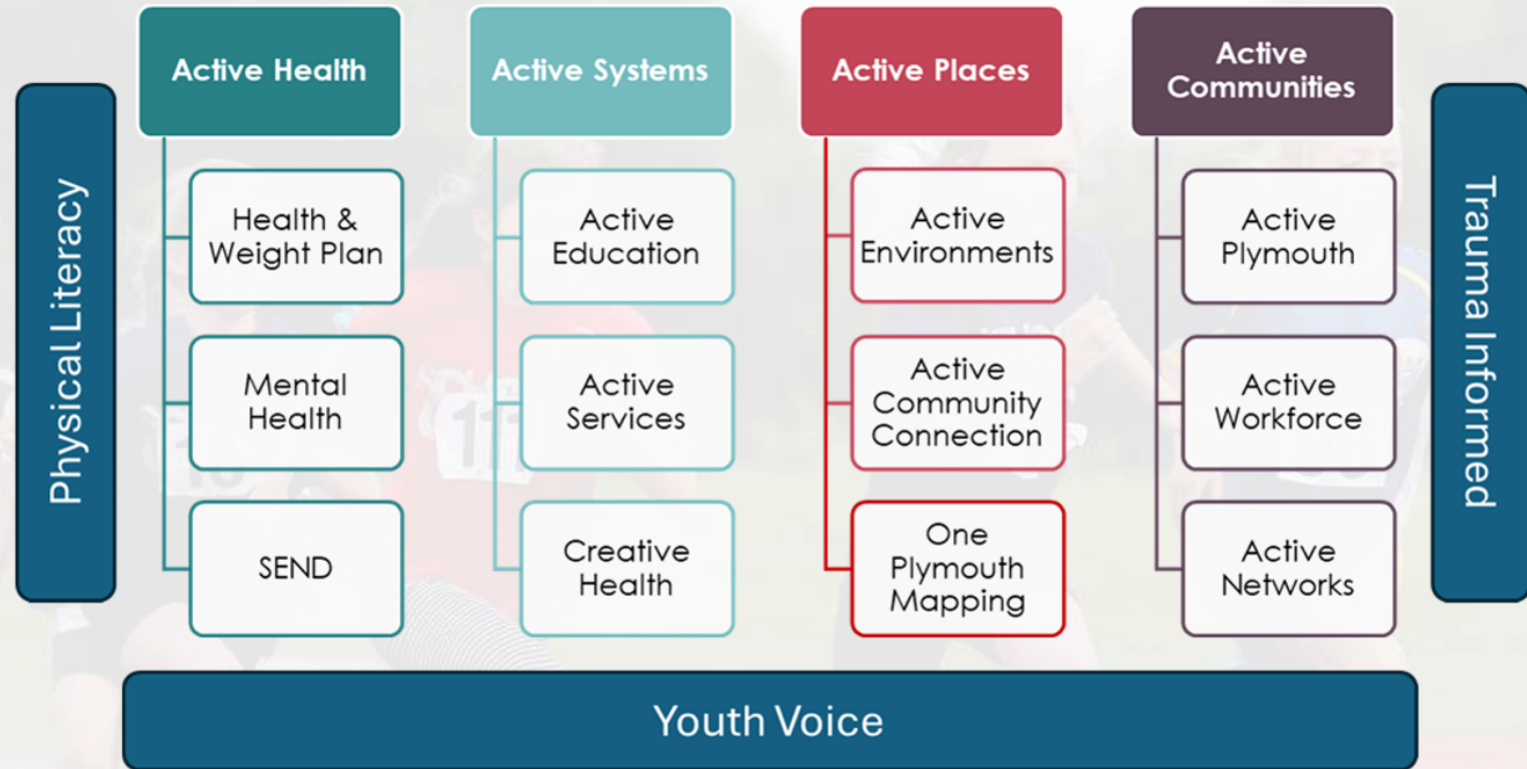
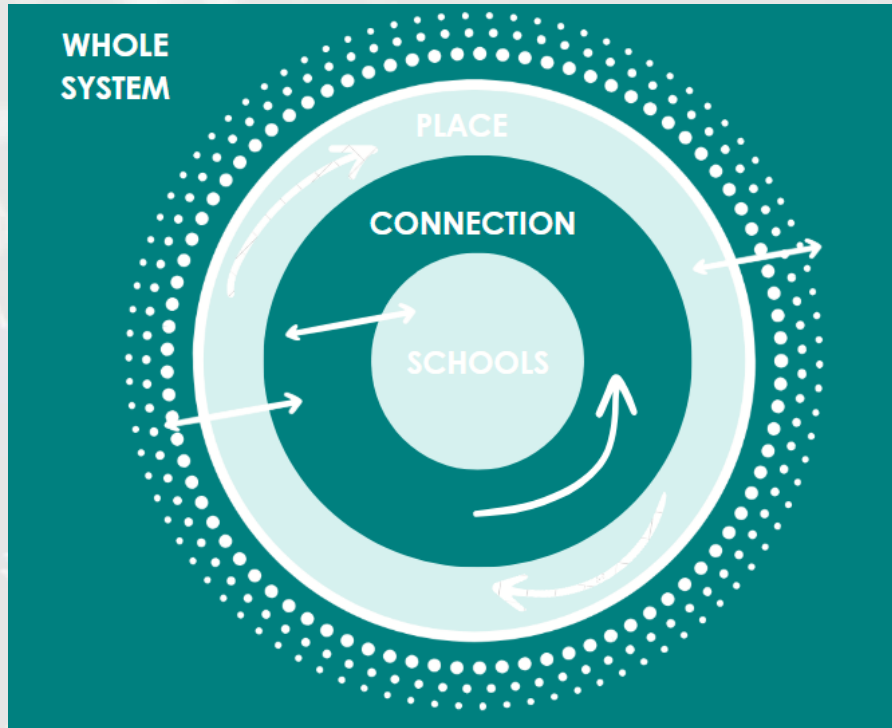
The Plymouth place work emerged from an Appreciative Inquiry in 2019 which identified Children and Young People as a priority audience.

The work focused on working with Children and Young People who had experienced Trauma and/or those with Special Educational Needs within educational settings and the community. The aim of the work was to increase resilience levels in CYP by using physical activity.

The Appreciative Inquiry work led to two strands of work, the Plymouth Pathfinder funded by Sport England which focused on supporting vulnerable young people into physical activity and a second strand, a City-wide approach to tackling inactivity called 'Active to Thrive co-led by Public Health, PCC and Active Devon.

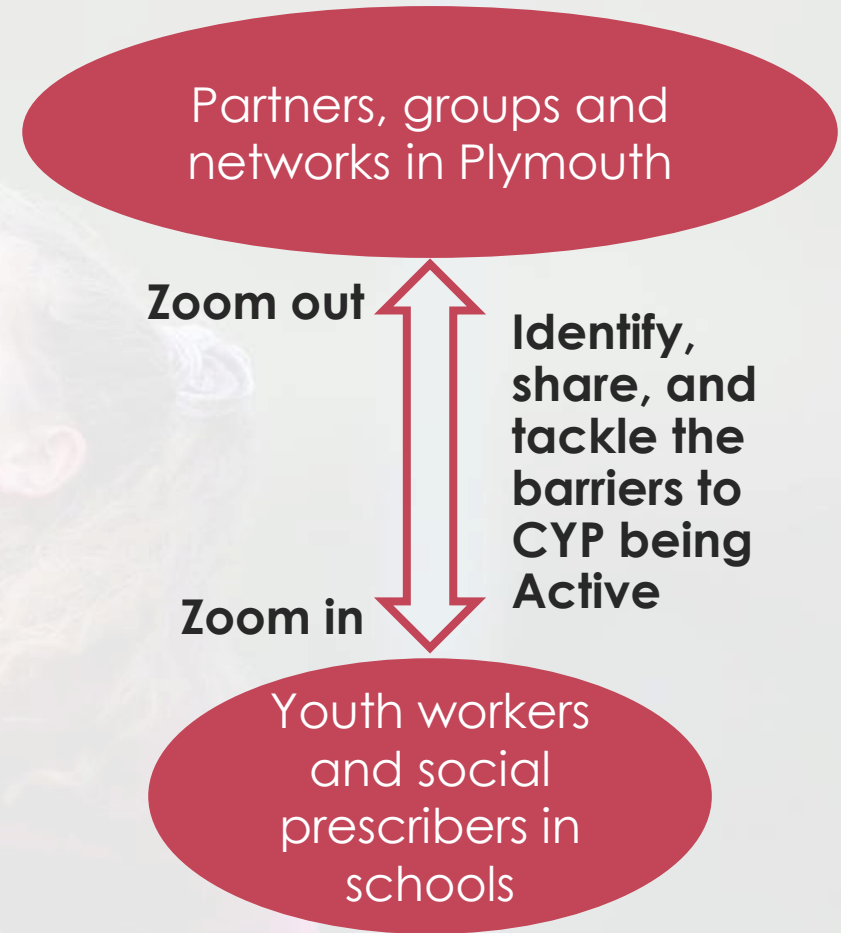
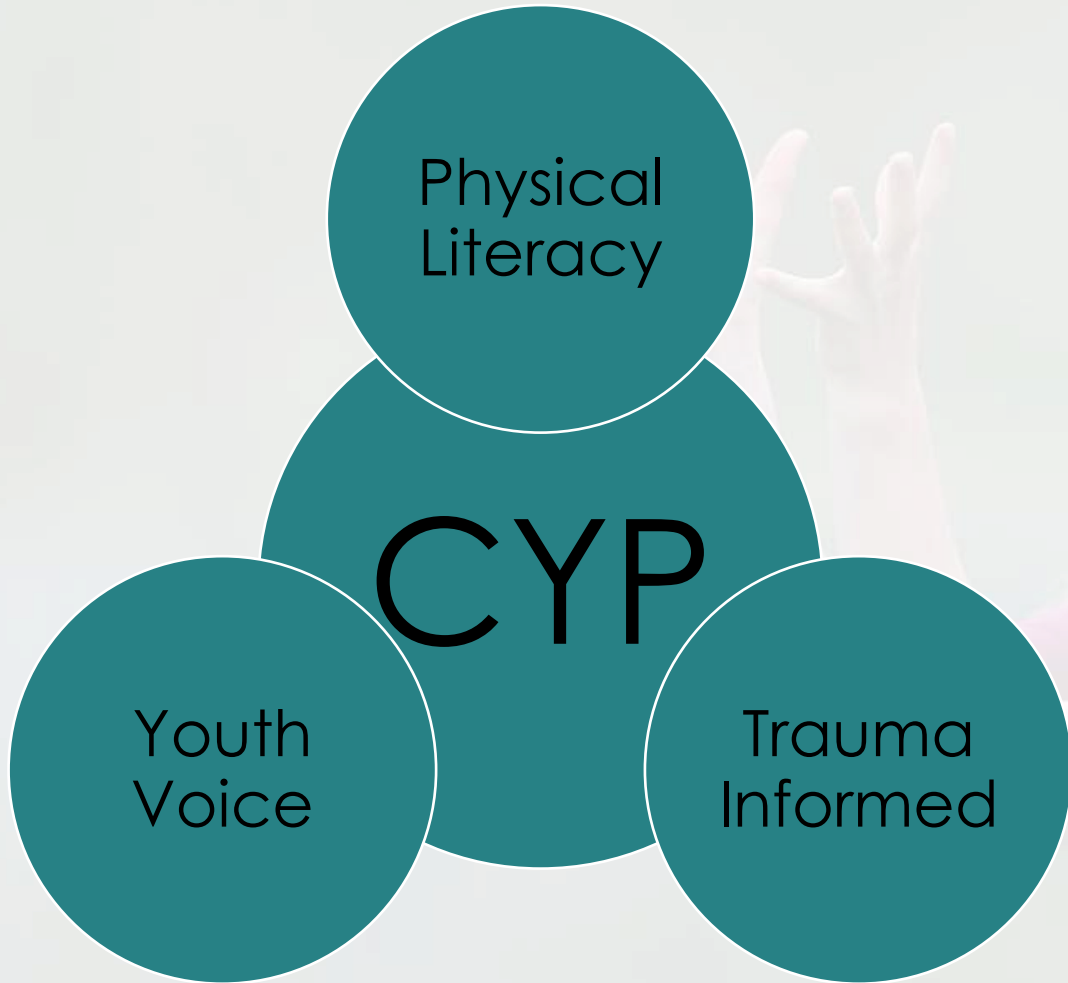


Plymouth Pathfinder Plymouth Place Partnership



Children and Young People's Social Prescription was identified as a key opportunity for the Plymouth Pathfinder and the Public Health team.

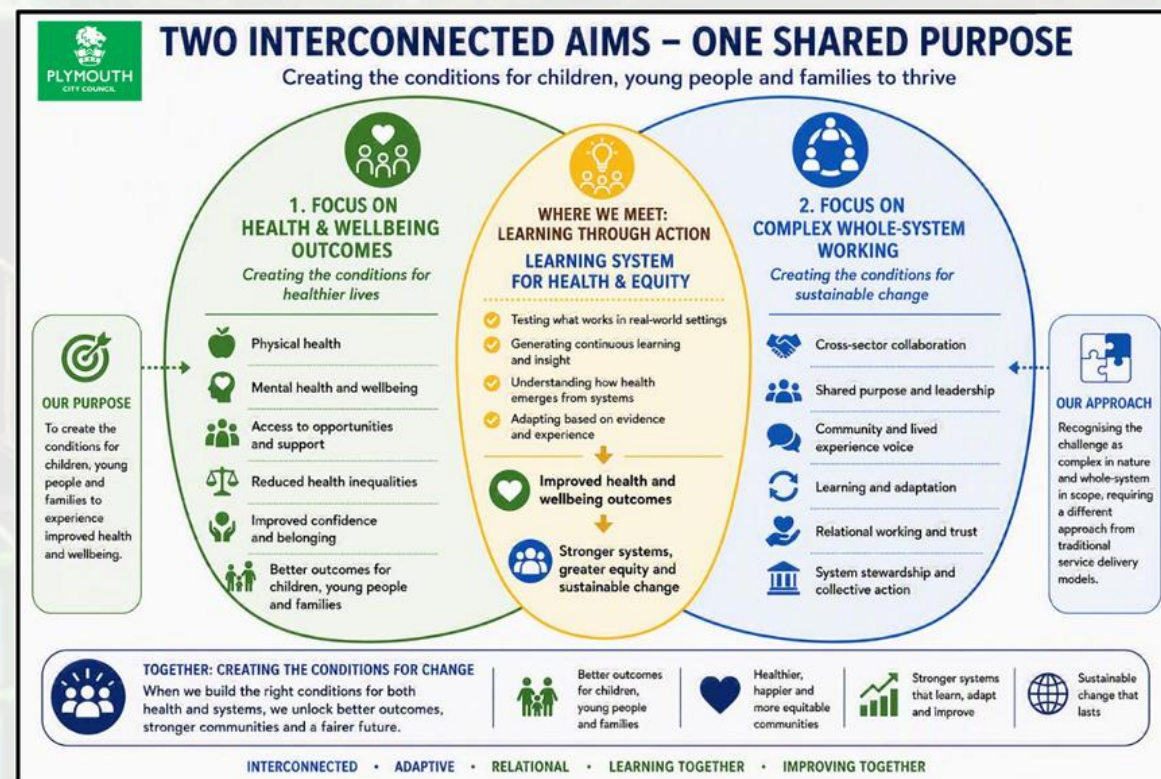
Plymouth Place Partnership



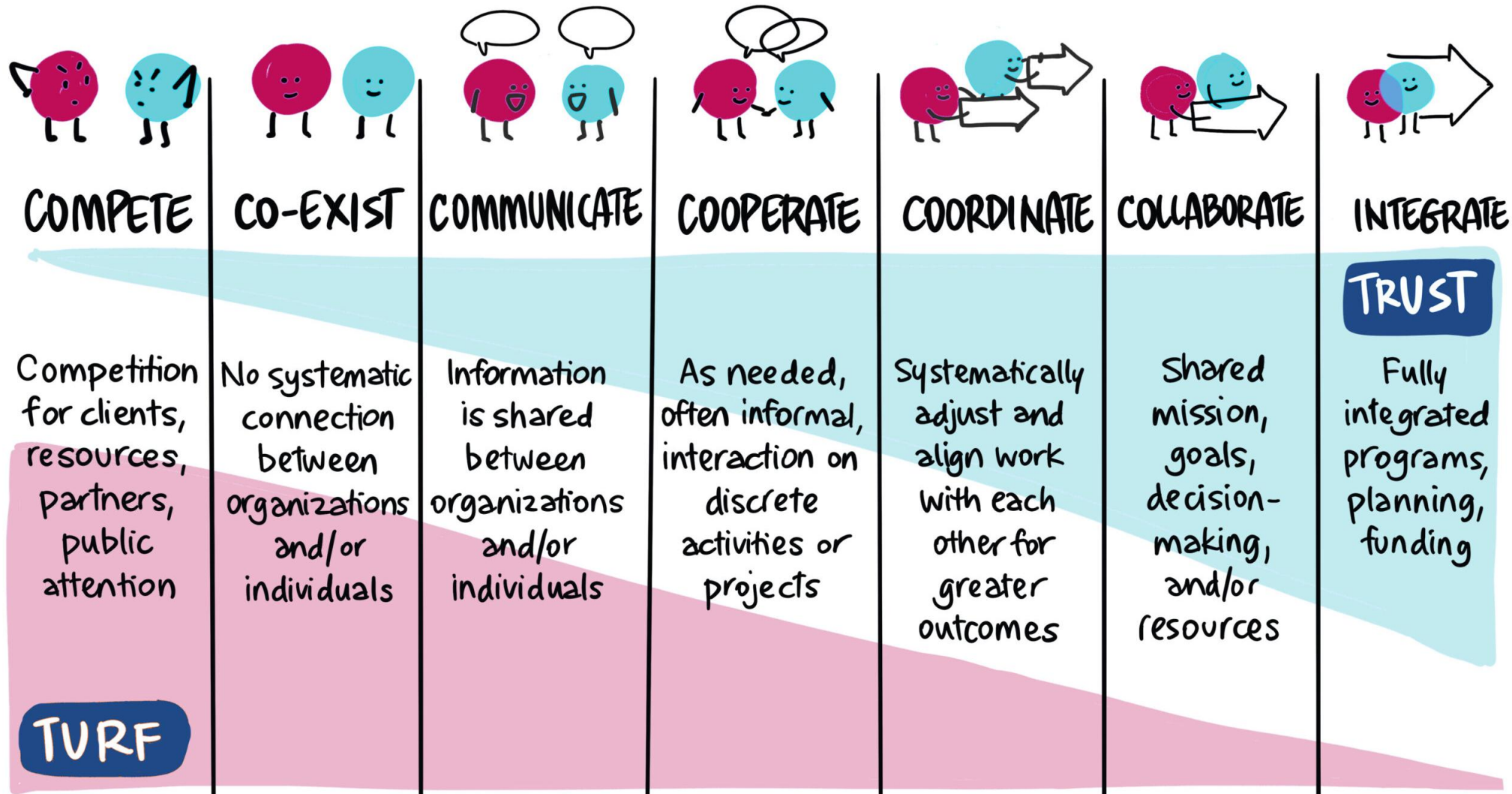
Thrive Learn Care - A Compassionate Approach to CYP Health and Weight

Plymouth is building and testing a compassionate, whole-system approach to improving children and young people's health and wellbeing, triggered through a response to addressing harm associated with underweight or excess weight.

Rather than focusing on individual behaviour change or isolated services, the approach seeks to create the conditions that enable health to flourish, is compassionate and addresses inequalities.



THE COLLABORATION SPECTRUM



Joint procurement of CYP Social Prescribing Pilot.

Joint planning meetings.

Shared learning spaces.
'Enhanced offer meetings and CYP Community of Practice'.

System leadership
'allies' in the system.

'Reciprocity' and
'collaborative advantage'...

Adapted from Weaver, Tamarack Institute

Riverside Primary School



POWER OF COLLOBARORATION



- Food Co-operative
- World Book Day support
- Reading support for birth – 5
- Dental support
- Green space/blue space bid
- Family Hubs
- Support for our Wellbeing Week
- Community Bike fleet
- Parent maths group
- Celebrity chef workshops
- Community police assemblies and workshops
- Fit & Fed Holiday club

Other Examples

Plymouth Octopus Project

Has been working to empower communities through funding and collective sensemaking

Supporting with our evaluation

Trauma Informed Plymouth Network

Network of 1.5k+ professionals who are seeking to make Plymouth a trauma informed city

We now support and co-lead two 'branches' of the network

Helping us and partners to develop inclusive practice

Next Gen Narratives

Group of young people who created a video about what it is really like to live in Plymouth

Providing us with one element of our youth voice

National Marine Park

Seeking to make Plymouth's blue spaces more accessible for communities

Jointly working on Walking and Blue Health networks



Thank you!