

# You are a Star!

My name is \_\_\_\_\_.

I am \_\_\_\_\_ years old.

In my free time I like to \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_.

## My Headshot!

Draw a picture or yourself  
and autograph it with  
your signature.



## An Interesting Fact About Me Is:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## My Favorite Movie:

\_\_\_\_\_

\_\_\_\_\_

## My Favorite Food:

\_\_\_\_\_

\_\_\_\_\_

## My Favorite Book:

\_\_\_\_\_

\_\_\_\_\_

## My Favorite Sport:

\_\_\_\_\_

\_\_\_\_\_





# Fruits of Fame

Can you guess the Top 5 Most Popular Fruits in the U.S.?<sup>\*</sup>

Use the clues below and write the answer next to the corresponding star.

### 1. Clues:

Yellow  
Grows on trees  
Monkeys like them



### 2. Clues:

Many color shades and sizes  
(red is most common)  
Grows on trees  
Has a core and seeds



### 3. Clues:

Smells & tastes sweet  
Grows in a patch/bush  
Has tiny seeds visible from the outside



### 4. Clues:

Many colors; small and round  
Grows on a vine  
Used to make raisins

### 5. Clues:

Must be peeled before eating  
Grows on trees  
Citrus species

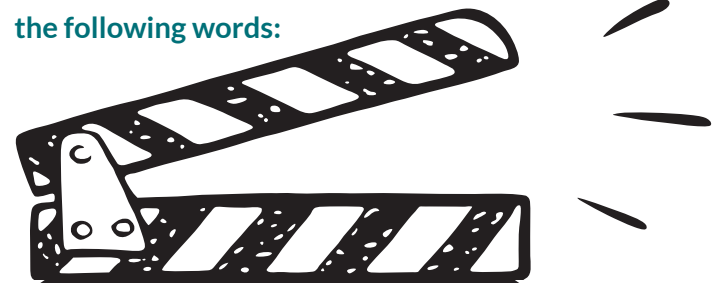


1.	<input type="text"/>
<input type="text"/>	2.
3.	<input type="text"/>
<input type="text"/>	4.
5.	<input type="text"/>

Answers: 1. Banana, 2. Apple, 3. Strawberry, 4. Grape, 5. Orange

# Unscramble

the following words:



LMIF \_\_\_\_\_

ERACAM \_\_\_\_\_

TROCA \_\_\_\_\_

OVEIM \_\_\_\_\_

Answers: Film, Camera, Actor, Movie

# Complete the Pattern

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_ \_\_\_\_\_

Answers: 1. @ 2. @ 3. @



# Can You Find Your Way Through the Hollywood Hills?

Start

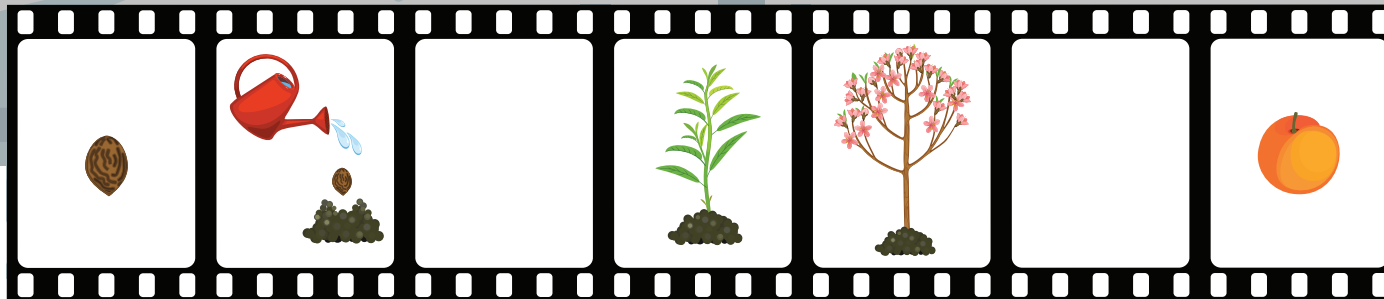


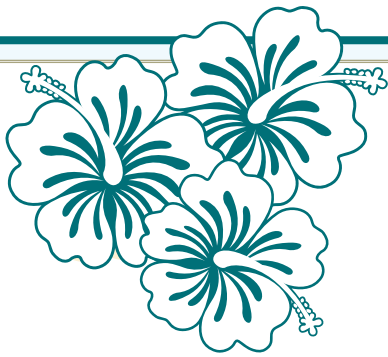
Finish

**Count**  
the stars hidden in the city

Answer: 12 stars

**Complete**  
the peach growth story





Find the words below in the word search.

- |           |           |
|-----------|-----------|
| Aloha     | Maui      |
| Coconut   | Molokai   |
| Hawaii    | Oahu      |
| Honolulu  | Ohana     |
| Hula      | Pacific   |
| Islands   | Ocean     |
| Kahoolawe | Palm Tree |
| Kauai     | Pineapple |
| Lanai     | Surf      |
| Lei       | Tropical  |
| Luau      | Volcano   |

P V M S G N Z U B V V F W R N  
 R A U C A M L T O L H R P Z D  
 W R L H K U X L I A K O L O M  
 F S O M L F C C P N U I K E E  
 A L R O T A E C R A H I L U W  
 A L N C N R I L Y I A A E G A  
 O O U O A U E L P W O W C N L  
 H H H H A O Y E O P W A O B O  
 D Y A M W Z T S B T A H C O O  
 L E I N M Y O J D W T E O H H  
 T C E W A Q T O A N L X N P A  
 N A E C O C I F I C A P U I K  
 T R O P I C A L O F S L T B P  
 K A U A I U A U L Y E V S X Z  
 J L S Y Q I C T U K P M D I C



Can you find the right path that leads to Hawaii?

## Create your Own Ocean in a Bottle

### You will need the following:

- Empty plastic bottle with the cap and label removed
- Water
- Blue and Green Food Coloring
- Funnel
- Baby oil/cooking oil
- Duct tape/hot glue gun

Optional: glitter, sand, small toys that can fit through the bottle opening

1. Fill the clean plastic bottle half full with water.
2. Add drops of food coloring to the water until you reach the desired color.
3. Add extra items to the colored water. (glitter, sand or small toys)
4. Using a funnel fill the remainder of the bottle with oil, leaving a couple of inches at the top. These inches are necessary to create rolling waves.
5. Screw the cap on tightly. Secure it with heavy duct tape or glue.

Turn the bottle over and watch what happens!

### Say it in Hawaiian

**Aloha** (a-lo-ha)  
Hello and Goodbye

**Mahalo** (mah-hah-loh)  
Thank You

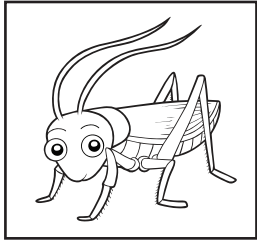
**Ohana** (o-ha-na)  
Family

**Moana** (mo-an-a)  
Ocean

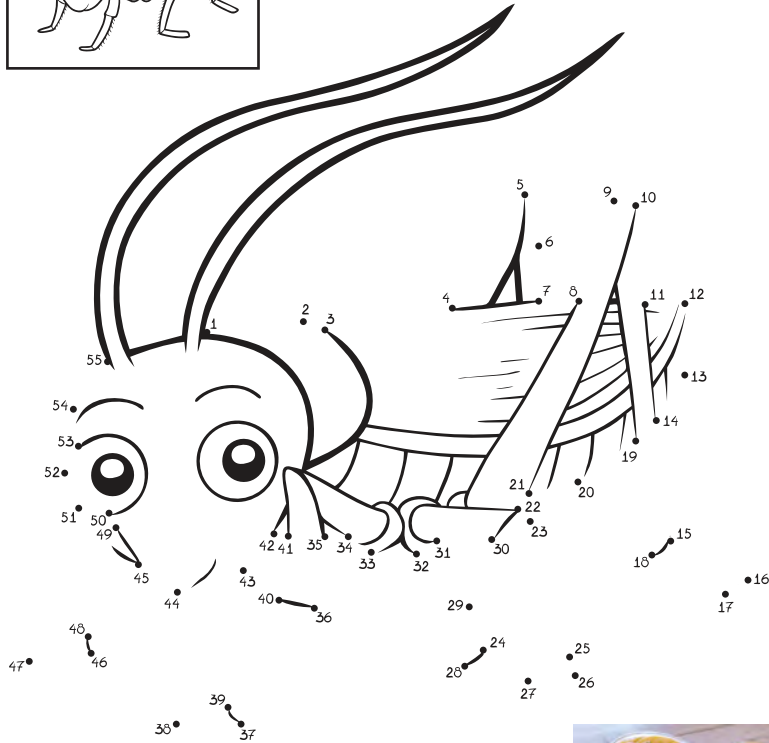


How many Starfish are there on the beach?





## Complete the Grasshopper



## Peachy Overnight Oats

Servings: 1

### INGREDIENTS:

- ¼ cup oats
- ¼ cup non-fat milk
- ¼ cup non-fat Greek yogurt
- 1 - 4 oz. DOLE® Fruit Bowls® Diced Peaches in 100% Juice

### DIRECTIONS:

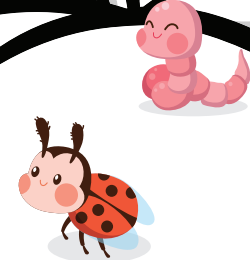
1. Mix together the oats and milk in a bowl
2. Once the oats are mixed, layer with Greek yogurt, fruit and juice from Fruit Bowl in even layers. Cover and refrigerate overnight.
3. Remove from refrigerator and serve cold.



Chef James wants to make a large batch of his favorite **Peachy Overnight Oats**

How many birds did he need to lift the peach?

Answer: 41 birds



# Self-Reflection

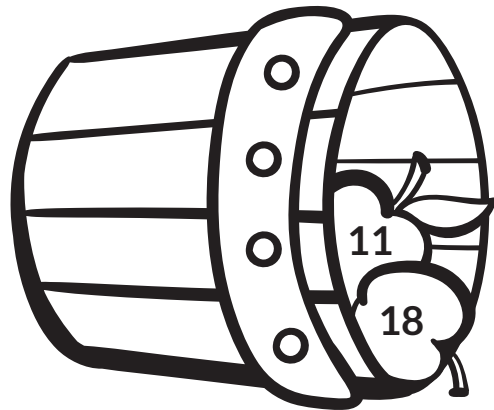
list your character traits:



INSIDE	OUTSIDE



Draw Yourself



## Find the Poison Apple

Solve the math problems to the right and cross out the apples that are the correct answers. The apple that is left is the poison apple; do not eat it!

11

18

8

17

15

14

1.  $6 + 8 =$  \_\_\_\_\_
2.  $12 - 4 =$  \_\_\_\_\_
3.  $7 + 11 =$  \_\_\_\_\_
4.  $16 - 5 =$  \_\_\_\_\_
5.  $3 + 12 =$  \_\_\_\_\_

Answers: 1. 14, 2. 8, 3. 18, 4. 11, 5. 15  
Poison Apple = 17



1 \_\_\_\_\_ 2 \_\_\_\_\_



4 \_\_\_\_\_



5 \_\_\_\_\_

6 \_\_\_\_\_



8 \_\_\_\_\_

9 \_\_\_\_\_



10 \_\_\_\_\_



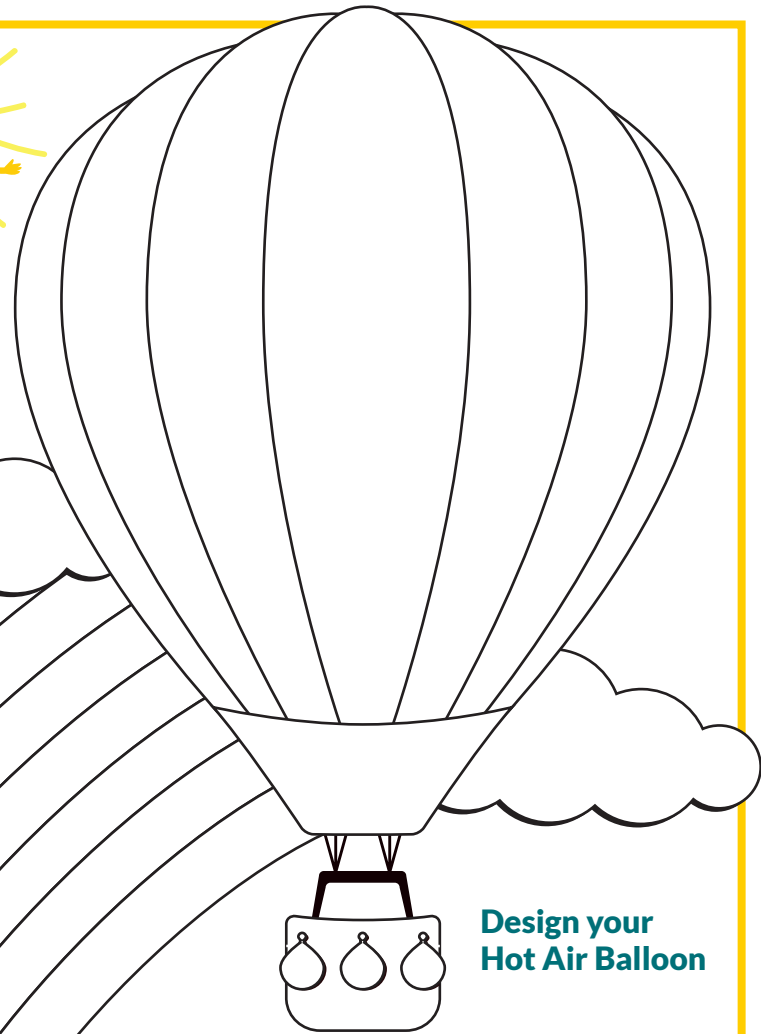
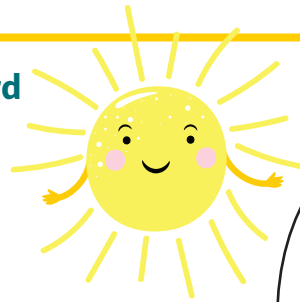
7 \_\_\_\_\_



11 \_\_\_\_\_

### Weather Crossword Word Bank

- Atmosphere
- Hurricane
- Drought
- Evaporation
- Forecast
- Hail
- Lightning
- Rainbow
- Thunderstorm
- Tornado
- Snow



### Design your Hot Air Balloon

#### Across:

- A large severe tropical storm with strong winds and rain.
- A prediction of what the weather will be.
- A storm with strong winds, rain, lightning and thunder.
- A snowstorm with very strong winds.
- The flashes of light that are seen during a storm.
- Hard pellets of frozen rain.

#### Down:

- The layer of air surrounding the earth.
- The process of a liquid changing into a gas.
- Frozen water formed into ice crystals.
- A violent rotating column of air extending from a thunderstorm to the ground.
- A long period of time when there is little or no rain.
- A curved line of colors that appears in the sky.

### A Rainbow of Me

Color in the rainbow above with the answers from the questions on the right.

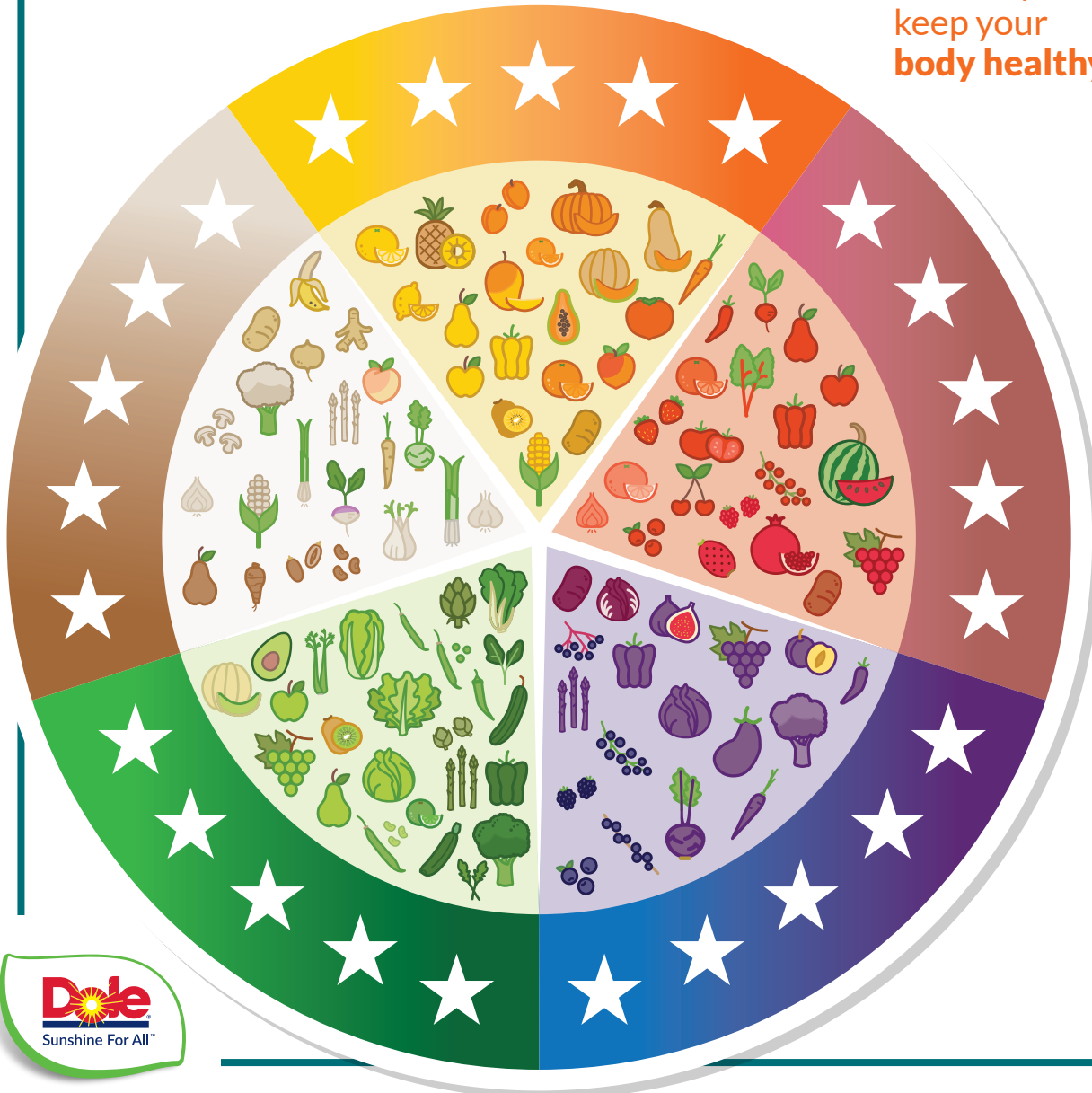
- The Color of My Eyes: \_\_\_\_\_
- My Favorite Color: \_\_\_\_\_
- The Color of My Hair: \_\_\_\_\_
- The Color of My Shirt: \_\_\_\_\_
- The Color of My Bag: \_\_\_\_\_
- The Color of My House: \_\_\_\_\_
- The Color of My Coat: \_\_\_\_\_



# Take the Rainbow Challenge!

Color in a star everytime you eat a fruit or vegetable from that color. When you have filled up your chart decorate and cut out your award certificate and celebrate a job well done.

Eating a **rainbow of food** helps keep your **body healthy.**



## CERTIFICATE OF ACHIEVEMENT

Awarded to

\_\_\_\_\_

your name

*This certificate has been awarded to you because you have made healthy food choices. Keep up the good work!*

