

UHV IMPORTANT TOPICS AND SAMPLE QUESTIONS

Important Topics:

- Self and Body requirements (Difference, Priority).
- Peer Pressure (Concerns, Solutions)
- Natural Acceptance (Characteristics)
- Understanding (Self-understanding, Understanding Expectations on the level of self as well as others)
- Relationship
- Efforts made or to be made
- Priorities in different situations. (Between needs of self and body, Between Right understanding, Relationships and Physical facilities)

SAMPLE QUESTIONS

1. What are the characteristics of Natural Acceptance?
2. What will happen if we don't prioritize Right Understanding or Relationship before Physical Facilities?
3. Mention about major sources of peer pressure?
4. Write about the concern in terms of peer pressure.
5. Difference between self-needs and body needs.

6. Are both types of needs important / Do we want fulfillment of both types of needs? Are we working to fulfill both types of needs? What is the priority between the needs of the Self & the needs of the Body?
7. Understanding Harmony in nature and mutual fulfillment of expectations.