# Lenovo ThinkPad E14 Gen 7 - 14" - AMD Ryzen 5 - 230 - 16 GB RAM - 512 GB SSD - UK (21T0001XUK)

Lenovo ThinkPad E14 Gen 7 21T0 - 180-degree hinge design - AMD Ryzen 5 - 230 / up to 4.9 GHz - Win 11 Pro - Radeon 760M - 16 GB RAM - 512 GB SSD TCG Opal Encryption 2, NVMe - 14" IPS 1920 x 1200 - Gigabit Ethernet - Wi-Fi 6E, Bluetooth - black - kbd: UK - with 1 Year Lenovo Premier Support, CO2 Offset 0.5 ton (2nd Gen)



The Lenovo ThinkPad E14 Gen 7 is designed to enhance productivity in various environments. Featuring a 14-inch display with a native resolution of  $1920 \times 1200$ , this notebook offers sharp visuals and a vibrant viewing experience, suitable for both work and entertainment. The screen is complemented by IPS technology and low blue light capabilities to reduce eye strain during prolonged use. The device is equipped with Harman audio technology and Dolby Atmos, ensuring an immersive sound experience during meetings or while enjoying music or films.

Powered by an AMD Ryzen 5 processor with a max turbo speed of 4.9 GHz and backed by 16 MB of L3 cache, the Lenovo ThinkPad E14 Gen 7 delivers reliable performance for multitasking. The notebook includes a backlit keyboard for comfortable typing in low-light settings and robust security features like a fingerprint reader. With multiple USB-C and HDMI ports, along with USB Power Delivery, the notebook supports versatile connectivity, making it a suitable companion for professionals on the move.

# **Key Selling Points**

14-inch WUXGA display for vibrant visuals
Powered by AMD Ryzen 5 processor for efficient multitasking
Harman audio technology and Dolby Atmos for sound quality
Backlit keyboard for improved typing experience in low light
Robust security with integrated fingerprint reader

#### **Product Features**

#### High-quality display

The 14-inch display with a resolution of  $1920 \times 1200$  provides clear images and a high level of detail, making it ideal for a range of tasks from document editing to video streaming.

#### Immersive audio experience

Featuring dual array microphones and stereo speakers with Dolby Atmos technology, this notebook delivers rich sound and crisp audio clarity for calls, music, and media.

#### Powerful processing performance

With a 6-core AMD Ryzen 5 processor and a maximum turbo speed of 4.9 GHz, this device ensures high performance and efficiency for demanding applications.

#### **Enhanced connectivity options**

Equipped with multiple USB-C ports, HDMI, and USB 3.2 Gen connections, the notebook supports various devices and fast data transfer, enhancing productivity.

#### **Reliable security features**

The integrated fingerprint reader provides a secure way to access the notebook, protecting against unauthorized use and ensuring data safety.

# **Main Specifications**

Product Description	Lenovo ThinkPad E14 Gen 7 - 14" - AMD Ryzen 5 - 230 - 16 GB RAM - 512 GB SSD - UK
Product Type	Notebook - 180-degree hinge design
Operating System	Win 11 Pro - English
Processor	AMD Ryzen 5 230 / 3.5 GHz, up to 4.9 GHz / 16 MB Cache
Neural Processor Unit (NPU)	AMD Ryzen AI - up to 16 TOPS
Memory	16 GB DDR5 (1 x 16 GB)
Storage	512 GB SSD - TCG Opal Encryption 2, NVMe

Display	14" 1920 x 1200 / WUXGA @ 60 Hz
Graphics	AMD Radeon 760M
Input Device	TrackPoint, UltraNav
Keyboard	UK
Keyboard Backlight	Yes
Integrated Webcam	Yes
Networking	802.11a/b/g/n/ac/ax (Wi-Fi 6E), Bluetooth 5.3, Gigabit Ethernet
Security	Discrete Trusted Platform Module (TPM 2.0) Security Chip, fingerprint reader
Colour	Black
Dimensions (WxDxH)	31.3 cm x 22.03 cm x 1.97 cm
Weight	1.41 kg
Localisation	Language: English / region: United Kingdom
Manufacturer Selling Program	Lenovo TopSeller
Environmental Standards	TCO Certified, generation 10, for notebooks, ENERGY STAR Qualified EPEAT Gold
Carbon Footprint	170 kg carbon emissions
Manufacturer Warranty	Limited warranty - 1 year - pick-up and return $\dagger$ Extended warranty - 1 year - onsite - response time: next business day
Bundled Services	1 Year Lenovo Premier Support, CO2 Offset 0.5 ton (2nd Gen)

# **Extended Specification**

# General

Product Type	Notebook - 180-degree hinge design
Operating System	Windows 11 Pro - English

## Memory

RAM	16 GB (1 x 16 GB)
Max RAM Supported	64 GB
Technology	DDR5 SDRAM
Speed	5600 MT/s
Rated Speed	5600 MT/s
Form Factor	SO-DIMM 262-pin
Slots Qty	2
Empty Slots	1

## **Manufacturer Warranty**

Service & Support	Limited warranty - 1 year - pick-up and return   Extended warranty - 1 year - on- site - response time: next business day
Bundled Services	1 Year Lenovo Premier Support, CO2 Offset 0.5 ton (2nd Gen)

# Storage

Main Storage	512 GB SSD M.2 2242 PCIe 4.0 x4 -	<ul> <li>TCG Opal Encryption 2, NVM Express (NVMe)</li> </ul>
--------------	-----------------------------------	---

#### Miscellaneous

Colour	Black
Case Material	Aluminium (top), aluminium (bottom)
Security	Discrete Trusted Platform Module (TPM 2.0) Security Chip, fingerprint reader
Features	Administrator password, system password, power-on password, MIL-STD-810H tested, self-healing BIOS, NVMe password, certificate based BIOS authentication, FIDO (Fast Identity Online) authentication
Theft/Intrusion Protection	Security lock slot (cable lock sold separately)

Security Slot Type Kensington nano security slot

Included Accessories USB-C power adapter

Compliant Standards RoHS, FIPS 140-2, Energy-Related Products (ErP) Lot 6, TCG Certified, Energy-

Related Products (ErP) Lot 26, TUV Rheinland Low Blue Light (Software Solution)

Localization Language: English / region: United Kingdom

Manufacturer Selling Program Lenovo TopSeller

#### **Environmental Parameters**

Min Operating Temperature 5 °C

Max Operating Temperature 35 °C

Humidity Range Operating 8 - 95%

#### **Display**

Type 14" - IPS

Resolution 1920 x 1200 (WUXGA)

V-Sync Rate at Max Res. 60 Hz
Widescreen Yes
Image Aspect Ratio 16:10
Image Brightness 300 cd/m²
Horizontal Viewing Angle +89 / -89
Vertical Viewing Angle +89 / -89
Colour Gamut 45% NTSC

Features Anti-glare, Low Blue Light technology

#### **Battery**

Technology Lithium polymer

Capacity 64 Wh

#### **Communications**

Wireless 802.11a/b/g/n/ac/ax (Wi-Fi 6E), Bluetooth 5.3

Wireless Controller M.2 Card

Network Interface Gigabit Ethernet
Ethernet Controller Realtek RTL8111H-CG

Features Wake-on-LAN (WOL), dual stream (2x2)

### **Dimensions & Weight**

Dimensions (WxDxH) 31.3 cm x 22.03 cm x 1.97 cm

Weight 1.41 kg

#### **Processor / Chipset**

CPU AMD Ryzen 5 230 / 3.5 GHz

Max Turbo Speed 4.9 GHz

Number of Cores 6-core

Cache L3 - 16 MB

Features Integrated memory controller

#### **Audio & Video**

Graphics Processor AMD Radeon 760M

Max Monitors Supported 3 external monitor(s)

Video System Features Direct X 12
Camera Yes - 1080p

Camera Features	Privacy shutter, Windows Hello, fixed focus, Temporal Noise Reduction, hybrid FHD/IR camera
Sound	Stereo speakers, dual array microphone
Codec	Senary SN6147
Compliant Standards	High Definition Audio, Dolby Atmos
Audio Features	Output: Harman audio technology; Input: smart noise-cancelling

### Input

Type	Keyboard, TrackPoint, UltraNav
Keyboard Backlight	Yes
Keyboard Layout	UK
Features	Multimedia control, spill-resistant, multi-touch touchpad, Copilot key

# **AC Adapter**

Input	AC 100-240 V (50/60 Hz)
Output	65 Watt

# **Connections & Expansion**

Slots	1 x M.2 (PCI Express 4.0 x4) (1 free)
Interfaces Details	USB 3.2 Gen 1   USB 3.2 Gen 2 (Always On)   USB-C 3.2 Gen 1 (supports DisplayPort 1.4 Alt Mode) (Power Delivery 3.1)   USB4 (supports DisplayPort 1.4a Alt Mode) (Power Delivery 3.1)   HDMI (4K support)   Headphone/microphone combo jack

# **Sustainability Information**

TCO Certified	- TCO Certified, generation 10, for notebooks
EPEAT Compliant	EPEAT Gold
ENERGY STAR Certified	Yes
Carbon Footprint	170 kg carbon emissions
Total CF/unit Standard Deviation (kg CO2e)	28
PAIA Version	1.4.7

# **Neural Processor Unit (NPU)**

	Neural Processor Unit (NPU)	AMD Ryzen AI
	NPU Performance Up To (TOPS)	16 TOPS
	Total Processor Performance Up To (TOPS)	31 TOPS

# What's in the box

Lenovo ThinkPad E14 Gen 7 21T0 USB-C power adapter

Product data is provided by CNET, we do not warrant the accuracy and completeness of the material contained in this data sheet