



Smoothie Cuts

Born to be Blended

**100% Ready-to-Use Bulk IQF Fruit
Crafted for Smoothies**

- ✓ Simple Ingredients
- ✓ No Added Sugar
- ✓ Saves Time and Money
- ✓ Zero Fruit Waste
- ✓ Pre-Cut Fruit Extends Blender Life
- ✓ Maintains Nutrients Longer than Fresh
- ✓ Available in 8 Varieties, Year-Round

Fuchsia Smoothie
*made with DOLE® Smoothie Cuts
Diced Dragon Fruit and
Sliced Bananas*



48%
of consumers
struggle to fit
enough fruits in
their diets.*

Smoothies are a tasty and simple way to meet your daily fruit intake needs.



Smoothie Cuts

Often, fruit is tossed simply because it's not the ideal size or shape. DOLE® Smoothie Cuts make sure no good fruit goes to waste, offering bulk IQF fruit in varied cut sizes.

49%
of consumers
agree that packaged
fruit helps reduce
fruit waste.*



Sliced Bananas
100-71202-16202-2



Mango Bits & Pieces
100-71202-10561-6



Diced Peaches
100-71202-02023-0



Pineapple Tidbits
100-71202-28885-2



Diced Dragon Fruit
100-71202-00314-1



Raspberry Crumbles
100-71202-22927-5



Strawberry Bits & Pieces
100-71202-17923-5



Diced Strawberry
100-71202-01002-6

*Source: Lightspeed/Mintel, March 2021.

Nutrition Facts

| | Kosher | Serving Size (g) | Calories | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) | Carbs (g) | Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Vitamin A % DV* | Vitamin C % DV* | Vitamin D % DV* | Potassium % DV* | Calcium % DV* | Iron % DV* |
|--|--------|------------------|----------|---------------|-------------------|---------------|-------------|-----------|-----------|------------------|------------------|-------------|-----------------|-----------------|-----------------|-----------------|---------------|------------|
| Sliced Bananas IQF Ingredients: Bananas, Ascorbic Acid (To Promote Color Retention), and Citric Acid. | U | 140 | 140 | 0 | 0 | 0 | 0 | 32 | 4 | 17 | 0 | 2 | 0 | 0 | 0 | 10 | 0 | 2 |
| Mango Bits & Pieces IQF Ingredients: Mango. | U | 140 | 90 | 0.5 | 0 | 0 | 0 | 21 | 2 | 19 | 0 | 1 | 8 | 60 | 0 | 4 | 0 | 0 |
| Diced Peaches IQF Ingredients: Peach, Ascorbic Acid (To Promote Color Retention), Citric Acid, and Malic Acid. | U | 140 | 60 | 0 | 0 | 0 | 0 | 13 | 2 | 9 | 0 | <1 | 2 | 190 | 0 | 6 | 0 | 2 |
| Pineapple Tidbits IQF Ingredients: Pineapple. | U | 140 | 80 | 0 | 0 | 0 | 0 | 18 | 2 | 14 | 0 | <1 | 0 | 70 | 0 | 4 | 0 | 2 |
| Diced Dragon Fruit IQF Ingredients: Dragon Fruit. | U | 140 | 90 | 0.5 | 0 | 0 | 15 | 21 | 5 | 12 | 0 | 2 | 0 | 0 | 0 | 6 | 0 | 8 |
| Raspberry Crumbles IQF Ingredients: Raspberries. | U | 140 | 80 | 1 | 0 | 0 | 0 | 17 | 9 | 6 | 0 | 2 | 0 | 40 | 0 | 4 | 2 | 6 |
| Strawberry Bits & Pieces IQF Ingredients: Strawberries. | U | 140 | 50 | 0 | 0 | 0 | 0 | 13 | 3 | 6 | 0 | <1 | 0 | 60 | 0 | 4 | 0 | 6 |
| Diced Strawberries IQF Ingredients: Strawberries. | U | 140 | 50 | 0 | 0 | 0 | 0 | 13 | 3 | 6 | 0 | <1 | 0 | 60 | 0 | 4 | 0 | 6 |

* Percentages based on the daily value of a 2,000 calorie diet.

Case Specifications

| | Case UPC | Pack/Size | Case Dimensions (L x W x H) | Gross Case Weight (lb) | Case Cube (ft) | Per Case Pallet | Shelf Life* |
|---|-------------------|-----------|-----------------------------|------------------------|----------------|-----------------|-------------|
| Sliced Bananas IQF | 100-71202-16202-2 | 1/30# | 16.063" x 11.535" x 10.354" | 32 | 1.110 | 60 | 1-year |
| Mango Bits & Pieces IQF | 100-71202-10561-6 | 1/30# | 15.875" x 12.500" x 9.750" | 32 | 1.120 | 54 | 2-years |
| Diced Peaches IQF | 100-71202-02023-0 | 1/30# | 15.813" x 12.438" x 9.625" | 32 | 1.096 | 54 | 2-years |
| Pineapple Tidbits IQF | 100-71202-28885-2 | 1/30# | 16.063" x 11.535" x 10.354" | 32 | 1.110 | 60 | 2-years |
| Diced Dragon Fruit IQF | 100-71202-00314-1 | 1/30# | 15.813" x 12.438" x 9.625" | 32 | 1.095 | 54 | 2-years |
| Raspberry Crumbles IQF | 100-71202-22927-5 | 1/30# | 15.813" x 12.438" x 9.625" | 32 | 1.096 | 54 | 2-years |
| Strawberry Bits & Pieces IQF | 100-71202-17923-5 | 1/30# | 15.813" x 12.438" x 9.625" | 32 | 1.096 | 54 | 2-years |
| Diced Strawberries IQF | 100-71202-01002-6 | 1/30# | 15.813" x 12.438" x 9.625" | 32 | 1.096 | 54 | 2-years |

Best By date printed on each case. **KEEP FROZEN. WASHED AND READY TO EAT.**

Visit dolefoodservice.com for recipes, product video overviews and offers or call 800-723-9868 to contact a Dole Representative.

