



# CHEF-READY CUTS

Available IN 8 IQF VARIETIES, YEAR-ROUND.



PINEAPPLE CUBES



MANGO CUBES



PEACH SLIVERS



DICED PEACHES



DICED APPLES



DICED STRAWBERRIES



SLICED STRAWBERRIES



SLICED BANANAS

## FEATURES & BENEFITS

### IQF SMALL UNIFORM CUTS

- Ensures even cooking time
- Smaller 3/8" - 1/2" cuts are ideal for toppings, salsas, beverages, desserts, salads and side dishes

### HIGH QUALITY

- Picked at the peak of ripeness
- Quick-frozen to lock in nutrients and flavor
- 100% usable fruit, zero product waste

### CONSISTENT RECIPE PERFORMANCE

- Pre-cut fruit makes for more consistent portion control
- Quick blending, Easy on equipment
- Full fruit flavor to keep beverages from tasting watered down

### EASE OF USE

- Washed, cut and ready-to-use
- Valuable labor efficiencies
- Resealable pouches
- Each bag stamped with "Best By" date



Peach Julep



Strawberry Banana Smoothie Bowl

Add the **PERFECT BURST** of **FRUIT FLAVOR** TO YOUR MENU, WHENEVER YOU NEED IT.



Indonesian Rice Bowl



Pineapple Salsa



Apple Cinnamon Cupcakes



**+16%** MANGO IS PROJECTED TO GROW +16% ON US MENUS IN THE NEXT 4 YEARS.\*



**61.3%** PINEAPPLE IS ON 61.3% OF US MENUS.\*



**85%** 85% OF CONSUMERS LOVE OR LIKE APPLE.\*

Source: Datassential, SNAP™ 2020.

**Taste**  
THE DIFFERENCE

DOLE CONDUCTS  
**90,000+**  
QUALITY TESTS

At Dole, we know quality matters. That's why we test our products thoroughly, using stringent quality standards that often exceed government requirements. Dole holds several ISO Certifications, guaranteeing quality, environmental friendliness, safety, reliability and efficiency. We abide by Good Manufacturing Practices in all our packaging facilities with tight adherence to product specifications and comply with HARPC Principles to ensure you receive only the highest quality fruit with consistent taste, color and texture year-round.

**NUTRITION FACTS**

NO ARTIFICIAL, COLORS, FLAVORS OR PRESERVATIVES



**DOLE® CHEF-READY CUTS**

|  | Kosher Status | Serving Size | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Carbs (g) | Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin A % DV* | Vitamin C % DV* | Vitamin D % DV* | Potassium % DV* | Calcium % DV* | Iron % DV* |
|--|---------------|--------------|----------|---------------|-------------------|---------------|-------------|-----------|-----------|------------------|------------------|-------------|-----------------|-----------------|-----------------|-----------------|---------------|------------|
| <b>Peach Slices IQF</b><br>Ingredients: Peaches, Ascorbic Acid (Vitamin C) To Promote Color Retention, Citric Acid, Malic Acid and Natural Flavors.  | Ⓢ             | 1 cup        | 60       | 0             | 0                 | 0             | 0           | 13        | 2         | 9                | 0                | <1          | 2               | 190             | 0               | 6               | 0             | 2          |
| <b>Pineapple Cubes IQF</b><br>Ingredients: Pineapple.  | Ⓢ             | 1 cup        | 80       | 0             | 0                 | 0             | 0           | 18        | 2         | 14               | 0                | <1          | -               | 70              | 0               | 4               | 0             | 2          |
| <b>Mango Cubes IQF</b><br>Ingredients: Mango.  | Ⓢ             | 1 cup        | 90       | .5            | 0                 | 0             | 0           | 21        | 2         | 19               | 0                | 1           | 8               | 60              | 0               | 4               | 0             | 0          |
| <b>Diced Peaches IQF</b><br>Ingredients: Peaches, Ascorbic Acid (Vitamin C) To Promote Color Retention, Citric Acid, Malic Acid and Natural Flavors. | Ⓢ             | 1 cup        | 60       | 0             | 0                 | 0             | 0           | 13        | 2         | 9                | 0                | <1          | 2               | 190             | 0               | 6               | 0             | 2          |
| <b>Diced Apples IQF</b><br>Ingredients: Apples, Salt, Ascorbic Acid (Vitamin C) To Promote Color Retention and Citric Acid.                          | Ⓢ             | 1 cup        | 80       | 0             | 0                 | 0             | 1090        | 18        | 2         | 14               | 0                | 0           | -               | -               | 0               | 2               | 0             | 0          |
| <b>Diced Strawberries IQF</b><br>Ingredients: Strawberries.  | Ⓢ             | 1 cup        | 50       | 0             | 0                 | 0             | 0           | 13        | 3         | 6                | 0                | <1          | -               | 60              | 0               | 4               | 0             | 6          |
| <b>Sliced Strawberries IQF</b><br>Ingredients: Strawberries.   | Ⓢ             | 1 cup        | 50       | 0             | 0                 | 0             | 0           | 13        | 3         | 6                | 0                | <1          | -               | 60              | 0               | 4               | 0             | 6          |
| <b>Sliced Bananas IQF</b><br>Ingredients: Bananas, Ascorbic Acid (Vitamin C) To Promote Color Retention and Citric Acid.                             | Ⓢ             | 1 cup        | 140      | 0             | 0                 | 0             | 0           | 32        | 4         | 17               | 0                | 2           | -               | -               | 0               | 10              | 0             | 2          |

\* Percentages based on the daily value of a 2,000 calorie diet.

**CASE SPECIFICATIONS**

**DOLE® CHEF-READY CUTS**

|                                | Case UPC          | Pack/Size | Case Dimensions            | Case Weight |        | Case Cube | Per Case Pallet | Fruit Size | Shelf Life* |
|--------------------------------|-------------------|-----------|----------------------------|-------------|--------|-----------|-----------------|------------|-------------|
|                                |                   |           |                            | Net         | Gross  |           |                 |            |             |
| <b>Peach Slices IQF</b>        | 100-71202-26108-4 | 2/5 lb.   | 11.313" x 10.313" x 6.625" | 10 lb.      | 11 lb. | 0.46      | 160             | Slices     | 2-Years     |
| <b>Pineapple Cubes IQF</b>     | 100-71202-28317-8 | 2/5 lb.   | 11.375" x 10.375" x 6.750" | 10 lb.      | 11 lb. | 0.46      | 160             | 3/8" Cubes | 2-Years     |
| <b>Mango Cubes IQF</b>         | 100-71202-10550-0 | 2/5 lb.   | 11.375" x 10.375" x 6.750" | 10 lb.      | 11 lb. | 0.46      | 160             | 3/8" Cubes | 2-Years     |
| <b>Diced Peaches IQF</b>       | 100-71202-27600-2 | 2/5 lb.   | 11.375" x 10.375" x 6.750" | 10 lb.      | 11 lb. | 0.46      | 160             | 1/2" Diced | 2-Years     |
| <b>Diced Apples IQF</b>        | 100-71202-15122-4 | 2/5 lb.   | 11.375" x 10.375" x 6.750" | 10 lb.      | 11 lb. | 0.46      | 160             | 1/2" Diced | 2-Years     |
| <b>Diced Strawberries IQF</b>  | 100-71202-17951-8 | 2/5 lb.   | 11.375" x 10.375" x 6.750" | 10 lb.      | 11 lb. | 0.46      | 160             | 1/2" Diced | 2-Years     |
| <b>Sliced Strawberries IQF</b> | 100-71202-17930-3 | 2/5 lb.   | 11.375" x 10.375" x 6.750" | 10 lb.      | 11 lb. | 0.46      | 160             | Sliced     | 2-Years     |
| <b>Sliced Bananas IQF</b>      | 100-71202-16118-6 | 2/5 lb.   | 11.375" x 10.375" x 6.750" | 10 lb.      | 11 lb. | 0.46      | 160             | Sliced     | 15 Months   |

\*\*"Best By" date printed on each case and individual bag. KEEP FROZEN, WASHED AND READY TO EAT.

Visit [dolefoodservice.com](http://dolefoodservice.com) for recipes, product video overviews and offers or call 800-723-9868 to contact a Dole Representative.

