



YOUR FRUIT SOLUTIONS PARTNER®



Healthcare Product Guide

High-quality fruit solutions with convenience
and labor savings in mind.

Dole delivers a wide variety of ready-to-serve solutions that appeal to health conscious consumers.

Frozen Ready-to-Serve Solutions

Dole Whip®

- Made with real mango or pineapple for bold, tropical flavor
- Velvety, melt-in-your-mouth texture
- Spoon under lid for on-the-go convenience
- Single-serve 3.6 fl oz cups – perfectly portioned for snacks or dessert

non-GMO



DAIRY FREE*

*Manufactured on a line that also processes dairy (milk).



68%

want foods
that are convenient
and available
quickly⁽¹⁾

75%

want healthy/
better-for-you
foods⁽¹⁾





Brilliant Fruit Solutions

At Dole, we help balance consumer demands with operational efficiency. Our products minimize labor and reduce product waste without sacrificing quality or flavor.

Shelf Stable Snacking Solutions

Dole Fruit Bowls® Snacks

- Pre-portioned, ready-to-serve fruit
- Delicious, peak-season flavor
- Excellent source of Vitamin C
- Available in 4 oz and 7 oz sizes



Dole Wiggles® Fruit Juice Gels

- Made with 100% fruit juice⁽⁴⁾
- No added sugars⁽³⁾
- Does not contain gelatin
- Excellent source of Vitamin C



Dole Good Crunch™

- A flavor-packed, planet-positive snack
- All-natural fruit
- No added sugars or oil⁽³⁾
- 2 g of fiber per serving



Dole offers labor-saving IQF and shelf stable fruit solutions that eliminate prep time, making made-to-order options more efficient and delicious.



Shelf Stable Fruit Solutions

Dole® Canned Fruit

- Hand-harvested at peak ripeness
- BPA-free recyclable cans
- Available in a variety of sizes and packing mediums
- Trusted brand with over 150 years' experience



Dole Pouch Packs

- Tear-open 81 oz pouch
- No can opener required
- Consistent quality and flavor
- Available in Pineapple Chunks, Pineapple Tidbits and Tropical Fruit Salad





Frozen Fruit Solutions

Available in
15 Varieties,
Year-Round

Dole® Chef-Ready Cuts & IQF Fruit

- Washed, cut & ready-to-use
- Consistent quality and flavor
- Reduce prep time and product waste
- Quick-frozen to lock in nutrients & flavor



Dole Smoothie Cuts

- Bulk – 30 lb cases
- Valuable time and cost savings
- Peak-season flavor, year-round
- Variable cut sizes, ideal for blending

Available in
7 Varieties,
Year-Round



NEW! Dole IQF Lemon Wedges

- Pre-cut for valuable labor savings
- 12 month frozen shelf life
- Reduces prep times and product waste
- Versatile product for beverages, entrées and desserts



**1,000 –
1,200**
Wedges
Per Case



Flavor Matters

Offering a familiar brand that consumers recognize and trust provides confidence in the quality and taste of your menu offerings.

76%
want tasty/
delicious
options.⁽¹⁾

Dole Pineapple Juice

- #1 rated pineapple juice brand⁽²⁾
- Excellent source of Vitamin C for immune support
- No added sugar⁽³⁾
- Available in 6 oz & 46 oz sizes

Light
Pineapple
Juice Drink
60% less
sugar & calories⁽³⁾



Sources:

1) "2023 Healthcare Segment Guide," Datassential, Sept. 2023.

2) "Best Pineapple Juice Brands 2021," Med Munch, 2020.

3) Not a low-calorie food. See nutrition facts for sugar and calorie content.

4) 100% fruit juice from concentrate and other natural ingredients.

Visit www.dolefoodservice.com/healthcare to learn more or call 1-800-462-7706 to speak to a Dole representative.



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UNIVERSITY**

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