



Smoothie Cuts

Born to Blend

**100% Ready-to-Use Bulk IQF Fruit
Crafted for Smoothies**

- ✓ Simple Ingredients
- ✓ No Added Sugar
- ✓ Saves Time and Money
- ✓ Zero Fruit Waste
- ✓ Pre-Cut Fruit Extends Blender Life
- ✓ Maintains Nutrients Longer than Fresh
- ✓ Available in 11 Varieties, Year-Round

Fuchsia Smoothie
*made with DOLE® Smoothie Cuts
Diced Dragon Fruit and
Sliced Bananas*



48%
of consumers
struggle to fit
enough fruits in
their diets.*

Smoothies are a tasty and simple way to meet your daily fruit intake needs.



Smoothie Cuts

Often, fruit is tossed simply because it's not the ideal size or shape. DOLE® Smoothie Cuts make sure no good fruit goes to waste, offering bulk IQF fruit in varied cut sizes.

49%
of consumers
agree that packaged
fruit helps reduce
fruit waste.*



Diced Avocado
100-71202-06744-0



Sliced Bananas
100-71202-16202-2



Mango Bits & Pieces
100-71202-10561-6



Peach Slivers
100-71202-02019-3



Peach Chunks
100-71202-02029-2



Diced Peaches
100-71202-02023-0



Pineapple Tidbits
100-71202-28885-2



Diced Dragon Fruit
100-71202-00314-1



Raspberry Crumbles
100-71202-22927-5



Strawberry Bits & Pieces
100-71202-17923-5



Diced Strawberry
100-71202-01002-6

*Source: Lightspeed/Mintel, March 2021.

Nutrition Facts

	Kosher	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A % DV*	Vitamin C % DV*	Vitamin D % DV*	Potassium % DV*	Calcium % DV*	Iron % DV*
Diced Avocado IQF Ingredients: Avocado, Citric Acid and Ascorbic Acid (Vitamin C) To Promote Color Retention.	Ⓢ	30	50	4.5	0.5	0	0	3	2	0	0	<1	0	2	0	4	0	0
Sliced Bananas IQF Ingredients: Bananas, Ascorbic Acid (To Promote Color Retention), and Citric Acid.	Ⓢ	140	140	0	0	0	0	32	4	17	0	2	0	0	0	10	0	2
Mango Bits & Pieces IQF Ingredients: Mango.	Ⓢ	140	90	0.5	0	0	0	21	2	19	0	1	8	60	0	4	0	0
Peach Slivers IQF Ingredients: Peach, Ascorbic Acid (To Promote Color Retention), Citric Acid, and Malic Acid.	Ⓢ	140	60	0	0	0	0	13	2	9	0	<1	2	190	0	6	0	2
Peach Chunks IQF Ingredients: Peach, Ascorbic Acid (To Promote Color Retention), Citric Acid, and Malic Acid.	Ⓢ	140	60	0	0	0	0	13	2	9	0	<1	2	190	0	6	0	2
Diced Peaches IQF Ingredients: Peach, Ascorbic Acid (To Promote Color Retention), Citric Acid, and Malic Acid.	Ⓢ	140	60	0	0	0	0	13	2	9	0	<1	2	190	0	6	0	2
Pineapple Tidbits IQF Ingredients: Pineapple.	Ⓢ	140	80	0	0	0	0	18	2	14	0	<1	0	70	0	4	0	2
Diced Dragon Fruit IQF Ingredients: Dragon Fruit.	Ⓢ	140	90	0.5	0	0	15	21	5	12	0	2	0	0	0	6	0	8
Raspberry Crumbles IQF Ingredients: Raspberries.	Ⓢ	140	80	1	0	0	0	17	9	6	0	2	0	40	0	4	2	6
Strawberry Bits & Pieces IQF Ingredients: Strawberries.	Ⓢ	140	50	0	0	0	0	13	3	6	0	<1	0	60	0	4	0	6
Diced Strawberries IQF Ingredients: Strawberries.	Ⓢ	140	50	0	0	0	0	13	3	6	0	<1	0	60	0	4	0	6

* Percentages based on the daily value of a 2,000 calorie diet.

Case Specifications

	Case UPC	Pack/Size	Case Dimensions (L x W x H)	Gross Case Weight (lb)	Case Cube (ft)	Per Case Pallet	Shelf Life*
Diced Avocado IQF	100-71202-06744-0	1/22#	15.813" x 11.563" x 8.063"	24	0.853	90	2-years
Sliced Bananas IQF	100-71202-16202-2	1/30#	16.063" x 11.535" x 10.354"	32	1.110	60	1-year
Mango Bits & Pieces IQF	100-71202-10561-6	1/30#	15.875" x 12.500" x 9.750"	32	1.120	54	2-years
Peach Slivers IQF	100-71202-02019-3	1/30#	15.813" x 12.438" x 10.625"	32	1.209	54	2-years
Peach Chunks IQF	100-71202-02029-2	1/30#	15.875" x 12.500" x 9.750"	32	1.120	54	2-years
Diced Peaches IQF	100-71202-02023-0	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Pineapple Tidbits IQF	100-71202-28885-2	1/30#	16.063" x 11.535" x 10.354"	32	1.110	60	2-years
Diced Dragon Fruit IQF	100-71202-00314-1	1/30#	15.813" x 12.438" x 9.625"	32	1.095	54	2-years
Raspberry Crumbles IQF	100-71202-22927-5	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Strawberry Bits & Pieces IQF	100-71202-17923-5	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Diced Strawberries IQF	100-71202-01002-6	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years

*"Best By" date printed on each case. **KEEP FROZEN. WASHED AND READY TO EAT.**

Visit dolefoodservice.com for recipes, product video overviews and offers or call 800-723-9868 to contact a Dole Representative.



@dolefoodservice #SunshineForAll