



New!



SMOOTHIE CUTS

BORN to BLEND

100% READY-TO-USE BULK IQF FRUIT CRAFTED for SMOOTHIES

- ✓ Simple Ingredients
- ✓ No Added Sugar
- ✓ Saves Time and Money
- ✓ Zero Fruit Waste
- ✓ Pre-Cut Fruit Extends Blender Life
- ✓ Maintains Nutrients Longer vs. Fresh
- ✓ Available in 8 Varieties, Year-Round



THE SMOOTHIES MARKET IS

PROJECTED TO GROW +6.98%

FROM 2019-2024

SOURCE: MORDOR INTELLIGENCE

SMOOTHIE BOWLS ARE PROJECTED TO GROW +499% ON US MENUS IN THE NEXT 4 YEARS.

SOURCE: DATASSENTIAL SNAP™ 2019

Blend the Best.

DOLE® SMOOTHIE CUTS

AT DOLE PACKAGED FOODS, WE KNOW THAT QUALITY MATTERS. THAT'S WHY WE PICK OUR FRUIT AT PEAK RIPENESS AND QUICK-FREEZE TO LOCK IN BOTH NUTRIENTS AND FLAVOR, ENSURING THAT EVERY BITE IS RIPE AND DELICIOUS.

Available in 8 Varieties



DICED AVOCADO
UPC# 71202-06746
PROVIDES GOOD FATS

SLICED BANANAS
UPC# 71202-16202
GOOD SOURCE OF FIBER

MANGO BITS & PIECES
UPC# 71202-10561
EXCELLENT SOURCE OF VITAMIN C

DICED PEACHES
UPC# 71202-02023
EXCELLENT SOURCE OF VITAMIN C

PINEAPPLE TIDBITS
UPC# 71202-28885
EXCELLENT SOURCE OF VITAMIN C

RASPBERRY CRUMBLES
UPC# 71202-22927
UPC# 71202-22910
EXCELLENT SOURCE OF VITAMIN C & HIGH-FIBER

STRAWBERRY SORT-OUTS
UPC# 71202-17923
EXCELLENT SOURCE OF VITAMIN C

DRAGON FRUIT CHUNKS (PITAYA)
UPC# 71202-00314
GOOD SOURCE OF IRON, FIBER AND VITAMIN C

NUTRITION FACTS

DOLE® SMOOTHIE CUTS

	Kosher	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A % DV*	Vitamin C % DV*	Vitamin D % DV*	Potassium % DV*	Calcium % DV*	Iron % DV*
Diced Avocado IQF <small>Ingredients: Avocado, Citric Acid and Ascorbic Acid (To Promote Color Retention).</small>	U	30	50	4.5	0.5	0	0	3	2	0	0	<1	0	0	0	4	0	0
Sliced Bananas IQF <small>Ingredients: Bananas, Ascorbic Acid and Citric Acid (To Promote Color Retention).</small>	U	140	140	0	0	0	0	32	4	17	0	2	0	0	0	10	0	2
Mango Bits & Pieces IQF <small>Ingredients: Mango.</small>	U	140	90	0.5	0	0	0	21	2	19	0	1	8	60	0	4	0	0
Diced Peaches IQF <small>Ingredients: Freestone Peaches, Ascorbic Acid, Citric Acid and Malic Acid (To Promote Color Retention).</small>	U	140	60	0	0	0	0	13	2	9	0	<1	2	190	0	6	0	2
Pineapple Tidbits IQF <small>Ingredients: Pineapple.</small>	U	140	80	0	0	0	0	18	2	14	0	<1	0	70	0	4	0	2
Raspberry Crumbles IQF <small>Ingredients: Raspberries.</small>	U	140	80	1	0	0	0	17	9	6	0	2	0	40	0	4	2	6
Strawberry Sort-Outs IQF <small>Ingredients: Strawberries.</small>	U	140	50	0	0	0	0	13	3	6	0	<1	0	60	0	4	0	6
Dragon Fruit Chunks (Pitaya) IQF <small>Ingredients: Dragon Fruit.</small>	U	140	90	0.5	0	0	15	21	5	12	0	2	0	0	0	6	0	8

* Percentages based on the daily value of a 2,000 calorie diet.

CASE SPECIFICATIONS

DOLE® SMOOTHIE CUTS

	Case UPC	Pack/Size	Case Dimensions (L x W x H)	Gross Case Weight (lb)	Case Cube (ft)	Per Case Pallet	Shelf Life*
Diced Avocado IQF	71202-06746	6/2#	15.626" x 9.563" x 6.625"	13.5	0.573	130	2-years
Sliced Bananas IQF	71202-16202	1/30#	16.063" x 11.535" x 10.354"	32	1.110	60	1-year
Mango Bits & Pieces IQF	71202-10561	1/30#	15.875" x 12.500" x 9.750"	32	1.120	54	2-years
Diced Peaches IQF	71202-02023	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Pineapple Tidbits IQF	71202-28885	1/30#	16.063" x 11.535" x 10.354"	32	1.110	60	2-years
Raspberry Crumbles IQF	71202-22927	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Raspberry Crumbles IQF	71202-22910	4/2.5#	12.813" x 8.251" x 7.375"	11	0.451	160	2-years
Strawberry Sort-Outs IQF	71202-17923	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Dragon Fruit Chunks (Pitaya) IQF	71202-00314	1/30#	15.813" x 12.438" x 9.625"	30	1.096	54	2-years

**Best By" date printed on each case. KEEP FROZEN. WASHED AND READY TO EAT.

GROWING MENU POSSIBILITIES, YEAR-ROUND.®

Visit dolefoodservice.com for recipes, product video overviews and offers or call 1-800-723-9868.

@dolefoodservice #SunshineForAll

