

New!



100% Juice Blend Mixers



Important Nutrition Differences

91% of U.S. consumers believe food and beverage options with recognizable ingredients are healthier.*

	Dole Mixers	Competitor Mixers
Sugars	0g Added Sugar	21-42 g
Ingredient List	Less than 5!	More than 12
High Fructose Corn Syrup	0	Included
Synthetic Color Additives	0	2-3
Ingredient Pronunciation Level	2nd Grader DOLE® Sweet & Sour Mix: Pineapple Juice Concentrate, Lemon Juice Concentrate	Bachelor's Degree Competitor Match: Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Sodium Hexametaphosphate, Acacia Gum, Potassium Sorbate (Preservative), Natural Flavors, Polysorbate 60, Ester Gum, Sodium Metabisulfite (Preservative), Yellow 5, Yellow 6, Blue.

*Source: fooddive.com, Nov 12, 2020

Why DOLE?

- Great tasting 100% juice blends
- No added sugars
- No high-fructose corn syrup
- Excellent source of Vitamin C

Upgrade Your Mixer
#AskforDole





Aloha Pisco Sour

INGREDIENTS:

2 oz. pisco
 4 oz. DOLE® Sweet & Sour Mix
 1 egg white
 3 dashes chili bitters

Prep: 3 min.
Makes: 1 serving

DIRECTIONS:

In a cocktail shaker filled with ice, add pisco, sweet & sour, and egg white. Shake well for 10 seconds to chill, then strain into a coup glass. Finish cocktail with bitters dashes into the white foam cap.



Pink Colada Smoothie

INGREDIENTS:

4 oz. DOLE Pineapple Coconut Mix
 2 oz. vanilla yogurt
 2 oz. DOLE IQF Dragon Fruit Chunks
 ¼ cup ice
 1 Tbsp. shaved desiccated coconut

Prep: 3 min.
Makes: 1 serving

DIRECTIONS:

Add the first four ingredients to a blender and blend until smooth. Garnish with desiccated coconut.

Nutrition Facts

DOLE Juice Blend Mixers - 46 oz.

Sweet & Sour Mix

Pineapple Juice from Concentrate (Water, Pineapple Juice Concentrate) and Lemon Juice from Concentrate (Water, Lemon Juice Concentrate).

Pineapple Coconut Mix

Pineapple Juice from Concentrate (Water, Pineapple Juice Concentrate), Clarified Pineapple Juice from Concentrate (Water, Clarified Pineapple Juice Concentrate), Natural Flavors, and Ascorbic Acid (Vitamin C).

Case Code	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Calcium % DV*	Iron % DV*	Potassium % DV*	Vitamin C % DV*
100-38900-00824-6	8 fl. oz.	150	0	0	0	15	36	<1	33	0	1	4	4	8	20
100-38900-00811-6	8 fl. oz.	140	0	0	0	15	33	<1	32	0	1	4	4	8	100

* Percentages based on the daily value of a 2,000 calorie diet.

Case Specifications

DOLE Juice Blend Mixers - 46 oz.

ALL 46. OZ. VARIETIES

Pack/Size	Case Dimensions (L x W x H)	Case Weight (lbs.)		Case Cube (ft.)	Per Case Pallet
		Net	Gross		
12/46 oz.	17.125" x 12.750" x 7.188"	34.50	42.25	0.908	48