

## NUTRITIONAL INFORMATION

DOLE PINEAPPLE (JUICE PACK)	Case Code	Serving Size 1/2 Cup	Calories	Total Fat	Sat. Fat	Sodium	Potassium	Carbohydrate	Fiber	Sugars	Protein	Vit. A*	Vit. C*	Iron*	Calcium*
Fancy Slices in Juice	100-38900-01143-4	114g	60	0g	0g	0mg	140mg	15g	1g	14g	<1g	-	25%	-	0%
Fancy Chunks in Juice	100-38900-01473-2	122g	70	0g	0g	0mg	150mg	16g	1g	15g	<1g	-	25%	2%	0%
Fancy Tidbits in Juice	100-38900-01513-5	122g	70	0g	0g	0mg	150mg	16g	1g	15g	<1g	-	20%	2%	0%
<b>INGREDIENTS:</b> Pineapple, Pineapple Juice, Clarified Pineapple Juice from Concentrate (Water, Clarified Pineapple Juice Concentrate) and Citric Acid.															
Fancy Crushed in Juice	100-38900-01613-2	122g	70	0g	0g	0mg	150mg	18g	1g	16g	1g	-	20%	2%	0%
<b>INGREDIENTS:</b> Pineapple, Pineapple Juice, and Citric Acid.															
Choice Slices in Juice 66	100-38900-00253-5	114g	60	0g	0g	10mg	105mg	14g	1g	12g	0g	-	25%	2%	0%
Fancy Chunks in Juice	100-38900-00468-9	122g	60	0g	0g	0mg	115mg	15g	1g	13g	0g	-	25%	2%	0%
<b>INGREDIENTS:</b> Pineapple, Pineapple Juice, Water, Clarified Pineapple Juice Concentrate															
Choice Tidbits in Juice	100-38900-00553-2	122g	60	0g	0g	0mg	140mg	16g	1g	15g	<1g	-	30%	2%	0%
<b>INGREDIENTS:</b> Pineapple, Pineapple Juice, Clarified Pineapple Juice from Concentrate (Water, Clarified Pineapple Juice Concentrate).															
Fine Cut Crushed in Juice	100-38900-00715-4	122g	70	0g	0g	10mg	130mg	17g	1g	15g	<1g	-	20%	2%	0%
Coarse Cut Crushed in Juice	100-38900-00765-9	122g	70	0g	0g	10mg	130mg	17g	1g	15g	<1g	-	20%	2%	0%
<b>INGREDIENTS:</b> Pineapple and Pineapple Juice.															
Aseptic Fine Cut Crushed in Juice	100-38900-80716-7	100g	61	0g	0g	1mg	115mg	14g	1g	13g	<1g	-	60%	-	0%
Aseptic Coarse Cut Crushed in Juice	100-38900-80766-2	100g	61	0g	0g	1mg	115mg	14g	1g	13g	<1g	-	60%	-	0%
<b>INGREDIENTS:</b> Pineapple and Pineapple Juice.															
<b>DOLE PINEAPPLE (SYRUP PACK)</b>															
Fancy Slices in Heavy Syrup	100-38900-01102-1	117g	100	0g	0g	0mg	90mg	25g	1g	23g	0g	-	20%	2%	0%
Fancy Chunks in Heavy Syrup	100-38900-01462-6	123g	110	0g	0g	0mg	95mg	26g	1g	25g	0g	-	20%	-	0%
Fancy Crushed in Heavy Syrup	100-38900-11602-3	123g	110	0g	0g	0mg	125mg	26g	1g	25g	1g	-	20%	2%	0%
Pineapple Pizza Tidbits in Light Syrup	100-38900-77307-7	122g	90	0g	0g	0mg	110mg	21g	1g	20g	<1g	-	20%	0%	0%
Choice Slices in Heavy Syrup 66	100-38900-00235-7	117g	90	0g	0g	10mg	95mg	23g	1g	21g	0g	-	20%	2%	0%
Thin Slices in Light Syrup 90	100-38900-00270-8	114g	70	0g	0g	10mg	80mg	18g	1g	17g	0g	-	20%	2%	0%
Fancy Chunks in Heavy Syrup	100-38900-00465-8	123g	90	0g	0g	10mg	100mg	24g	1g	22g	<1g	-	20%	2%	0%
Choice Tidbits in Light Syrup	100-38900-00552-1	122g	90	0g	0g	0mg	100mg	21g	1g	25g	<1g	-	20%	0%	0%
Fancy Tidbits in Heavy Syrup	100-38900-00535-8	123g	110	0g	0g	0mg	100mg	26g	1g	25g	<1g	-	20%	0%	0%
Choice Cubes in Light Syrup	100-38900-00595-8	122g	90	0g	0g	0mg	110mg	21g	1g	20g	<1g	-	20%	0%	0%
<b>INGREDIENTS:</b> Pineapple, Water, Sugar, and Citric Acid.															
Fancy Cubes in Extra Heavy Syrup (32° B)	100-38900-00453-1	123g	170	0g	0g	10mg	100mg	41g	1g	39g	0g	-	30%	0%	0%
Fancy Coarse Cut Crushed in Extra Heavy Syrup (32° B)	100-38900-00625-6	123g	160	0g	0g	10mg	80mg	40g	1g	39g	0g	-	15%	2%	0%
<b>INGREDIENTS:</b> Pineapple, Sugar, Water, and Citric Acid.															
<b>DOLE TROPICAL FRUIT SALAD</b>															
In Light Syrup and Passion Fruit Juice	100-38900-09082-8	123g	90	0g	0g	0mg	190mg	22g	2g	20g	<1g	8%	60%	0%	0%
<b>INGREDIENTS:</b> Pineapple, Papaya (Red and Yellow), Water, Guava, Sugar, Passion Fruit Juice from Concentrate (Water, Passion Fruit Juice Concentrate), and Citric Acid.															
In Juice	100-38900-09060-6	123g	70	0g	0g	0mg	230mg	24g	2g	15g	<1g	8%	60%	0%	2%
<b>INGREDIENTS:</b> Pineapple, Papaya (Red and Yellow), Pineapple Juice, Guava, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), and Citric Acid.															
<b>DOLE MANDARIN ORANGES</b>															
Segments in Juice	100-38900-04222-3	123g	90	0g	0g	5mg	115mg	21g	1g	20g	<1g	8%	20%	0%	4%
<b>INGREDIENTS:</b> Mandarin Oranges, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Lemon Juice from Concentrate (Water, Lemon Juice Concentrate), and Citric Acid.															
Segments in Light Syrup	100-38900-14215-2	123g	80	0g	0g	0mg	115mg	21g	1g	20g	<1g	6%	10%	0%	2%
Segments in Light Syrup	100-38900-04218-6	123g	80	0g	0g	0mg	110mg	21g	1g	20g	<1g	6%	10%	0%	2%
<b>INGREDIENTS:</b> Mandarin Oranges, Water, Sugar, and Citric Acid.															
<b>DOLE POUCH PACK PRODUCTS</b>															
Tropical Gold® Pineapple Premium Cut In Extra Light Syrup	100-38900-01442-1	123g	80	0g	0g	0mg	140mg	19g	1g	15g	0g	0%	50%	0%	0%
<b>INGREDIENTS:</b> Pineapple, Water, Sugar, Citric Acid, and Ascorbic Acid (to Promote Color Retention).															
Pineapple Tidbits in Light Syrup	100-38900-00567-9	123g	90	0g	0g	0mg	120mg	21g	1g	20g	<1g	0%	40%	0%	0%
<b>INGREDIENTS:</b> Pineapple Tidbits, Water, Sugar, Citric Acid, and Ascorbic Acid (to Promote Color Retention).															
Tropical Fruit Salad in Light Syrup	100-38900-09097-2	122g	70	0g	0g	0mg	230mg	17g	2g	15g	<1g	15%	50%	2%	2%
<b>INGREDIENTS:</b> Pineapple, Papaya, Pineapple Juice, White Grape Juice from Concentrate (Water, White Grape Juice Concentrate), Ascorbic Acid (to Promote Color Retention), and Citric Acid.															

\*Percent Daily Values are based on a 2,000-calorie diet.



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## SPECIFICATIONS

Pack-Size	Total oz.	Drained Wt. (fruit)	Case Dimensions Length x Width x Height	Case Weight (lbs.)	Case Cube (ft.)	Cases Per Pallet
1220oz.	20	10 slices	13,750 x 10,250 x 4.625"	18	0.377	126
1220oz.	20	12oz.	13,750 x 10,250 x 4.625"	18	0.377	126
1220oz.	20	12oz.	13,750 x 10,250 x 4.625"	18	0.377	126
1220oz.	20	12.6oz.	13,750 x 10,250 x 4.625"	18	0.377	126
6/10#	107	66 slices	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	106	4lb. 2oz.	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	106	4lb. 2oz.	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	107	5lb. 8oz.	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	107	5lb. 8oz.	18,500 x 12,500 x 7.000"	46	0.937	48
50lb.	-	-	13,000 x 19,000 x 7.000"	54	1.000	42
50lb.	-	-	13,000 x 19,000 x 7.000"	54	1.000	42
1220oz.	20	10 slices	13,750 x 10,250 x 4.625"	18	0.377	126
1220oz.	20	12oz.	13,750 x 10,250 x 4.625"	18	0.377	126
1220oz.	20	12.6oz.	13,750 x 10,250 x 4.625"	18	0.377	126
1229oz.	29	1lb. 3oz.	16,000 x 12,190 x 4.750"	26.5	0.536	80
6/10#	108	66 slices	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	107	90 slices	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	108	4lb. 2oz.	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	106	4lb. 4oz.	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	108	4lb. 7oz.	18,500 x 12,500 x 7.000"	48	0.937	48
6/10#	106	4lb. 2oz.	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	112	4lb. 2oz.	18,500 x 12,500 x 7.000"	48	0.937	48
6/10#	112	5lb. 12oz.	18,500 x 12,500 x 7.000"	46	0.937	48
6/10#	106	4lb. 1oz.	18,500 x 12,500 x 7.000"	46	0.940	48
6/10#	106	4lb. 1oz.	18,500 x 12,500 x 7.000"	46	0.940	48
6/10#	106	3lb. 12oz.	18,500 x 12,500 x 7.000"	45	0.937	48
1215oz.	15	8.4oz.	11,575 x 8,738 x 4.118"	14	0.241	144
6/10#	106	3lb. 12oz.	18,500 x 12,500 x 7.000"	45	0.937	48
6/81oz.	81	6 cups	18,385 x 13,250 x 7.716"	34.0	1.088	35
6/81oz.	81	3lb. 9oz.	18,385 x 13,250 x 7.716"	34.0	1.088	35
6/81oz.	81	6 cups	18,385 x 13,250 x 7.716"	34.0	1.088	35

Consistent  
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Available in a  
VARIETY OF FRUITS, CUTS  
and PACKING MEDIUMS

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- PRE-CUT FOR LABOR SAVING CONVENIENCE
- SHELF STABLE, NO REFRIGERATION REQUIRED BEFORE OPENING
- EASY TO OPEN PACKAGING, MARKED WITH "BEST BY" DATE
- STACKABLE TO OPTIMIZE STORAGE SPACE
- NO CAN OPENER, SCISSORS OR KNIVES REQUIRED

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PINEAPPLE

TROPICAL  
FRUIT SALAD

PINEAPPLE  
TIDBITS

Pineapple Salsa Chicken



Sweet Balsamic Fruit Salad



Tropical Cheesecake Pizza



Spicy Southern Shrimp Kabob



Classic Mandarin Salad



Pineapple Pecan Sundae



# CANNED FRUIT

- RECYCLABLE CANS, MARKED WITH "BEST BY" DATE
- VARIOUS SIZES, CUTS & PACKING MEDIUMS
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- NATURALLY FAT-FREE



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**FLAVORFUL BEVERAGES & MARINADES**