Apple Watch SE 3 (GPS) - midnight aluminium - smart watch with sport band - midnight - 64 GB (MEHN4MP/A)

Apple Watch SE 3 (GPS) - 44 mm - midnight aluminium - smart watch with sport band - fluoroelastomer - midnight - band size: S/M - 64 GB - Wi-Fi 4, Bluetooth - 32.9 g

The Apple Watch SE 3 (GPS) combines technology with fitness tracking capabilities to enhance daily life. With a rectangular case shape and durable Ion-X glass protection, this smartwatch is designed for style and resilience. The high-resolution Retina LTPO OLED display offers vibrant colors while being equipped with an Always On Display for continuous access to information. Equipped with a lithium-ion battery, the watch is rechargeable, allowing users to enjoy a seamless experience throughout the day. The sport band made of fluoroelastomer is comfortable for long periods, and its pin-and-tuck clasp provides a secure fit. With built-in sensors including a heart rate monitor, digital compass, and temperature sensor, the Apple Watch SE 3 tracks fitness metrics and offers insights into overall health. With support for various sports activities, users can customize their workouts and monitor performance anytime, anywhere.

Key Selling Points

Vibrant Retina LTPO OLED display with Always On Display feature
Durable design with Ion-X glass protection for everyday wear
Comprehensive fitness tracking with multiple activity metrics
Built-in Siri for hands-free assistance and control
Water-resistant design suitable for swimming and outdoor activities

Product Features

Durable construction
The Apple Watch SE 3 features a body made of 100% recycled aluminum, making it both lightweight and environmentally friendly. Its water-resistant design allows safe usage up to 50 m, providing peace of mind during water-based activities.

Advanced fitness tracking
Equipped with multiple sensors, including an optical heart sensor and always-on altimeter, this smartwatch effectively tracks various fitness activities. Metrics like heart rate, calories burned, and sleep quality can be monitored and analyzed for better health insights.

User-friendly interface
The watch supports touch-sensitive navigation, features a digital crown with haptic feedback, and utilizes gestures for easy control, ensuring that users can access essential functions swiftly and intuitively.

Seamless communication
Users can receive notifications for incoming calls, SMS, and alerts for heart rate anomalies, ensuring awareness of important updates while on the go. Integration with Apple Pay adds convenience for transactions directly from the watch.

Versatile activity support
With support for various sports and activities such as running, swimming, and strength training, this smartwatch adapts to diverse fitness routines, helping users set and achieve personal goals.

Main Specifications

Product Description	Apple Watch SE 3 (GPS) - midnight aluminium - smart watch with sport band - midnight - 64 GB
Product Type	Smart watch
Manufacturer Model Number	A3325
Activity / Sport	Golf, running, swimming, ski, cycling, hiking, walking, yoga, snowboarding, strength training, elliptical, multisport, dance, stair stepping, pilates, wheelchair, high-intensity interval training (HIIT), outdoor rowing, paddling, rowing machine, cooldown, core training, tai chi, kickboxing
Tracking Data	Distance, time, calories burned, activity, sleep activity, heart rate, pace, sleep stages, respiratory rate, noise level, menstrual cycle, sleep quality score, mindfulness, sleep apnea

Connectivity	Wi-Fi 4, Bluetooth
Navigation	GPS/GLONASS/Galileo/QZSS receiver
Display	Retina LTPO OLED 368 x 448 pixels - 326 ppi - Ion-X glass - always-on display
Processor	Apple S10
Storage	64 GB
Operating System	WatchOS
Case	Rectangular - 44 mm - 100% recycled aluminium
Band	Midnight - sport band - fluoroelastomer - size: S/M - changeable
Payment Technology	Apple Pay
Intelligent Assistant	Siri
Input	Touch screen, side button, rotating crown, double tap gesture, wrist flick gesture
Fits Wrist with Circumference	140-190 mm
Notifications	SMS, incoming calls, high and low heart rate, irregular rhythm, backtrack
Features	Call handling, find phone function, store & play music, Fall detection, Emergency SOS, medication reminder, customisable watch faces, International Emergency Calling, Crash Detection, noise monitoring, brightness: 1000 nits, fast charge
Supported Host Device OS	iOS
Battery	Rechargeable Lithium Ion
Battery Run Time	Up to 18 hours
Dimensions (WxDxH)	38 mm x 10.7 mm x 44 mm
Weight	32.9 g
Rare Earth Materials	100% recycled rare earth elements
Specific Absorption Rate (SAR)	0.12 W/kg (head) ¦ 0.03 W/kg (wrist)
Manufacturer Warranty	1-year warranty

Extended Specification

General

Product Type	Smart watch
Manufacturer Model Number	A3325
Supported Host Device OS	iOS 26 or later
Notifications	SMS, incoming calls, high and low heart rate, irregular rhythm, backtrack
Navigation	GPS/GLONASS/Galileo/QZSS receiver
Activity / Sport	Golf, running, swimming, ski, cycling, hiking, walking, yoga, snowboarding, strength training, elliptical, multisport, dance, stair stepping, pilates, wheelchair, high-intensity interval training (HIIT), outdoor rowing, paddling, rowing machine, cooldown, core training, tai chi, kickboxing
Tracking Data	Distance, time, calories burned, activity, sleep activity, heart rate, pace, sleep stages, respiratory rate, noise level, menstrual cycle, sleep quality score, mindfulness, sleep apnea
Payment Technology	Apple Pay
Audio Input	Microphone with voice isolation
Audio Output	Speaker
Operating System	WatchOS
Wearing Style	Watch style
Feedback Type	Audio alert, vibration alert, visual interface
Clock Display	Yes
Set Goals	Yes

Sensors	Ambient light sensor, digital compass, always-on altimeter, optical heart sensor (2d gen), temperature sensor, high-g accelerometer, gyroscope with high dynamic range
Features	Call handling, find phone function, store & play music, Fall detection, Emergency SOS, medication reminder, customisable watch faces, International Emergency Calling, Crash Detection, noise monitoring, brightness: 1000 nits, fast charge

Storage

Capacity	64 GB

Miscellaneous

Preloaded Software	GymKit
Vibrating Alert	Yes
Body Material	100% recycled aluminium
Protection	Water-resistant
Compliant Standards	BFR-free, PVC-free, Mercury-free, Arsenic-free
Specific Absorption Rate (SAR)	0.12 W/kg (head) ¦ 0.03 W/kg (wrist)
Included Accessories	Magnetic fast charger to USB-C cable (1 m)
Warranty	1-year warranty

Environmental Parameters

Max Depth of Water Resistance	50 m
Min Operating Temperature	0 °C
Max Operating Temperature	35 °C
Humidity Range Operating	5 - 90% (non-condensing)
Max Altitude Operating	3000 m

Display

Type	Retina LTPO OLED - colour
Resolution	368 x 448 pixels
Protection	Ion-X glass
Pixel Density	326 ppi
Always On Display (AOD)	Yes

Battery

Technology	Lithium Ion
Rechargeable Battery	Yes
Wireless Charging	Yes
Run Time (Up To)	18 hours
Run Time Details	Normal use - up to 18 hour(s) ¦ Low power mode - up to 32 hour(s)

Connectivity

Wireless Interface	IEEE 802.11n, Bluetooth 5.3

Input Device

Type	Touch sensitive screen, side button, rotating crown, double tap gesture, wrist flick gesture

Dimensions & Weight

Width	38 mm
Depth	10.7 mm
Height	44 mm
Weight	32.9 g

CPU

Manufacturer	Apple
Type	S10
Features	4-core Neural Engine

Band

Name	Sport band
Changeable	Yes
Size	S/M
Fits Wrist with Circumference	140-190 mm
Clasp Type	Pin-and-tuck
Material	Fluoroelastomer
Colour	Midnight

Smart Watch Case

Case Shape	Rectangular
Case Size	44 mm
Crown Type	Digital with haptic feedback
Case Back	Nylon composite and sapphire crystal back
Case Details	Midnight aluminium

Internet of Things (IoT)

Internet of Things (IoT) Compatible	Yes
Intelligent Assistant	Siri
Voice Controlled	Direct

Sustainability Information

Rare Earth Materials	100% recycled rare earth elements