

New!



100% Juice Blend Mixers



Important Nutrition Differences

91% of U.S. consumers believe food and beverage options with recognizable ingredients are healthier.*

	Dole Mixers	Competitor Mixers
Sugars	0g Added Sugar	21-42 g
Ingredient List	Less than 5!	More than 12
High Fructose Corn Syrup	0	Included
Synthetic Color Additives	0	2-3
Ingredient Pronunciation Level	2nd Grader DOLE® Sweet & Sour Mix: Pineapple Juice Concentrate, Lemon Juice Concentrate	Bachelor's Degree Competitor Match: Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Sodium Hexametaphosphate, Acacia Gum, Potassium Sorbate (Preservative), Natural Flavors, Polysorbate 60, Ester Gum, Sodium Metabisulfite (Preservative), Yellow 5, Yellow 6, Blue.

*Source: fooddive.com, Nov 12, 2020

Why DOLE?

- Great tasting 100% juice blends
- No added sugars
- No high-fructose corn syrup
- Excellent source of Vitamin C

Upgrade Your Mixer
#AskforDole





SWEETENED BY SUNSHINE BEVERAGE RECIPE BOOK

Scan to view our collection of brilliant beverage recipes, featuring the natural sweetness of DOLE 100% Juice Blends.



Spicy Jalapeño Margarita

Prep: 3 min.
Makes: 1 serving

INGREDIENTS:

- 4 slices cucumber
- 4 slices jalapeño, plus additional for garnish
- 4 oz. **DOLE® Sweet & Sour Mix**
- 1½ oz. tequila
- 1 oz. fresh lime juice
- 1 oz. triple sec

DIRECTIONS:

Fill a cocktail shaker with ice. Then add cucumber, jalapeño, tequila, lime juice, triple sec, DOLE Sweet & Sour Mix. Cap the shaker and shake vigorously for 10-15 seconds. Strain into glass and add additional jalapeño slices for garnish.



Blue Bayou

Prep: 5 min.
Makes: 1 serving

INGREDIENTS:

- 1½ oz. light rum
- 1 oz. blue cacao syrup
- 1 oz. hibiscus syrup
- 2 oz. **DOLE Pineapple Coconut Mix**
- 1 oz. cream of coconut
- crushed ice
- pineapple or citrus slice, for garnish

DIRECTIONS:

Add all ingredients to blender, except for garnish. Purée on high speed until smooth. Pour into chilled glass and garnish with pineapple or citrus slice.



Nutrition Facts

DOLE Juice Blend Mixers - 46 oz.

Sweet & Sour Mix

Pineapple Juice from Concentrate (Water, Pineapple Juice Concentrate) and Lemon Juice from Concentrate (Water, Lemon Juice Concentrate).

Pineapple Coconut Mix

Pineapple Juice from Concentrate (Water, Pineapple Juice Concentrate), Clarified Pineapple Juice from Concentrate (Water, Clarified Pineapple Juice Concentrate), Natural Flavors, and Ascorbic Acid (Vitamin C).

Case Code	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Calcium % DV*	Iron % DV*	Potassium % DV*	Vitamin C % DV*
100-38900-00824-6	8 fl. oz.	150	0	0	0	15	36	<1	33	0	1	4	4	8	20
100-38900-00811-6	8 fl. oz.	140	0	0	0	15	33	<1	32	0	1	4	4	8	100

* Percentages based on the daily value of a 2,000 calorie diet.

Case Specifications

DOLE Juice Blend Mixers - 46 oz.

Sweet & Sour Mix

Pineapple Coconut Mix

Pack/Size	Case Dimensions (L x W x H)	Case Weight (lbs.)		Case Cube (ft.)	Per Case Pallet	Shelf Life
		Net	Gross			
12/46 oz.	17.125" x 12.750" x 7.188"	34.50	42.25	0.908	48	15 months
12/46 oz.	17.125" x 12.750" x 7.188"	34.50	42.25	0.908	48	18 months