

Lenovo ThinkBook 14 G7 ARP - 14" - AMD Ryzen 5 - 7535HS - 8 GB RAM - 256 GB SSD - UK (21MV0016UK)

Lenovo ThinkBook 14 G7 ARP 21MV - 180-degree hinge design - AMD Ryzen 5 - 7535HS / up to 4.55 GHz - Win 11 Pro - Radeon 660M - 8 GB RAM - 256 GB SSD NVMe - 14" IPS 1920 x 1200 - Gigabit Ethernet - Wi-Fi 6E, Bluetooth - arctic grey - kbd: UK



The Lenovo ThinkBook 14 G7 ARP is designed for professionals who demand security, performance, and durability. Featuring a robust aluminum case that has passed MIL-STD-810H tests, this notebook is built to last. Security is a top priority, with a firmware TPM 2.0 security chip and a fingerprint reader ensuring your data stays protected. Performance is not compromised, thanks to an AMD processor and 16 GB of DDR5 RAM, making multitasking and running demanding applications a breeze. The 14-inch WUXGA IPS LED display, with anti-glare and Low Blue Light technology, offers a comfortable and immersive viewing experience. With a wide range of connectivity options, including USB4/DisplayPort 1.4 with 4K support and Bluetooth 5.3, you'll stay connected to what matters most. Whether you're working from the office, home, or on the go, the Lenovo ThinkBook 14 G7 ARP is the perfect companion for today's dynamic business environment.

Key Selling Points

- 14-inch WUXGA IPS LED display with anti-glare and Low Blue Light technology for comfortable viewing
- AMD processor with 16 GB DDR5 RAM for high-speed performance and multitasking
- TPM 2.0 security chip and fingerprint reader for enhanced data protection
- Aluminum case with MIL-STD-810H certification for durability
- Multiple connectivity options including USB4/DisplayPort 1.4 with 4K support and Bluetooth 5.3

Product Features

- Enhanced security**
Equipped with a firmware Trusted Platform Module (TPM 2.0) security chip and a fingerprint reader, the Lenovo ThinkBook 14 G7 ARP offers advanced security features to protect sensitive data.
- Robust design**
Built to withstand the rigors of daily use, this notebook has passed MIL-STD-810H tests and features an aluminum case with an anodizing sandblasting surface finish, ensuring durability and reliability.
- Superior connectivity**
With a wide range of interfaces including USB4/DisplayPort 1.4 with 4K support, USB-C 3.2 Gen 2, and Bluetooth 5.3, this device ensures seamless connection to a variety of peripherals and networks.
- Immersive display**
The 14-inch WUXGA (1920 x 1200) IPS LED display, featuring anti-glare technology and Low Blue Light technology, provides a comfortable viewing experience with vivid colors and wide viewing angles.
- High performance**
Powered by an AMD processor with integrated memory controller and 16 GB of DDR5 RAM, the Lenovo ThinkBook 14 G7 ARP delivers exceptional performance for multitasking and demanding applications.

Main Specifications

Product Description	Lenovo ThinkBook 14 G7 ARP - 14" - AMD Ryzen 5 - 7535HS - 8 GB RAM - 256 GB SSD - UK
Product Type	Notebook - 180-degree hinge design
Operating System	Win 11 Pro - English
Processor	AMD Ryzen 5 7535HS / 3.3 GHz, up to 4.55 GHz / 16 MB Cache
Memory	8 GB DDR5 (1 x 8 GB)
Storage	256 GB SSD - NVMe
Display	14" 1920 x 1200 / WUXGA
Graphics	AMD Radeon 660M
Keyboard	UK

Keyboard Backlight	Yes
Integrated Webcam	Yes
Networking	802.11a/b/g/n/ac/ax (Wi-Fi 6E), Bluetooth 5.3, Gigabit Ethernet
Security	Firmware Trusted Platform Module (TPM 2.0) Security Chip, fingerprint reader
Colour	Arctic grey
Dimensions (WxDxH)	31.35 cm x 22.4 cm x 1.69 cm
Weight	1.38 kg
Localisation	Language: English / region: United Kingdom
Manufacturer Selling Program	Lenovo TopSeller
Environmental Standards	TCO Certified Notebooks 9, ENERGY STAR Qualified EPEAT Gold
Manufacturer Warranty	Limited warranty - 1 year - pick-up and return

Extended Specification

General

Product Type	Notebook - 180-degree hinge design
Operating System	Windows 11 Pro - English

Memory

RAM	8 GB (1 x 8 GB)
Max RAM Supported	64 GB
Technology	DDR5 SDRAM
Rated Speed	4800 MHz
Form Factor	SO-DIMM 262-pin
Slots Qty	2
Empty Slots	1

Manufacturer Warranty

Service & Support	Limited warranty - 1 year - pick-up and return
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Storage

Main Storage	256 GB SSD M.2 2242 PCIe 4.0 x4 - NVMe Express (NVMe)
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Miscellaneous

Colour	Arctic grey
Case Material	Aluminium (top), aluminium (bottom)
Surface Finish	Anodising sandblasting
Security	Firmware Trusted Platform Module (TPM 2.0) Security Chip, fingerprint reader
Features	MIL-STD-810H tested, Modern Standby
Theft/Intrusion Protection	Security lock slot (cable lock sold separately)
Security Slot Type	Kensington nano security slot
Included Accessories	USB-C power adapter
Compliant Standards	RoHS, Energy-Related Products (ErP) Lot 6, Energy-Related Products (ErP) Lot 26, TUV Rheinland Low Blue Light (Software Solution)
Localization	Language: English / region: United Kingdom
Manufacturer Selling Program	Lenovo TopSeller

Environmental Parameters

Min Operating Temperature	5 °C
Max Operating Temperature	35 °C
Humidity Range Operating	8 - 95%

Software

Software Included	Microsoft Office (Trial)
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Display

Type	14" - IPS
Resolution	1920 x 1200 (WUXGA)
Widescreen	Yes
Image Aspect Ratio	16:10
Image Brightness	300 cd/m²
Colour Gamut	45% NTSC
Features	Anti-glare, Low Blue Light technology

Battery

Technology	Lithium polymer
Capacity	45 Wh

Communications

Wireless	802.11a/b/g/n/ac/ax (Wi-Fi 6E), Bluetooth 5.3
Network Interface	Gigabit Ethernet
Features	Dual stream (2x2)

Dimensions & Weight

Dimensions (WxDxH)	31.35 cm x 22.4 cm x 1.69 cm
Weight	1.38 kg

Processor / Chipset

CPU	AMD Ryzen 5 7535HS / 3.3 GHz
Max Turbo Speed	4.55 GHz
Number of Cores	6-core
Cache	L3 - 16 MB
Features	Integrated memory controller

Audio & Video

Graphics Processor	AMD Radeon 660M
Camera	Yes - 1080p
Camera Features	Privacy shutter, Windows Hello, fixed focus, hybrid HD/IR camera
Sound	Stereo speakers, dual array microphone
Codec	Realtek ALC3287
Compliant Standards	High Definition Audio, Dolby Audio

Input

Type	Keyboard, touchpad
Keyboard Backlight	Yes
Keyboard Layout	UK
Features	Spill-resistant, multi-touch touchpad, buttonless touchpad, precision touchpad

AC Adapter

Input	AC 100-240 V (50/60 Hz)
Output	65 Watt

Connections & Expansion

Slots	2 x M.2 (PCI Express 4.0 x4) (1 free)
Interfaces Details	USB 3.2 Gen 2 USB 3.2 Gen 1 (Always On) USB4 (supports Thunderbolt 4, DisplayPort 1.4 Alt Mode) (Power Delivery 3.0) USB4/DisplayPort 1.4 (Power Delivery 3.0) HDMI Headphone/microphone combo jack (mini-phone 3.5 mm) LAN (RJ-45)
Memory Card Reader	Yes (SD Card)

Sustainability Information

TCO Certified	- TCO Certified Notebooks 9
EPEAT Compliant	EPEAT Gold
ENERGY STAR Certified	Yes

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