

Apple Watch SE (GPS + Cellular) 2nd generation - midnight aluminium - smart watch with sport band - midnight - 32 GB(MXGD3QA/A)

Apple Watch SE (GPS + Cellular) - 2nd generation - 40 mm - midnight aluminium - smart watch with sport band - fluoroelastomer - midnight - band size: M/L - 32 GB - LTE, Wi-Fi 4, Bluetooth - 4G - 27.8 g



An expansive Retina display so you can see more at a glance. Advanced sensors to track all the ways you move. Powerful features to keep you healthy and safe. Apple Watch SE is a lot of watch for a lot less than you expected.

Key Selling Points

Iconic design and large display

Powerful S5 dual-core SiP for fast performance

Fall detection and Emergency SOS for your safety

Cellular to let you go without your phone

Product Features

Go to another heights, lengths, depths

Run circles around your goals. The Activity rings show all the ways you move throughout the day using three simple metrics - Move, Exercise, and Stand. You'll also be motivated with friendly competitions, personalized coaching, and awards.

Come in, the water's fine

Apple Watch SE is water resistant 50 meters. So dive right in and start tracking your splits and sets in the pool, or even map your route in open water.

Workouts to stretch your limits

You'll find dozens of workouts to tap into, including running, walking, yoga, cycling, high-intensity interval training, and dance. Apple Watch SE also pairs with compatible gym equipment. It brings more, so you can too.

For all your ups and downs

Twists and turns. Leaps and bounds. Just raise your wrist to see metrics like distance, pace, laps, cadence, calories burned, and heart rate. An always-on altimeter lets you see your elevation changes in real time as you climb up or down.

It's music, podcasts, and audiobooks to your ears

With Apple Music, you have 70 million tracks of musical motivation on your wrist. You can also catch up on the latest podcasts or listen to an audiobook. It's all the inspiration you need for your next workout. And every one after that.

Now warming up

Introducing an amazing fitness experience powered by Apple Watch. With the world's most welcoming and knowledgeable trainers. And workout metrics that are transported to your iPhone, iPad, and Apple TV.

Dialed into your health

A watch you can feel good about. Apple Watch SE inspires a healthier life. It keeps you more informed and encourages better habits. It can monitor your heart rate and let you know if something is wrong, so you can take action and consult a doctor. And can even call for help in an emergency.

You snooze - you win

The Sleep app works with iPhone to track your sleep and help you create a schedule and bedtime routine to meet your sleep goals. You can view your sleep trends to see how consistently you're meeting them.

Well-worn wellness

Get reminders to wash your hands for the recommended 20 seconds. Receive a gentle tap if noise levels get too high. Track your menstrual cycle from your wrist. Take a moment to center yourself with the Breathe app. Your well-being is well in hand.

Fall detection and Emergency SOS

With its built-in accelerometer and gyroscope, Apple Watch SE can detect if you've taken a hard fall and connect you with emergency services if you're immobile. You can also get immediate help in an emergency - even when you're traveling internationally - by simply pressing and holding the side button.

On the go, in the know

Everything within reach, even without a phone. Make a call to the office, reply to an urgent email, navigate with a built-in compass,

get turn-by-turn directions from Maps. With cellular, you have the freedom to go without your phone. The right connections are everything.

Your family, joined at the wrist

With Family Setup, you can use your iPhone to pair watches for your children or older adults who don't have their own iPhone. So everyone can stay in touch by phone, text message, or Walkie-Talkie. They also can do things like play music, find apps, and close their Activity rings. It's more independence for your kids and parents, and you have the comfort of knowing they're just a call away.

Siri is all talk, more action

Want to find a taqueria nearby? Need tomorrow's schedule? Or the name of the '90s song you just heard? Just ask. Siri can even translate foreign languages in real time. Easier said, then done.

No wallet - no problem

Make purchases in stores that accept contactless payments. Show your boarding pass for a flight. Or send money to a friend in Messages. It's the cashless, effortless, safer way to pay.

There's a face for that

No matter what you're into - surfing, hiking, photography - you can always find your happy face. And now it's even easier to discover more faces on the App Store, websites, blogs, and social media. Then share with friends and family by email or text.

Main Specifications

Product Description	Apple Watch SE (GPS + Cellular) 2nd generation - midnight aluminium - smart watch with sport band - midnight - 32 GB
Product Type	Smart watch
Activity / Sport	Golf, running, swimming, ski, cycling, hiking, walking, yoga, snowboarding, strength training, elliptical, multisport, dance, stair stepping, pilates, wheelchair, high-intensity interval training (HIIT), outdoor rowing, paddling, rowing machine, cooldown, core training, tai chi, kickboxing
Tracking Data	Distance, time, calories burned, activity, sleep activity, heart rate, sleep stages, noise level, menstrual cycle, mindfulness
Connectivity	LTE, Wi-Fi 4, Bluetooth 4G
Navigation	GPS/GLONASS/Galileo/QZSS receiver
Display	Retina LTPO OLED 324 x 394 pixels - 326 ppi - Ion-X glass
Processor	Apple S8 SiP
Storage	32 GB
Operating System	WatchOS 11
Case	Rectangular - 40 mm - 100% recycled aluminium
Band	Midnight - sport band - fluoroelastomer - size: M/L - changeable
Payment Technology	Apple Pay
Intelligent Assistant	Siri
Input	Touch screen, side button
Fits Wrist with Circumference	130-180 mm
Notifications	Calendar, SMS, Email, applications, high and low heart rate, irregular rhythm, backtrack
Features	Fall detection, Emergency SOS, medication reminder, International Emergency Calling, Crash Detection, noise monitoring, brightness: 1000 nits
Supported Host Device OS	iOS
Battery	Rechargeable Lithium Ion
Battery Run Time	Up to 18 hours
Dimensions (WxDxH)	34 mm x 10.7 mm x 40 mm
Weight	27.8 g
Carbon Footprint	0 kg carbon emissions
Specific Absorption Rate (SAR)	0.13 W/kg (head) 1.35 W/kg (limb)
Manufacturer Warranty	1-year warranty

Extended Specification

General

Product Type	Smart watch
Supported Host Device OS	iOS 18 or later
Notifications	Calendar, SMS, Email, applications, high and low heart rate, irregular rhythm, backtrack
Navigation	GPS/GLONASS/Galileo/QZSS receiver
Activity / Sport	Golf, running, swimming, ski, cycling, hiking, walking, yoga, snowboarding, strength training, elliptical, multisport, dance, stair stepping, pilates, wheelchair, high-intensity interval training (HIIT), outdoor rowing, paddling, rowing machine, cooldown, core training, tai chi, kickboxing
Tracking Data	Distance, time, calories burned, activity, sleep activity, heart rate, sleep stages, noise level, menstrual cycle, mindfulness
Payment Technology	Apple Pay
Audio Input	Microphone
Audio Output	Speaker
Operating System	WatchOS 11
Wearing Style	Watch style
Feedback Type	Audio alert, vibration alert, visual interface
Clock Display	Yes
Set Goals	Yes
Sensors	Ambient light sensor, digital compass, always-on altimeter, optical heart sensor (2d gen), high-g accelerometer, gyroscope with high dynamic range
Features	Fall detection, Emergency SOS, medication reminder, International Emergency Calling, Crash Detection, noise monitoring, brightness: 1000 nits

Storage

Capacity	32 GB
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Miscellaneous

Preloaded Software	GymKit
Vibrating Alert	Yes
Body Material	100% recycled aluminium
Protection	Water-resistant
Compliant Standards	BFR-free, PVC-free, Beryllium-free, Mercury-free, Arsenic-free
Specific Absorption Rate (SAR)	0.13 W/kg (head) ; 1.35 W/kg (limb)
Included Accessories	Magnetic charger to USB-C cable (1 m)
Warranty	1-year warranty

Environmental Parameters

Max Depth of Water Resistance	50 m
Min Operating Temperature	0 °C
Max Operating Temperature	35 °C
Humidity Range Operating	5 - 90% (non-condensing)
Max Altitude Operating	3000 m

Display

Type	Retina LTPO OLED - colour
Resolution	324 x 394 pixels
Protection	Ion-X glass
Pixel Density	326 ppi

Battery

Technology	Lithium Ion
Rechargeable Battery	Yes
Wireless Charging	Yes
Run Time (Up To)	18 hours
Run Time Details	Normal use - up to 18 hour(s)

Connectivity

4G LTE Band	Band 1, Band 2, Band 3, Band 4, Band 5, Band 6, Band 7, Band 8, Band 18, Band 19, Band 20, Band 25, Band 26, Band 28, Band 39, Band 40, Band 41, Band 66
Wireless Interface	LTE, IEEE 802.11n, Bluetooth 5.3

Input Device

Type	Touch sensitive screen, side button
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Dimensions & Weight

Details	Case only: 27.8 g
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Cellular

Technology	WCDMA (UMTS)
Mobile Broadband Generation	4G
Service Provider	Not specified

CPU

Manufacturer	Apple
Type	S8 SiP
Features	W3 Apple wireless chip, 2-core Neural Engine

Band

Name	Sport band
Changeable	Yes
Size	M/L
Fits Wrist with Circumference	130-180 mm
Clasp Type	Pin-and-tuck
Material	Fluoroelastomer
Colour	Midnight

Smart Watch Case

Case Shape	Rectangular
Case Size	40 mm
Crown Type	Digital with haptic feedback
Case Back	Nylon composite and sapphire crystal back
Case Details	Midnight aluminium

Internet of Things (IoT)

Internet of Things (IoT) Compatible	Yes
Intelligent Assistant	Siri
Voice Controlled	Direct

Sustainability Information

Carbon Footprint

0 kg carbon emissions

Product data is provided by CNET, we do not warrant the accuracy and completeness of the material contained in this data sheet