

Apple Watch Series 11 (GPS) - jet black aluminium - smart watch with sport band - black - 64 GB (MEQT4MP/A)

Apple Watch Series 11 (GPS) - 42 mm - jet black aluminium - smart watch with sport band - fluoroelastomer - black - band size: S/M - 64 GB - Wi-Fi 4, UWB, Bluetooth - 30.3 g



The Apple Watch Series 11 (GPS) is designed to enhance fitness tracking and daily productivity with a comprehensive suite of features. Equipped with a Retina LTPO3 OLED display, the watch ensures vibrant visuals and utilitarian clarity. The body is crafted from 100% recycled aluminum, combining water resistance rated to 50 m with a dust-resistant design, making it suitable for an active lifestyle. It comes with a comfortable fluoroelastomer sport band that can be easily changed to match any look or activity.

Key Selling Points

- Features an array of sensors including blood oxygen and ECG monitoring
- Offers seamless connectivity with Bluetooth 5.3 and Wi-Fi
- Provides a variety of sports tracking options from cycling to yoga
- Includes a highly efficient lithium-ion rechargeable battery with an hour recharge time
- Enables voice control with Siri for hands-free operation

Product Features

- Versatile tracking capabilities**
The Apple Watch Series 11 features extensive tracking data for various activities, including distance, calories burned, heart rate, sleep activity, and more, allowing users to monitor their fitness journey.
- Robust communication interfaces**
With wireless connectivity including Bluetooth 5.3 and IEEE 802.11n, the watch provides efficient communication with smartphones and other devices, ensuring users stay connected.
- Intuitive user interface**
The watch employs a touch-sensitive screen along with a digital crown and gesture input options, creating a user-friendly experience that is responsive and easy to navigate.
- Water and dust resistance**
Designed to withstand challenging environments, the Apple Watch is rated IP6X for dust resistance and water-resistant up to 50 m, making it suitable for swimming and outdoor activities.
- Enhanced health monitoring**
With features such as an electrical heart sensor, blood oxygen sensor, and a suite of fitness metrics, the Apple Watch Series 11 empowers users to maintain their health proactively.

Main Specifications

Product Description	Apple Watch Series 11 (GPS) - jet black aluminium - smart watch with sport band - black - 64 GB
Product Type	Smart watch
Manufacturer Model Number	A3331
Activity / Sport	Golf, running, swimming, ski, cycling, hiking, walking, yoga, snowboarding, strength training, elliptical, multisport, dance, stair stepping, pilates, wheelchair, high-intensity interval training (HIIT), outdoor rowing, paddling, rowing machine, cooldown, core training, tai chi, kickboxing
Tracking Data	Distance, time, calories burned, activity, sleep activity, heart rate, blood oxygen saturation, sleep stages, running cadence, noise level, menstrual cycle, swimming metrics, ECG, training load, sleep quality score, ovulation phase, stride length, mindfulness

Connectivity	Wi-Fi 4, UWB, Bluetooth
Navigation	GPS/GLONASS/Galileo/BeiDou/QZSS receiver
Display	Retina LTPO3 OLED 374 x 446 pixels - 326 ppi - Ion-X glass - always-on display
Processor	Apple S10
Storage	64 GB
Operating System	WatchOS
Case	Rectangular - 42 mm - 100% recycled aluminium
Band	Black - sport band - fluoroelastomer - size: S/M - changeable
Payment Technology	Apple Pay
Intelligent Assistant	Siri
Input	Touch screen, side button, rotating crown, double tap gesture, wrist flick gesture
Fits Wrist with Circumference	130-180 mm
Notifications	Calendar, SMS, Email, applications, high and low heart rate, irregular rhythm, sleep apnea notifications, backtrack, hypertension
Features	Call handling, Fall detection, Emergency SOS, medication reminder, sleep apnea detection, heart rate zones, brightness: 2000 nits, Family Setup support, International Emergency Calling, Crash Detection, noise monitoring, fast charge, run workout builder, offline maps, roaming support
Supported Host Device OS	iOS
Battery	Rechargeable Lithium Ion
Battery Run Time	Up to 38 hours
Dimensions (WxDxH)	36 mm x 9.7 mm x 42 mm
Weight	30.3 g
Specific Absorption Rate (SAR)	0.11 W/kg (head) 0.03 W/kg (wrist)
Manufacturer Warranty	1-year warranty

Extended Specification

General

Product Type	Smart watch
Manufacturer Model Number	A3331
Supported Host Device OS	iOS 26 or later
Notifications	Calendar, SMS, Email, applications, high and low heart rate, irregular rhythm, sleep apnea notifications, backtrack, hypertension
Navigation	GPS/GLONASS/Galileo/BeiDou/QZSS receiver
Activity / Sport	Golf, running, swimming, ski, cycling, hiking, walking, yoga, snowboarding, strength training, elliptical, multisport, dance, stair stepping, pilates, wheelchair, high-intensity interval training (HIIT), outdoor rowing, paddling, rowing machine, cooldown, core training, tai chi, kickboxing
Tracking Data	Distance, time, calories burned, activity, sleep activity, heart rate, blood oxygen saturation, sleep stages, running cadence, noise level, menstrual cycle, swimming metrics, ECG, training load, sleep quality score, ovulation phase, stride length, mindfulness
Payment Technology	Apple Pay
Audio Input	Microphone with voice isolation
Audio Output	Speaker
Operating System	WatchOS
Wearing Style	Watch style
Feedback Type	Audio alert, vibration alert, visual interface

Clock Display	Yes
Set Goals	Yes
Sensors	Ambient light sensor, digital compass, depth gauge, electrical heart sensor, blood oxygen sensor, water temperature sensor, optical heart sensor (3d gen), always-on altimeter, temperature sensor, high-g accelerometer, gyroscope with high dynamic range
Features	Call handling, Fall detection, Emergency SOS, medication reminder, sleep apnea detection, heart rate zones, brightness: 2000 nits, Family Setup support, International Emergency Calling, Crash Detection, noise monitoring, fast charge, run workout builder, offline maps, roaming support

Storage

Capacity	64 GB
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Miscellaneous

Preloaded Software	Workout, GymKit
Vibrating Alert	Yes
Body Material	100% recycled aluminium
Protection	Water-resistant, dust-resistant
Compliant Standards	IP6X, BFR-free, PVC-free, Mercury-free, Arsenic-free
Specific Absorption Rate (SAR)	0.11 W/kg (head) 0.03 W/kg (wrist)
Included Accessories	Magnetic fast charger to USB-C cable (1 m)
Warranty	1-year warranty

Environmental Parameters

Max Depth of Water Resistance	50 m
Min Operating Temperature	0 °C
Max Operating Temperature	35 °C
Humidity Range Operating	5 - 90% (non-condensing)
Max Altitude Operating	3000 m

Display

Type	Retina LTPO3 OLED - colour
Resolution	374 x 446 pixels
Protection	Ion-X glass
Pixel Density	326 ppi
Always On Display (AOD)	Yes

Battery

Technology	Lithium Ion
Rechargeable Battery	Yes
Wireless Charging	Yes
Run Time (Up To)	38 hours
Recharge Time	1 hour
Run Time Details	Typical usage - up to 24 hours Low power mode - up to 38 hours Audio playback - up to 11 hours Outdoor workout time with GPS - up to 8 hours

Connectivity

Wireless Interface	IEEE 802.11n, Ultra-Wideband (UWB), Bluetooth 5.3
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Input Device

Type	Touch sensitive screen, side button, rotating crown, double tap gesture, wrist flick gesture
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Human Understanding Interface Gesture input

Dimensions & Weight

Details	Case only: 30.3 g
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CPU

Manufacturer	Apple
Type	S10
Features	W3 Apple wireless chip, second-generation Ultra Wideband chip, 4-core Neural Engine

Band

Name	Sport band
Changeable	Yes
Size	S/M
Fits Wrist with Circumference	130-180 mm
Clasp Type	Pin-and-tuck
Material	Fluoroelastomer
Colour	Black

Smart Watch Case

Case Shape	Rectangular
Case Size	42 mm
Crown Type	Digital with haptic feedback
Case Back	Metal and sapphire crystal back
Case Details	Jet black aluminium

Internet of Things (IoT)

Internet of Things (IoT) Compatible	Yes
Intelligent Assistant	Siri
Voice Controlled	Direct

Product data is provided by CNET, we do not warrant the accuracy and completeness of the material contained in this data sheet