

# GONALIA™ Food supplement

**Indications:** Food supplement based on Curcufast®, Curcuminoids, Teupol®, Magnesium, Vitamin B6, Folic Acid and Vitamin D.

**Vitamin B6 contributes to the regulation of hormonal activity.**

**Ingredients:** bulking agents: cellulose, cross-linked sodium carboxymethylcellulose; Curcufast® (Magnesium Hydroxide; Curcuminoids from Curcuma longa L. rhizome) at 30% in Curcuminoids; Curcuminoids from Curcuma longa L. rhizome; agents anti-caking agents: magnesium salts of fatty acids, silicon dioxide and talc; Teupol® Ajuga reptans extract from cell cultures tit. at 10% in Teupolosides; red film (coating agents: Hydroxypropyl methylcellulose, Talc, Polyethylene glycol; Dyes: Iron oxides and hydroxides); Vitamin B6 (Pyridoxine hydrochloride); Folic acid (pteroylmonoglutamic acid); Vitamin D (Cholecalciferol).

**How to use:** it's recommended to take 1 or 2 tablets per day, preferably on an empty stomach and away from meals.

AVERAGE CONTENTS	daily dose (2 cpr)	% NRV*
Curcufast®	500 mg	
of which Curcuminoids	150 mg	
Curcuminoids from Tumeric	350 mg	
Total Curcuminoids	500 mg	
Teupol®	70 mg	
of which Teupolosite	7 mg	
Magnesium	145 mg	38,7%
Vitamin B6	1,4 mg	100%
Folic Acid	400 mcg	200%
Vitamin D	25 mcg	500%

\*NRV: Nutritional value of reference in accordance with EU Reg. 1169/2011

**GLUTEN FREE**  
**LACTOSE FREE**

**Packaging:**  
**30 tablets of 1,1 g**  
**Net weight 33 g e**

**Warnings:** Do not exceed the recommended daily dose. Keep out of reach of children less than 3 years. Food supplements are not intended as substitutes for a varied diet balanced and a healthy lifestyle.

**In case of alteration of liver function, biliary function or biliary calculi, the use of product is not recommended. Do not use during pregnancy and breastfeeding. Do not use for periods prolonged without consulting your doctor. If you are taking medications, it is appropriate to hear the doctor's opinion.**

**Storage method:** Store in a cool place (at a temperature not exceeding 25°C) dry, protected from light and humidity. The minimum shelf life refers to the product correctly stored, in intact packaging.

Produced and packaged in the plant of:  
Via Prenestina, 141 - 03014 Freggi (FR)  
On behalf of **S&R Farmaceutici S.p.A.**  
Via dei Pioppi 2 - 06083 Bastia Umbra (PG) ITALY  
[www.srfarmaceutici.com](http://www.srfarmaceutici.com)



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