

# Southshore Students Showcase African Culture and Sociological Thought Through Academic Presentations



On 13th May and 16th May, 2026, a series of academic and cultural presentations was organized at Southshore University College by Level 100 students under the guidance of Mrs Helen Nana Mensah as part of the Principles of Social Behaviour course. The first presentation, held on 13th May, focused on the Founding Fathers and key sociological thinkers, while the second, held on 16th May, centered on African culture and heritage. Together, these programs aimed to deepen students' understanding of social theory, historical leadership, and African cultural identity, while promoting unity, critical thinking, and appreciation of diversity.

The presentation on 13th May explored the intellectual foundations of sociology and social behaviour through the works and ideas of prominent thinkers such as Émile Durkheim, C. Wright Mills, and Robert K. Merton. Students examined key concepts including community versus individualism, globalization, social structure, and the role of institutions in shaping human behaviour. The session emphasized analytical thinking and demonstrated how theoretical frameworks can be applied to understand real-world social dynamics.

On 16th May, the focus shifted to a vibrant celebration of African culture and heritage. The campus was

transformed into a rich cultural space showcasing traditions from Ghana, Nigeria, Togo, Benin, Equatorial Guinea, Cameroon, and Liberia. Students displayed traditional attire such as Ghanaian kente, Nigerian Ankara, and various indigenous fabrics representing West and Central African identities. Special attention was given to cultural groups, including the Ijaw and Urhobo from Nigeria and the Vogan community from Togo, as well as Gadangbe and Akan from Ghana, among others, with detailed explanations of symbolism, history, and cultural significance.

The event also featured energetic cultural performances, including traditional dances, drumming, poetry recitals, storytelling, and dramatizations. These performances highlighted the richness of African oral tradition and cultural expression. Ghanaian and Nigerian drum rhythms and dances created a lively atmosphere, while storytelling traditions from Liberia

and Cameroon emphasized the importance of oral history in preserving cultural identity.

A food exhibition further enriched the experience, showcasing a variety of traditional African dishes. Meals such as Ghanaian 'etor', kenkey, jollof rice, turkey, salad, and various Nigerian, Togolese, and Cameroonian delicacies were presented. These dishes highlighted the role of food as a key element of cultural identity and social connection, while refreshments added to the hospitality of the event.

The program also encouraged active student participation, with discussions, questions, and cultural exchanges that fostered mutual understanding and respect. The interactive nature of the event strengthened unity among students and deepened appreciation for cultural diversity across the African continent.

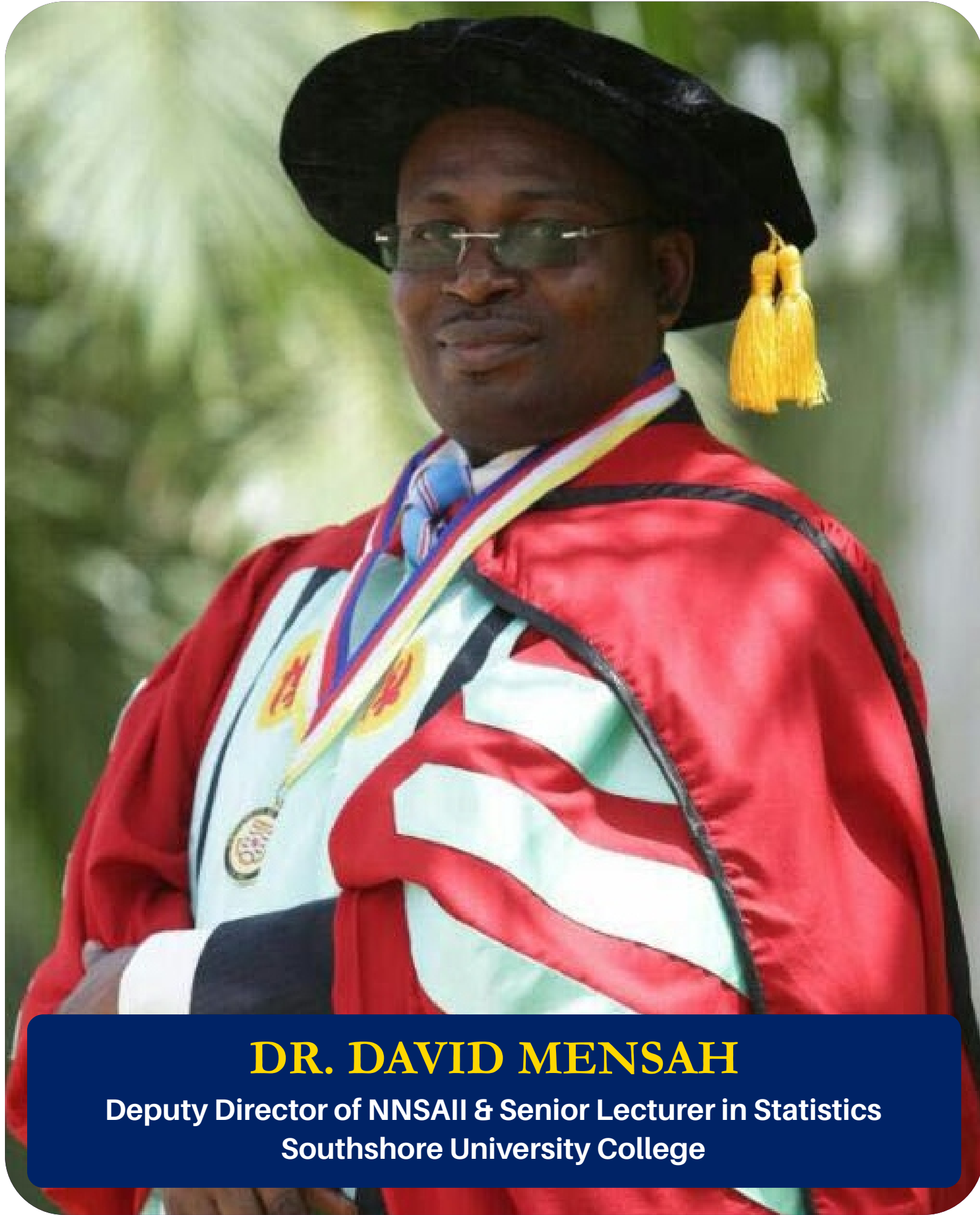


The presentations were honored by the presence of guests, including Dr Gatogo, the dean of the school of Social Science, Arts and Humanities and Mr. Chris Nortey, lecturer in Logic and Critical Thinking, who observed the strong integration of academic theory with cultural expression and student creativity.

In conclusion, both presentations were highly successful and intellectually enriching. The events effectively combined academic theory with cultural

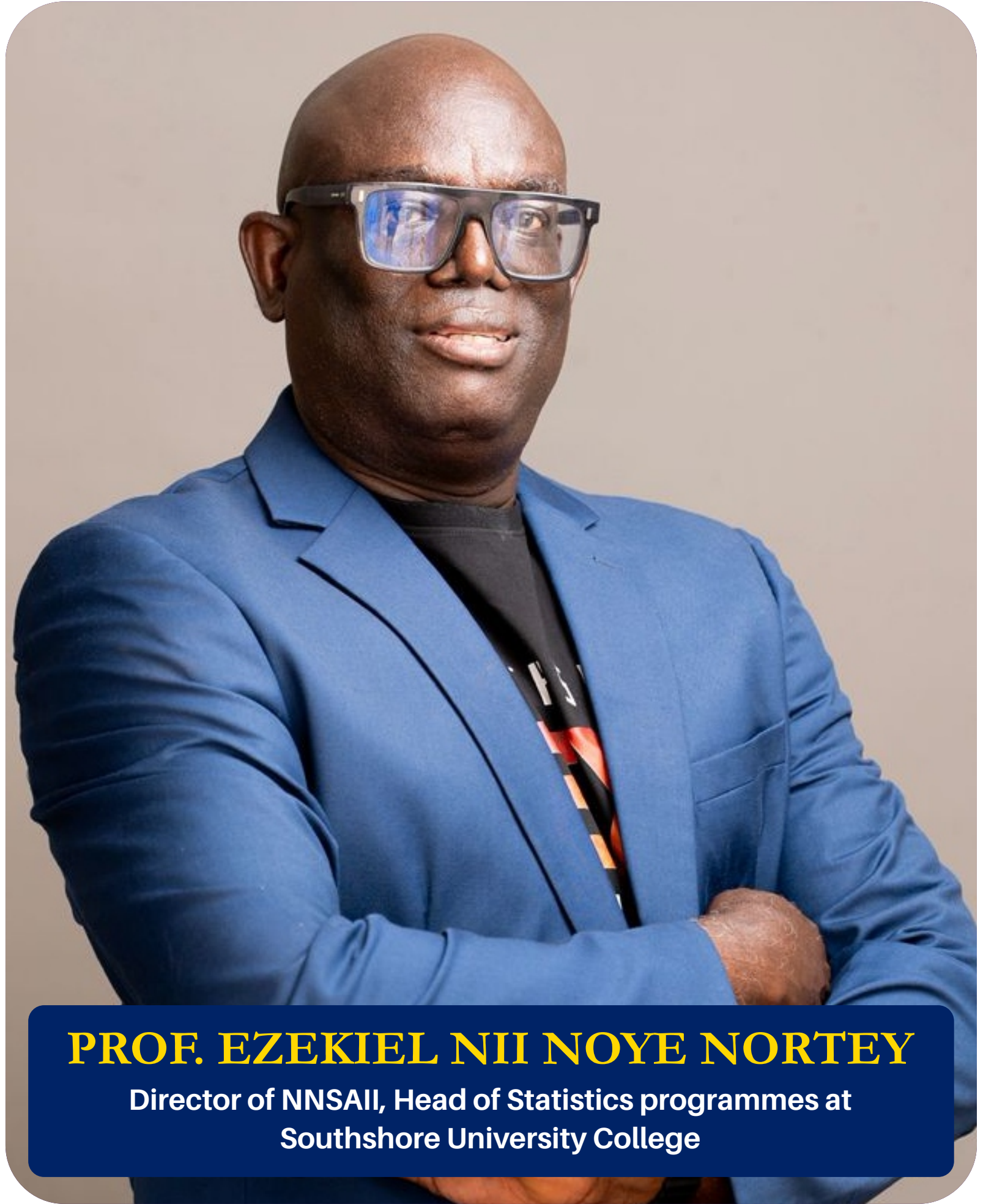
practice, offering students a deeper understanding of social behaviour, leadership thought, and African identity. The programs highlighted the importance of preserving cultural heritage while also developing critical thinking skills through sociological study. They also strengthened unity, collaboration, and appreciation for diversity among students at Southshore University College.

# Southshore University College Faculty to Feature on GHOne TV's GH Today



**DR. DAVID MENSAH**

Deputy Director of NNSAII & Senior Lecturer in Statistics  
Southshore University College



**PROF. EZEKIEL NII NOYE NORTEY**

Director of NNSAII, Head of Statistics programmes at  
Southshore University College

**S**outhshore University College continues to strengthen its reputation as a center for excellence in Statistics, Data Science, and Artificial Intelligence as two distinguished scholars from the **Nsowah-Nuamah Statistics and Artificial Intelligence Institute (NNSAII)** prepare to appear on **GH Today** on **GHOne TV**.

The television media encounter will feature **Prof. Ezekiel Nii Noye Northey, Director of NNSAII and Head of Statistics Programmes at Southshore University College, alongside Dr. David Mensah, Deputy Director of NNSAII and Senior Lecturer in Statistics.**

The interview is expected to provide a national platform for discussing the vision, activities, and academic impact of the Nsowah-Nuamah Statistics and Artificial Intelligence Institute (NNSAII), as well as the growing importance of Statistics, Data Science, and Artificial Intelligence in Ghana's educational and industrial development.

**During the programme, the speakers will outline the**

**vision and core mandate of NNSAII, highlighting the institute's commitment to advancing research, innovation, capacity building, and practical applications of statistics and artificial intelligence to solve real-world challenges.** The discussion will also focus on the institute's ongoing and proposed projects, including academic research, professional training, collaborations, and initiatives aimed at promoting data-driven decision-making and technological advancement.

Another major aspect of the interview will center on the teaching and learning experience of students pursuing Statistics and Data Science at Southshore University College. Prof. Northey and Dr. Mensah are expected to share insights into the department's student-centered approach to learning, practical training opportunities, research exposure, and the integration of modern analytical and computational tools into teaching. The interview will further explore the experiences of lecturers and researchers

within the Department of Computational Sciences. According to the faculty members, Southshore University College continues to provide an enabling environment for academic growth, collaborative research, innovation, and professional development, positioning the institution as a growing hub for computational and statistical sciences in Ghana.

As part of their concluding remarks, the speakers will encourage prospective students and the general public to consider the enormous opportunities available in the fields of Statistics, Data Science, and Artificial Intelligence. They will emphasize the

increasing global demand for professionals equipped with analytical, computational, and problem-solving skills, while reaffirming Southshore University College's dedication to producing highly skilled graduates prepared for industry, research, and national development.

The Southshore University College community and the public are encouraged to tune in to the special edition of GH Today to gain deeper insight into the activities of NNSAI and the university's contribution to advancing knowledge and innovation in Statistics, Data Science, and Artificial Intelligence.



# Programme Launch Master of Public Health (MPH)

A graphic for the MPH programme launch. It features a red background with a white sunburst pattern. At the top left is a grey bell icon. The main text reads "PROGRAMME LAUNCH!" in large, bold, black and red letters. Below this, a red banner contains the text "Master of Public Health" in white. A yellow checkmark icon is followed by the text "Join us for the official launch of our new MPH Programme: Developing leaders to create impact in public health." Below this, the date "On 19th May, 2026" and time "Via MS Teams 3:00pm - 4:00pm" are listed. A megaphone icon with "COMING SOON!" written on it is positioned to the right. At the bottom, the tagline "A new era in public health education." is written in a cursive font.

Southshore University College through its TALI Graduate School successfully launched its new Master of Public Health (MPH) programme on **19th May 2026** during a virtual event held via Microsoft Teams.

The launch brought together university leaders, faculty members, healthcare professionals, prospective students, and invited guests who gathered to witness the unveiling of a programme designed to develop future leaders in public health.

In his opening remarks, representatives of the institution highlighted the growing importance of public health education in addressing global and community health challenges. The new MPH programme was presented as a strategic response to the increasing demand for skilled professionals capable of driving impactful healthcare policies, research, disease prevention, and community health interventions.

Speakers at the event emphasized that the programme would provide students with practical knowledge, leadership skills, and research competence needed to

make meaningful contributions within the healthcare sector. Participants also received insights into the curriculum structure, admission opportunities, career pathways, and the vision behind establishing the programme.

The atmosphere throughout the virtual launch reflected excitement and optimism as attendees expressed strong interest in the initiative. Questions and interactive discussions further demonstrated the enthusiasm surrounding the introduction of the MPH programme.

The successful launch marks another significant milestone for Southshore University College as it continues to expand academic opportunities and strengthen its commitment to excellence in higher education and professional development.

The event concluded with appreciation to all guests, partners, faculty members, and participants who joined the historic occasion and supported the beginning of what organizers described as "a new era in public health education."

# Southshore University College Opens Admissions for Master of Public Health Programme

We're now accepting applications!

## MASTER of PUBLIC HEALTH

A programme designed to equip applicants with the skills to shape policy, address real-world health challenges and drive meaningful change.

[admissions.southshore.edu.gh](https://admissions.southshore.edu.gh)

More information/enquiries:  
**0201063633/0547872488**



Southshore University College through its TALI Graduate School has officially announced that applications are now open for its newly launched Master of Public Health (MPH) programme.

The announcement follows the successful launch of the programme and marks an important step in the institution's commitment to advancing public health education and leadership development across Africa and beyond.

Designed to equip students with practical and professional competencies, the MPH programme aims to prepare applicants to shape health policy, address real-world public health challenges, and drive meaningful change within communities and healthcare systems. The programme will provide advanced training in areas such as health promotion, epidemiology, public health leadership, research, and policy development.

According to the university, the programme is tailored

for healthcare professionals, administrators, researchers, and graduates seeking to build impactful careers in the public health sector.

As part of its academic distinction, TALI Graduate School highlighted that the programme is accredited by the Ghana Tertiary Education Commission (GTEC) and affiliated with the University of Cape Coast (UCC), further reinforcing the credibility and quality of the programme.

Prospective students have been encouraged to take advantage of the admission opportunity and apply through the university's admissions portal. University officials expressed confidence that the programme will contribute significantly to developing a new generation of public health professionals equipped to respond to emerging global and local health needs.

The institution reaffirmed its vision of promoting transformative education under its guiding message: *"Ex Africa, Nova Lux - From Africa, A New Light."*

# Programme Launch



## BSc Data Science and Statistics



# PROGRAMME LAUNCH!

### BSc Statistics & Data Science

Join our launch session to know how you can be part of the pioneering cohort to lead the next wave of data brilliance at Southshore university college.

 **22nd May, 2026**  
Via MS Teams  3:00pm -4:00pm



**S**outhshore University College is set to launch its new Bachelor of Science (BSc) in Data Science and Statistics programme on **Friday, 22nd May 2026 at 3:00 PM** through a virtual session on Microsoft Teams.

The launch event is expected to bring together university administrators, faculty members, industry professionals, prospective students, and invited guests to witness the introduction of a programme designed to equip students with modern analytical, statistical, and technological skills required in today's data-driven world.

The BSc Data Science and Statistics programme has been developed to address the growing global demand for professionals skilled in data analysis, statistical modeling, artificial intelligence, and evidence-based decision-making across various industries. The programme aims to prepare students to become competent data professionals capable of solving real-world problems through data interpretation and innovation.

During the launch, participants will receive insights into the programme structure, admission opportunities, career prospects, and the institution's vision for advancing technology and quantitative education. Speakers are also expected to highlight the relevance of data science and statistics in sectors such as healthcare, business, finance, research, governance, and information technology.

The event will further provide an interactive platform for attendees to engage with faculty members and ask questions about the programme and its opportunities.

The launch marks another important milestone for Southshore University College as it continues to expand its academic offerings and strengthen its commitment to innovation, professional development, and quality higher education.

Students, professionals, and the general public are encouraged to join the virtual launch session via Microsoft Teams.

# Students Prepare for 2026 SRC Main Elections

**SOUTHSHORE UNIVERSITY COLLEGE**  
STUDENT REPRESENTATIVE COUNCIL

**Vote 1**

**DAVID ENAHOLO ITUADON**  
VICE PRESIDENT

**HENRY KWAKU ANNORH**  
SRC PRESIDENT

**VICTORIA BAMIDELE**  
GENERAL SECRETARY

**OPEN, HONEST & INCLUSIVE**

Commitment to Transparent Governance, Ethical Leadership and the Unified of every Student at Southshore. Your Trust is our Mandate, Vote for a Council that is True, Fair and Accountable.

#InclusiveLeadershipNow #RepresentationForAll #LeadWithInclusion #EveryStudentIncl

**VOTE #2**

**Ready and willing, sure to deliver**  
**#Restoring Legitimate leadership**  
**Southshore.**

The Students' Representative Council (SRC) Elections for 2026 at Southshore University College have entered their final and most anticipated stage, as students prepare to head to the polls on **Friday, 22nd May 2026**, to elect new leaders for the student body.

The electoral process has seen significant student participation and engagement over the past weeks. Earlier activities including the vetting of aspirants, campaign sessions, and the SRC Townhall Meeting/Manifesto Reading were successfully held, giving candidates the opportunity to present their visions and interact with students ahead of the election.

The presidential race features two candidates, **Henry Kwaku Annorh** and **Justice Lay Amanfu**, both seeking the mandate of students to lead the SRC for the 2026 academic year. **Victoria Oluwanisola Bamidele** is contesting for the position of General Secretary.

Students are expected to participate actively and responsibly in the election, which remains an important avenue for student representation, leadership development, and democratic participation on campus.

The SRC Elections Committee has encouraged all eligible students to turn out in their numbers on election day and make their voices heard through the ballot.

# TGS Announces Second Cohort of ECBM Programme



## Executive Certificate in **BUSINESS MANAGEMENT**

Learn how to make informed strategic decisions within your respective organizations

**FEES:**  
Ghc1,299.00

**DURATION:**  
8 Weeks

**START DATE:** 2nd June, 2026

**FORMAT:** 100% Online

[Apply Now](#)



For additional information, call >> **0201063633/0547872488**

Following the successful launch of the first batch, TGS is pleased to announce admissions for the second cohort of its Executive Certificate in Business Management (ECBM) programme.

The **8-week fully online** programme is scheduled to commence on **2nd June 2026**, offering participants the flexibility to learn from anywhere while balancing work and personal commitments. Designed for professionals, entrepreneurs, and aspiring leaders, the programme provides practical knowledge and relevant skills in modern business management.

Through interactive virtual sessions and expert-led

discussions, participants will gain valuable insights in leadership, management, and business strategy to enhance their careers and enterprises.

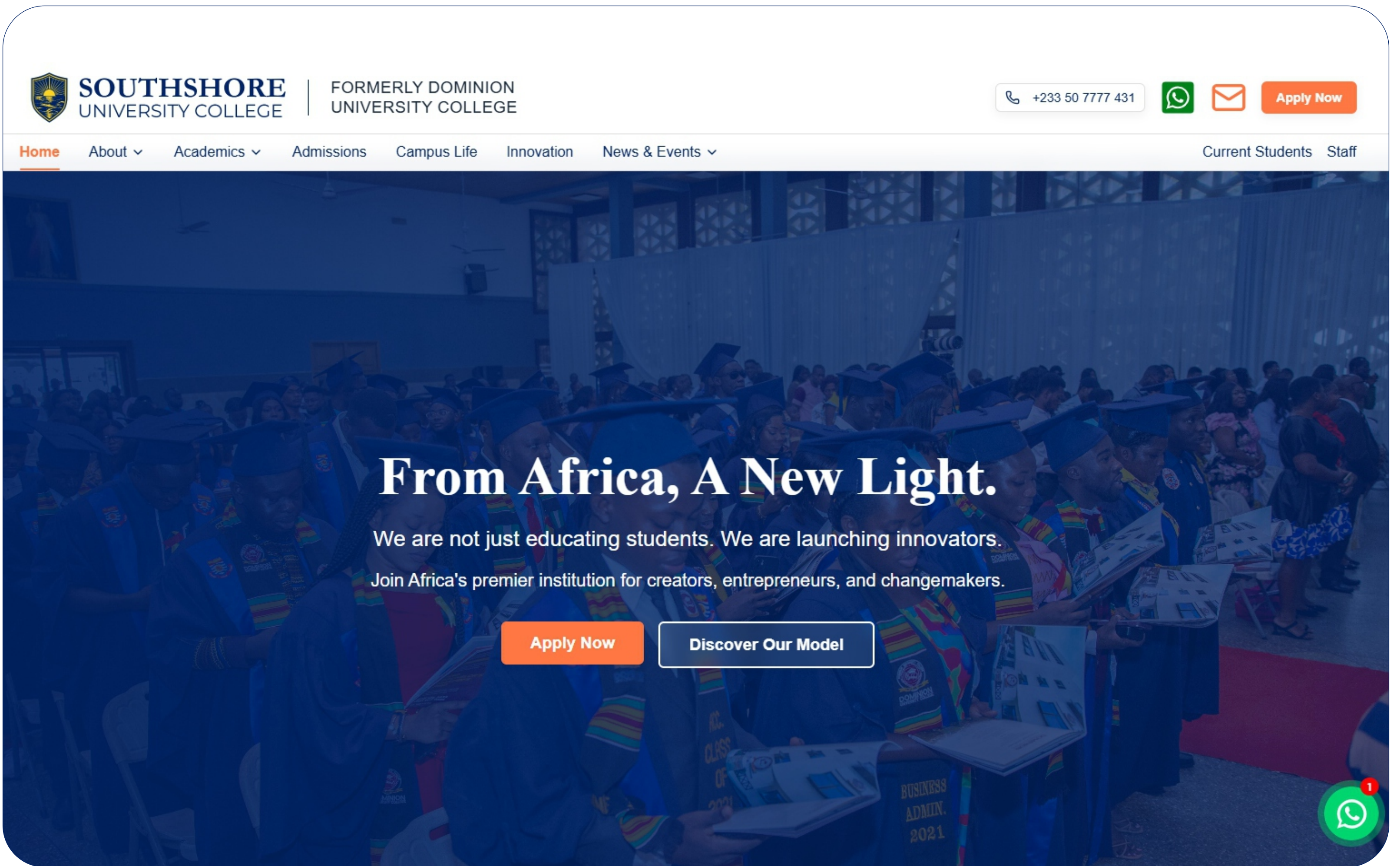
This second cohort presents another opportunity for individuals who missed the first intake or are ready to strengthen their managerial and leadership capabilities in a short period of time.

Interested applicants are encouraged to apply early and become part of a growing network of professionals pursuing excellence through quality education at TGS.

**Apply here:** <https://forms.gle/8uktzUsTyM4JapBM7>

**For enquiries:** 0201063633 / 0547872488

# Reimagined, Rebranded, Relaunched: Welcome to Our New Digital Home



Change is the engine of growth. For some time, we have been building, listening, and refining our vision. Today, we are proud to unveil the next chapter of our digital presence. Our website has been completely transformed.

While our former site laid a strong foundation, this new platform is built to fully reflect who we are today and the future we are creating: a premier institution where Africa's creators, entrepreneurs, and changemakers rise.

## **What's New and Why It Matters:**

**A Bold New Identity:** The design and messaging now fully embody our core belief: "From Africa, A New Light." This is more than a tagline; it is our promise.

**A Clearer Path for Innovators:** Streamlined navigation and compelling content make it easier for future students and partners to discover our unique model and understand how we launch innovators, not just educate students.

**A Dynamic Experience:** This site is built to grow with us - showcasing our community's stories, achievements, and evolving programmes.

This relaunch signifies more than an update. It marks our commitment to leading with clarity, purpose, and ambition. We are the same institution, but with a sharper vision and a stronger platform to share it with the world.

<https://www.southshore.edu.gh>

*Welcome to our new light. Welcome to our new digital home.*

SCAN >>



# Nutrition Corner Are you waiting for "Next Monday" to save your health?



**W**e have all said it. It's Wednesday afternoon, you had a stressful meeting, and you ended up eating a meat pie and a bottle of soda. You think, "Well, this week is already ruined. Let me just eat whatever I want this weekend, and I will start fresh on Monday."

This is the Fresh Start illusion, and it is one of the biggest reasons people stay stuck.

When you tell yourself a mistake ruins the whole week, your brain uses it as an excuse to overeat for the next three days. One indulgent meal didn't ruin your goals; it's the three days of giving up afterward that does the damage. If you get a flat tire on your car, you don't get out and slash the other three tires. You fix the one and keep driving.

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three days. One indulgent meal didn't ruin your goals; it's the three days of giving up afterward that does the damage. If you get a flat tire on your car, you don't get out and slash the other three tires. You fix the one and keep driving.

Your health journey doesn't reset on Monday morning. It resets every time you put food in your mouth. If you eat something less healthy at 1 PM, you don't have to wait four days to get back on track. Just make your 4 PM snack or your 7 PM dinner a healthy choice.

You are never more than one meal away from being back on track. Your health is your true wealth, so don't let a temporary slip turn into a permanent slide.

See you in the next episode of Nutrition and Wellness Corner!

Credit: RD, LD Eugenia Elsie Mireku

# Good Sleep Puzzle



Submit your answers via **WhatsApp** to **0507777431**

Balance  
Deep  
Healing  
Quiet  
Refreshment  
Rest  
Stillness  
Calm  
Dreams  
Night  
Recharge  
Relaxation  
Restful  
Tranquility

Comfort  
Fase  
Peace  
Recovery  
Renewal  
Slumber  
Wellness

E	F	Y	T	I	L	I	U	Q	N	A	R	T	P	W
P	G	P	X	T	D	Q	O	G	U	L	E	E	U	W
R	V	R	A	P	K	R	S	H	D	I	E	O	O	Y
R	E	L	A	X	A	T	I	O	N	D	E	F	L	S
S	K	O	S	H	S	Q	X	C	G	C	U	T	A	J
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W	E	E	F	K	V	Y	H	S	L	U	M	B	E	R
Q	R	T	N	E	M	H	S	E	R	F	E	R	T	N