



# Smoothie Cuts

Born to Blend

**100% Ready-to-Use Bulk IQF Fruit**  
**Crafted for Smoothies**

- ✓ Simple Ingredients
- ✓ No Added Sugar
- ✓ Saves Time and Money
- ✓ Zero Fruit Waste
- ✓ Pre-Cut Fruit Extends Blender Life
- ✓ Maintains Nutrients Longer than Fresh
- ✓ Available in 10 Varieties, Year-Round

**Fuchsia Smoothie**  
*made with DOLE® Smoothie Cuts  
Diced Dragon Fruit and  
Sliced Bananas*



**48%**  
of consumers  
struggle to fit  
enough fruits in  
their diets.\*

*Smoothies are a tasty and simple way to meet your daily fruit intake needs.*



# Smoothie Cuts

Often, fruit is tossed simply because it's not the ideal size or shape. DOLE® Smoothie Cuts make sure no good fruit goes to waste, offering bulk IQF fruit in varied cut sizes.

**49%**  
of consumers  
agree that packaged  
fruit helps reduce  
fruit waste.\*



**Sliced Bananas**  
100-71202-16202-2



**Mango Bits & Pieces**  
100-71202-10561-6



**Peach Slivers**  
100-71202-02019-3



**Peach Chunks**  
100-71202-02029-2



**Diced Peaches**  
100-71202-02023-0



**Pineapple Tidbits**  
100-71202-28885-2



**Diced Dragon Fruit**  
100-71202-00314-1



**Raspberry Crumbles**  
100-71202-22927-5



**Strawberry Bits & Pieces**  
100-71202-17923-5



**Diced Strawberry**  
100-71202-01002-6

\*Source: Lightspeed/Mintel, March 2021.

## Nutrition Facts

	Kosher	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A % DV*	Vitamin C % DV*	Vitamin D % DV*	Potassium % DV*	Calcium % DV*	Iron % DV*
<b>Sliced Bananas IQF</b> Ingredients: Bananas, Ascorbic Acid (To Promote Color Retention), and Citric Acid.	Ⓢ	140	140	0	0	0	0	32	4	17	0	2	0	0	0	10	0	2
<b>Mango Bits &amp; Pieces IQF</b> Ingredients: Mango.	Ⓢ	140	90	0.5	0	0	0	21	2	19	0	1	8	60	0	4	0	0
<b>Peach Slivers IQF</b> Ingredients: Peach, Ascorbic Acid (To Promote Color Retention), Citric Acid, and Malic Acid.	Ⓢ	140	60	0	0	0	0	13	2	9	0	<1	2	190	0	6	0	2
<b>Peach Chunks IQF</b> Ingredients: Peach, Ascorbic Acid (To Promote Color Retention), Citric Acid, and Malic Acid.	Ⓢ	140	60	0	0	0	0	13	2	9	0	<1	2	190	0	6	0	2
<b>Diced Peaches IQF</b> Ingredients: Peach, Ascorbic Acid (To Promote Color Retention), Citric Acid, and Malic Acid.	Ⓢ	140	60	0	0	0	0	13	2	9	0	<1	2	190	0	6	0	2
<b>Pineapple Tidbits IQF</b> Ingredients: Pineapple.	Ⓢ	140	80	0	0	0	0	18	2	14	0	<1	0	70	0	4	0	2
<b>Diced Dragon Fruit IQF</b> Ingredients: Dragon Fruit.	Ⓢ	140	90	0.5	0	0	15	21	5	12	0	2	0	0	0	6	0	8
<b>Raspberry Crumbles IQF</b> Ingredients: Raspberries.	Ⓢ	140	80	1	0	0	0	17	9	6	0	2	0	40	0	4	2	6
<b>Strawberry Bits &amp; Pieces IQF</b> Ingredients: Strawberries.	Ⓢ	140	50	0	0	0	0	13	3	6	0	<1	0	60	0	4	0	6
<b>Diced Strawberries IQF</b> Ingredients: Strawberries.	Ⓢ	140	50	0	0	0	0	13	3	6	0	<1	0	60	0	4	0	6

\* Percentages based on the daily value of a 2,000 calorie diet.

## Case Specifications

	Case UPC	Pack/Size	Case Dimensions (L x W x H)	Gross Case Weight (lb)	Case Cube (ft)	Per Case Pallet	Shelf Life*
<b>Sliced Bananas IQF</b>	100-71202-16202-2	1/30#	16.063" x 11.535" x 10.354"	32	1.110	60	1-year
<b>Mango Bits &amp; Pieces IQF</b>	100-71202-10561-6	1/30#	15.875" x 12.500" x 9.750"	32	1.120	54	2-years
<b>Peach Slivers IQF</b>	100-71202-02019-3	1/30#	15.813" x 12.438" x 10.625"	32	1.209	54	2-years
<b>Peach Chunks IQF</b>	100-71202-02029-2	1/30#	15.875" x 12.500" x 9.750"	32	1.120	54	2-years
<b>Diced Peaches IQF</b>	100-71202-02023-0	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
<b>Pineapple Tidbits IQF</b>	100-71202-28885-2	1/30#	16.063" x 11.535" x 10.354"	32	1.110	60	2-years
<b>Diced Dragon Fruit IQF</b>	100-71202-00314-1	1/30#	15.813" x 12.438" x 9.625"	32	1.095	54	2-years
<b>Raspberry Crumbles IQF</b>	100-71202-22927-5	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
<b>Strawberry Bits &amp; Pieces IQF</b>	100-71202-17923-5	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
<b>Diced Strawberries IQF</b>	100-71202-01002-6	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years

\*\*Best By" date printed on each case. **KEEP FROZEN. WASHED AND READY TO EAT.**

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