## **PERICLIM**<sup>™</sup>FORTE

**PERICLIM**<sup>™</sup>FORTE is a food supplement based on Live Lactic Ferments, Vitamin D, Melatonin, Black Cohosh and Trans-Resveratrol. Black Cohosh is useful for counteracting menopause disorders. Live lactic ferments promote balance intestinal flora. Vitamin D contributes to normal absorption and use of calcium and phosphorus, to maintenance of normal bones, to the normal function of the immune system, maintenance of normal teeth and maintenance normal muscle function. Melatonin contributes to the reduction of the time required to sleep, the beneficial effect is obtained with the intake, just before bedtime, of 1 mg of melatonin.

**INGREDIENTS:** Sweeteners: Sorbitol, Sucralose and Acesulfame K; bulking agents: maltodextrin, corn starch and gum arabic; vanilla flavoring; Lactobacillus crispatus LCr86, Lactobacillus gasseri LGS3, Black cohosh (Cimicifuga racemosa (L.) Nutt.) rhizome tit. 2.5% triterpenglycosides; 98% trans-resveratrol; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; Melatonin, Vitamin D3 (cholecalciferol).

AVERAGE CONTENTS	per daily dose 1 stick pack	% NRV*	
Lactobacillus gasseri	1 bil. live cells		GLUTEN FREE
Lactobacillus crispatus	1 bil. live cells		LACTOSE FREE
Black Cohosh d.e. of which triterpenglicosidi	40 mg 1 mg		
Trans-Resveratrol	15 mg		
Melatonin	1 mg		
Vitamin D	50 mcg	1000	

\* NRV: Reference nutritional value according with to EU Regulation 1169/2011

**HOW TO USE:** It's recommended to take 1 stick pack a day, preferably in the evening before bedtime.

**WARNINGS:** Do not exceed the recommended daily dose. Keep out of reach of children under 3 years old. Food supplements are not intended to be as a substitute for a varied and balanced diet and a healthy lifestyle. For the use of the product and for the duration of its intake it is recommended to consult your doctor. However, do not use the product in case of malfunctions or liver disease. The use of the product in combination with medicines can take place only under medical supervision. It contains polyols, a excessive consumption can have laxative effects.

**STORAGE CONDITIONS:** Keep the product in a cool and dry place (with temperature not above at 25  $^{\circ}$  C), away from light. The expiry date refers to the properly stored product, in unopened package.

PACKAGING: box of 60 stick packs. Net weight 120 g

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